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6
7 UNITED STATES DISTRICT COURT
8 WESTERN DISTRICT OF WASHINGTON AT SEATTLE

9 Seattle School District No. 1,

10 Plaintiff,

No.

11 v.

COMPLAINT

12 META PLATFORMS, INC., FACEBOOK
13 HOLDINGS, LLC, FACEBOOK
14 OPERATIONS, LLC, FACEBOOK
15 PAYMENTS, INC., FACEBOOK
16 TECHNOLOGIES, LLC, INSTAGRAM, LLC,
17 SICULUS, INC., SNAP INC., TIKTOK INC.,
BYTEDANCE INC., ALPHABET INC.,
GOOGLE LLC, XXVI HOLDINGS INC., and
YOUTUBE, LLC,

18 Defendants.

JURY TRIAL DEMANDED

I. INTRODUCTION

1. Meta Platforms, Inc., Facebook Holdings, LLC, Facebook Operations, LLC, Facebook Payments, Inc., Facebook Technologies, LLC, Instagram, LLC, Siculus, Inc., Snap Inc., TikTok Inc., ByteDance Inc., Alphabet Inc., Google LLC, XXVI Holdings Inc., and YouTube, LLC (collectively, “**Defendants**”) design, market, promote, and operate social media platforms. Over the past decade, each has grown their respective platforms exponentially, from millions to billions of users. And Defendants have grown not just their user bases, but the frequency with which users use their platforms and the time each user spends on their platforms. Defendants’ growth is a product of choices they made to design and operate their platforms in ways that exploit the psychology and neurophysiology of their users into spending more and more time on their platforms. These techniques are both particularly effective and harmful to the youth audience Defendants have intentionally cultivated, creating a mental health crisis among America’s youth.

2. Defendants have done so for profit. Their business models are based on advertisements. The more time users spend on their platforms, the more ads Defendants can sell.

3. Youths are central to Defendants’ business models. Youths are more likely to have a phone, to use social media, and to have downtime to spend on Defendants’ social media platforms. Plus, youth influence the behavior of their parents and younger siblings. As one Defendant put it, “los[ing] the teen foothold in the U.S.[.]” would mean “los[ing] the pipeline” for growth.¹

4. Defendants have maximized the time users—particularly youth—spend on their platforms by purposely designing, refining, and operating them to exploit the neurophysiology of the brain’s reward systems to keep users coming back, coming back frequently, and staying on the respective platforms for as long as possible.

5. Youths are particularly susceptible to Defendants’ manipulative conduct because

¹ Sheera Frenkel *et al.*, *Instagram Struggles with Fears of Losing Its ‘Pipeline’: Young Users*, N.Y. Times (Oct. 26, 2021), <https://www.nytimes.com/2021/10/16/technology/instagram-teens.html>.
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1 their brains are not fully developed, and they consequently lack the same emotional maturity,
2 impulse control, and psychological resiliency as other more mature users.

3 6. Defendants have successfully exploited the vulnerable brains of youth, hooking
4 tens of millions of students across the country into positive feedback loops of excessive use and
5 abuse of Defendants' social media platforms. Worse, the content Defendants curate and direct to
6 youth is too often harmful and exploitive (e.g., promoting a "corpse bride" diet, eating 300
7 calories a day, or encouraging self-harm).

8 7. Defendants' misconduct has been a substantial factor in causing a youth mental
9 health crisis, which has been marked by higher and higher proportions of youth struggling with
10 anxiety, depression, thoughts of self-harm, and suicidal ideation. The rates at which children
11 have struggled with mental health issues have climbed steadily since 2010 and by 2018 made
12 suicide the second leading cause of death for youths. The pandemic and the corresponding
13 increase in time youth spend on Defendants' platforms has only intensified this crisis.

14 8. The state of children's mental health led the American Academy of Pediatrics, the
15 American Academy of Child and Adolescent Psychiatry, and the Children's Hospital Association
16 to declare a national emergency, and the U.S. Surgeon General to issue an advisory "to highlight
17 the urgent need to address the nation's youth mental health crisis."²

18 9. In his 2022 State of the Union Address, President Joe Biden also called attention
19 to the harm social media has wrought on youth and implored all to "hold social media platforms
20 accountable for the national experiment they're conducting on our children for profit."³

21 10. Plaintiff Seattle School District No. 1 ("**Plaintiff**" or "**Seattle Public Schools**")
22 brings this action to do just that. Youth in Plaintiff's community are experiencing the same
23

24 ² AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health, Am. Acad.
25 Pediatrics (Oct. 19, 2021), [https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-
26 development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/](https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/); U.S.
27 Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic, U.S.
Dep't Health & Hum. Servs. (Dec. 7, 2021), [https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-
issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html](https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html).

³ President Biden, State of the Union Address (Mar. 1, 2022) (transcript available at
<https://www.whitehouse.gov/state-of-the-union-2022/>).

1 mental health crisis observed nationally. King County, Washington, where Plaintiff is located,
2 has “seen drastic increases in suicides, attempted suicides, and mental-health related ER visits[.]”
3 that has made it “clear to any parent across this country and here in King County that,” even
4 before the COVID-19 pandemic, there was and is “an *existing* youth mental health crisis[.]”⁴

5 11. Students experiencing anxiety, depression, and other mental health issues perform
6 worse in school, are less likely to attend school, more likely to engage in substance use, and to
7 act out, all of which directly affects Seattle Public Schools’ ability to fulfill its educational
8 mission.

9 12. That is why Plaintiff, like 96 percent of other schools, provides mental health
10 services to its students. For example, Plaintiff trains its teachers and staff to screen students for
11 mental health symptoms and refer them to services, such as those offered by the school-based
12 health clinics it operates in partnership with King County. But Plaintiff needs a comprehensive,
13 long-term plan and funding to drive a sustained reduction in the record rates of anxiety,
14 depression, suicidal ideation, and other tragic indices of the mental health crisis its youth are
15 experiencing at Defendants’ hands.

16 II. JURISDICTION AND VENUE

17 13. This Court has subject-matter jurisdiction over this case under 28 U.S.C.
18 § 1332(a) because the amount in controversy exceeds \$75,000, and Plaintiff and Defendants are
19 residents and citizens of different states.

20 14. The Court has personal jurisdiction over Defendants because they do business in
21 the Western District of Washington and have sufficient minimum contacts with the District.
22 Defendants intentionally avail themselves of the markets in this State through the promotion,
23 marketing, and operations of their platforms at issue in this lawsuit in Washington, and by
24 retaining the profits and proceeds from these activities, to render the exercise of jurisdiction by
25

26 ⁴ Press Release, *Council approves \$5 million in funding for youth mental health*, King Cnty. (Aug. 17, 2022),
27 <https://kingcounty.gov/council/news/2022/August/8-17-youth-mental-health-funding-release.aspx> (emphasis added).

1 this Court permissible under Washington law and the United States Constitution.

2 15. The Court also has personal jurisdiction over the Defendants under 18 U.S.C.
3 § 1965, because at least one of these Defendants has sufficient minimum contacts with the
4 District.

5 16. Venue is proper in the Western District of Washington pursuant to 28 U.S.C.
6 § 1391(b)(2) and (3) because a substantial part of the events or omissions giving rise to the
7 claims at issue in this Complaint arose in this District and Defendants are subject to the Court's
8 personal jurisdiction with respect to this action.

9 III. PARTIES

10 A. Plaintiff

11 17. Plaintiff Seattle School District No. 1 ("**Plaintiff**" or "**Seattle Public Schools**") is
12 a school district located in King County, Washington. Seattle Public Schools is the largest
13 kindergarten through 12th grade school system in Washington. Seattle Public Schools serves
14 approximately 49,300 students at 106 schools.

15 B. Facebook and Instagram Defendants

16 18. Defendant Meta Platforms, Inc. ("**Meta**"), formerly known as Facebook, Inc., is a
17 Delaware corporation with its principal place of business in Menlo Park, California.

18 19. Defendant Meta develops and maintains social media platforms, communication
19 platforms, and electronic devices that are widely available to users throughout the United States.
20 The platforms developed and maintained by Meta include Facebook (including its self-titled app,
21 Marketplace, and Workplace), Messenger (including Messenger Kids), Instagram, and a line of
22 electronic virtual reality devices and services called Meta Quest (collectively, "**Meta**
23 **platforms**").

24 20. Meta transacts or has transacted business in this District and throughout the
25 United States. At all times material to this Complaint, acting alone or in concert with its
26 subsidiaries (identified below), Meta has advertised, marketed, and distributed the Meta
27 platforms to consumers throughout the United States. At all times material to this Complaint,

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Meta formulated, directed, controlled, had the authority to control, or participated in the acts and practices set forth in this Complaint.

21. Defendant Meta’s subsidiaries include Facebook Holdings, LLC; Facebook Operations, LLC; Facebook Payments, Inc.; Facebook Technologies, LLC; Instagram, LLC; and Siculus, Inc.

22. Defendant Facebook Holdings, LLC (“**Facebook Holdings**”) was organized under the laws of the state of Delaware on March 11, 2020, and is a wholly owned subsidiary of Meta Platforms, Inc. Facebook Holdings is primarily a holding company for entities involved in Meta’s supporting and international endeavors, and its principal place of business is in Menlo Park, California. Defendant Meta is the sole member of Facebook Holdings.

23. Defendant Facebook Operations, LLC (“**Facebook Operations**”) was organized under the laws of the state of Delaware on January 8, 2012, and is a wholly owned subsidiary of Meta Platforms, Inc. The principal place of business of Facebook Operations is in Menlo Park, California. Defendant Meta is the sole member of Facebook Operations.

24. Defendant Facebook Payments, Inc. (“**Facebook Payments**”) was incorporated in Florida on December 10, 2010, and is a wholly owned subsidiary of Meta Platforms, Inc. Facebook Payments manages, secures, and processes payments made through Meta, among other activities, and its principal place of business is in Menlo Park, California.

25. Defendant Facebook Technologies, LLC (“**Facebook Technologies**”) was organized under the laws of the state of Delaware as “Oculus VR, LLC” on March 21, 2014, and acquired by Meta on March 25, 2014. Facebook Technologies develops Meta’s virtual and augmented reality technology, such as the Meta Quest line of services, among other technologies related to Meta’s platforms, and its principal place of business is in Menlo Park, California. Defendant Meta is the sole member of Facebook Technologies.

26. Defendant Instagram, LLC (“**Instagram**”) was founded by Kevin Systrom and Mike Krieger in October 2010 and is a social media platform designed for photo and video sharing. In April 2012, Meta purchased the company for approximately \$1 billion. Meta

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1 reformed the limited liability company under the laws of the state of Delaware on April 7, 2012,
2 and the company's principal place of business is in Menlo Park, California. Defendant Meta is
3 the sole member of Instagram.

4 27. Defendant Siculus, Inc. ("**Siculus**") was incorporated in Delaware on October 19,
5 2011. Siculus is a wholly owned subsidiary of Meta, which supports Meta platforms by
6 constructing data facilities and other projects. Siculus's principal place of business is in
7 Menlo Park, California.

8 **C. Snap Defendant**

9 28. Defendant Snap Inc. ("**Snap**") is a Delaware corporation with its principal place
10 of business in Santa Monica, California. Snap transacts or has transacted business in this District
11 and throughout the United States. At all times material to this Complaint, acting alone or in
12 concert with others, Snap has advertised, marketed, and distributed the Snapchat social media
13 platform to consumers throughout the United States. At all times material to this Complaint,
14 Snap formulated, directed, controlled, had the authority to control, or participated in the acts and
15 practices set forth in this Complaint.

16 **D. TikTok Defendants**

17 29. Defendant TikTok Inc. was incorporated in California on April 30, 2015, with its
18 principal place of business in Culver City, California. TikTok Inc. transacts or has transacted
19 business in this District and throughout the United States. At all times material to this Complaint,
20 acting alone or in concert with others, TikTok Inc. has advertised, marketed, and distributed the
21 TikTok social media platform to consumers throughout the United States. At all times material to
22 this Complaint, acting alone or in concert with ByteDance Inc., TikTok Inc. formulated, directed,
23 controlled, had the authority to control, or participated in the acts and practices set forth in this
24 Complaint.

25 30. Defendant ByteDance Inc. ("**ByteDance**") is a Delaware corporation with its
26 principal place of business in Mountain View, California. ByteDance transacts or has transacted
27 business in this District and throughout the United States. At all times material to this Complaint,

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1 acting alone or in concert with others, ByteDance has advertised, marketed, and distributed the
2 TikTok social media platform to consumers throughout the United States. At all times material to
3 this Complaint, acting alone or in concert with TikTok Inc., ByteDance formulated, directed,
4 controlled, had the authority to control, or participated in the acts and practices set forth in this
5 Complaint.

6 **E. YouTube Defendants**

7 31. Defendant Alphabet Inc. is a Delaware corporation with its principal place of
8 business in Mountain View, California. Alphabet Inc. is the sole stockholder of XXVI Holdings
9 Inc.

10 32. Defendant XXVI Holdings Inc. is a Delaware corporation with its principal place
11 of business in Mountain View, California. XXVI Holdings, Inc. is a wholly owned subsidiary of
12 Alphabet Inc. and the managing member of Google LLC (“Google”).

13 33. Defendant Google is a limited liability company organized under the laws of the
14 state of Delaware, and its principal place of business is in Mountain View, California. Google
15 LLC is a wholly owned subsidiary of XXVI Holdings Inc., and the managing member of
16 YouTube, LLC. Google LLC transacts or has transacted business in this District and throughout
17 the United States. At all times material to this Complaint, acting alone or in concert with others,
18 Google LLC has advertised, marketed, and distributed its YouTube video sharing platform to
19 consumers throughout the United States. At all times material to this Complaint, acting alone or
20 in concert with YouTube, LLC, Google LLC formulated, directed, controlled, had the authority
21 to control, or participated in the acts and practices set forth in this Complaint.

22 34. Defendant YouTube, LLC is a limited liability company organized under the laws
23 of the state of Delaware, and its principal place of business is in San Bruno, California.
24 YouTube, LLC is a wholly owned subsidiary of Google LLC. YouTube, LLC transacts or has
25 transacted business in this District and throughout the United States. At all times material to this
26 Complaint, acting alone or in concert with Defendant Google LLC, YouTube, LLC has
27 advertised, marketed, and distributed its YouTube social media platform to consumers

1 throughout the United States. At all times material to this Complaint, acting alone or in concert
2 with Google LLC, YouTube, LLC formulated, directed, controlled, had the authority to control,
3 or participated in the acts and practices set forth in this Complaint.

4 IV. FACTUAL ALLEGATIONS

5 A. Millions of Youth Have Become Excessive and Problematic Users of Social Media

6 35. Researchers studying the effect social media⁵ has on the brain have shown that
7 social media exploits “the same neural circuitry” as “gambling and recreational drugs to keep
8 consumers using their products as much as possible.”⁶

9 36. As described below, each Defendant designed and marketed their exploitive
10 social media platform to be extremely popular with youth. And they have been successful.
11 Ninety percent of children ages 13–17 use social media.⁷ Younger children also regularly use
12 social media. One study reported 38 percent of children ages 8–12 used social media in 2021.⁸
13 Other studies reveal numbers as high as 49 percent of children ages 10–12 use social media and
14 32 percent of children ages 7–9 use social media.⁹

15 37. The most popular of these platforms is YouTube. A vast majority, 95 percent, of
16 children ages 13-17 have used YouTube.¹⁰

17 38. TikTok has skyrocketed in popularity with teenagers since its merger with
18 Musical.ly in 2018. As of July 2020, “TikTok classified more than a third of its 49 million *daily*

19
20 ⁵ The term “social media” is commonly used to refer to text, photos, videos, and ideas that are exchanged among
virtual communities. The interactive technologies that allow for the virtual exchange of these media among
networks of users are known as social media platforms.

21 ⁶ *Social Media Addiction*, Addiction Ctr, <https://www.addictioncenter.com/drugs/social-media-addiction/#:~:text=Due%20to%20the%20effect%20that,when%20taking%20an%20addictive%20substance> (last
22 visited Dec. 8, 2022).

23 ⁷ *Social Media and Teens*, Am. Acad. Child & Adolescent Psychiatry (Mar. 2018),
https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Social-Media-and-Teens-100.aspx.

24 ⁸ Victoria Rideout et al., *The Common Sense Census: Media Use by Tweens and Teens, 2021* at 5, Common Sense
25 Media (2022), https://www.common sense media.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf.

26 ⁹ *Sharing Too Soon? Children and Social Media Apps*, C.S. Mott Child.’s Hosp. Univ. Mich. Health (Oct. 18,
2021), https://mottpoll.org/sites/default/files/documents/101821_SocialMedia.pdf.

27 ¹⁰ Emily Vogels et al., *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022),
<https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

1 users in the United States as being 14 years old or younger[.]” and that likely underestimates
2 those under 14 and older teenagers (i.e., those between 15 and 18 years old) because TikTok
3 claims not to know how old a third of its daily users are.¹¹ TikTok is now the second most
4 popular social media platform with over 67 percent of children ages 13–17 having used the
5 app.¹²

6 39. Instagram’s numbers are comparable to TikTok, with 62 percent of children ages
7 13–17 reporting they have used the app.¹³

8 40. Snapchat also remains popular with youth, with 59 percent of children ages 13–17
9 reporting they have used the app.¹⁴

10 41. Facebook rounds out the five most popular social media platforms, with 32
11 percent of children ages 13–17 reporting they have used Facebook’s app or website.¹⁵

12 42. Teenagers who use these social media platforms are also likely to use them every
13 day. One study estimates that 62 percent of children ages 13–18 use social media every day.¹⁶ An
14 increasing number of younger children also use social media daily with 18 percent of children
15 ages 8–12 reporting using a social media site at least once a day.¹⁷

16 43. Daily use for many teenagers does not consist of logging onto a platform just
17 once. Rather, many teenage users check social media repeatedly throughout the day. In one
18 study, teenage users reported checking Snapchat thirty times a day on average.¹⁸

21 ¹¹ Raymond Zhong & Sheera Frenkel, *A Third of TikTok’s U.S. Users May Be 14 or Under, Raising Safety*
22 *Questions*, N.Y. Times (Sept. 17, 2020), [https://www.nytimes.com/2020/08/14/technology/tiktok-underage-users-](https://www.nytimes.com/2020/08/14/technology/tiktok-underage-users-ftc.html)
23 [ftc.html](https://www.nytimes.com/2020/08/14/technology/tiktok-underage-users-ftc.html).

24 ¹² Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022),
25 <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

26 ¹³ *Id.*

27 ¹⁴ *Id.*

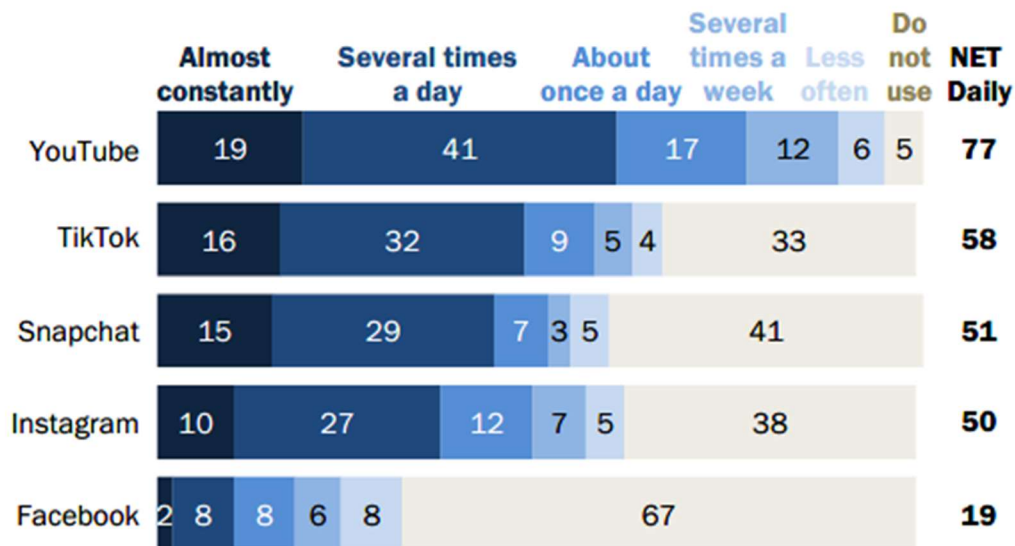
¹⁵ *Id.*

¹⁶ Victoria Rideout *et al.*, *The Common Sense Census: Media Use by Tweens and Teens, 2021* at 4, Common Sense
Media (2022), [https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-](https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf)
[report-final-web_0.pdf](https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf).

¹⁷ *Id.* at 5.

¹⁸ Erinn Murphy *et al.*, *Taking Stock with Teens, Fall 2021* at 13, Piper Sandler (2021), tinyurl.com/89ct4p88.
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44. Even more alarming, some teenagers never stop looking at social media.¹⁹



Note: Teens refer to those ages 13 to 17. Those who did not give an answer are not shown.

Figures may not add up to the NET values due to rounding.

Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

45. Nearly 20 percent of teens use YouTube almost constantly.²⁰ TikTok and Snapchat are close behind, with near constant use rates among teens at 16 percent and 15 percent respectively.²¹ Meanwhile, 10 percent of teens use Instagram almost constantly.²² And two percent of teens report using Facebook almost constantly.²³

46. Teenagers are aware of the grip social media has on their lives yet still cannot stop using it. Thirty-six percent of teenagers admit they spend too much time on social media.²⁴ And over half of teens say that giving up social media would be somewhat hard, with nearly one-

¹⁹ Emily Vogels et al., *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

²⁰ *Id.*

²¹ *Id.*

²² *Id.*

²³ *Id.*

²⁴ *Id.*

1 in-five teens saying giving up social media would be very hard.²⁵ And of the subgroup of
2 teenagers who use at least one platform “almost constantly,” 71 percent said giving up social
3 media would be hard, with 32 percent saying giving up social media would be very hard.²⁶

4 47. The more that teenagers use social media, the harder they find it to give up.
5 Teenagers who say they spend too much time on social media are almost twice as likely to say
6 that giving up social media would be hard as teens who see their social media usage as about
7 right.²⁷

8 48. Another study shows that among teenagers who regularly use social media, 32
9 percent “wouldn’t want to live without” YouTube.²⁸ Twenty percent of teenagers said the same
10 about Snapchat; 13 percent said the same about both TikTok and Instagram; and 6 percent said
11 the same about Facebook.²⁹

12 49. Despite using social media frequently, most youth do not enjoy it. Only 27
13 percent of boys and 42 percent of girls ages 8–18 reported enjoying social media “a lot” in
14 2021.³⁰

15 **B. Research Has Confirmed the Harmful Effects of Social Media on Youth**

16 50. Social media use—especially excessive use—has severe and wide-ranging effects
17 on youth mental health. Social media use is linked to increases in mental, emotional,
18 developmental, and behavior disorders. Independent research and internal data from these social
19 media platforms show social media has a direct negative impact on teenagers’ mental health on
20 various fronts.

21 51. In general, electronic screen use causes lower psychological well-being.³¹ This

22 ²⁵ *Id.*

23 ²⁶ *Id.*

24 ²⁷ *Id.*

25 ²⁸ Victoria Rideout *et al.*, *Common Sense Census: Media use by tweens and teens, 2021* at 31, Common Sense
Media (2022), https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf.

26 ²⁹ *Id.*

27 ³⁰ *Id.* at 34.

³¹ Jean M. Twenge & W. Keith Campbell, *Associations between screen time and lower psychological well-being among children and adolescents: Evidence from a population-based study*, 12 *Prev. Med. Rep.* 271–83 (2018), COMPLAINT

link is especially apparent among adolescents. Those with high screen time are twice as likely to receive diagnoses of depression, anxiety, or need treatment for mental or behavior health conditions compared to low screen time users.³²

52. Social media specifically has a “detrimental effect on the psychological health of its users.”³³ One systematic review of 16 studies on the effects of social media on mental health found social media use increases levels of anxiety and depression.³⁴

53. Social media also has detrimental effects on the mental health of adolescents specifically. Increased social media use increases depressive symptoms, suicide-related outcomes, and suicide rates among adolescents.³⁵

54. One of the primary reasons the use of social media is associated with depressive symptoms among adolescents is because it encourages unhealthy social comparison and feedback seeking behaviors.³⁶ Because adolescents spend a majority of their time on social media looking at other users’ profiles and photos, they are likely to engage in negative comparisons with their peers.³⁷ Specifically, adolescents are likely to engage in harmful upward comparisons with others they perceive to be more popular.³⁸

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6214874/>; Ariel Shensa *et al.*, *Social Media Use and Depression and Anxiety Symptoms: A Cluster Analysis*, 42(2) *Am. J. Health Behav.* 116–28 (2018),

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5904786/>.

³² Jean M. Twenge & W. Keith Campbell, *Associations between screen time and lower psychological well-being among children and adolescents: Evidence from a population-based study*, 12 *Prev. Med. Rep.* 271–83 (2018), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6214874/>.

³³ Fazida Karim *et al.*, *Social Media Use and Its Connection to Mental Health: A Systemic Review*, *Cureus* Volume 12(6) (June 15, 2020), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7364393/>.

³⁴ *Id.*

³⁵ Jean M. Twenge *et al.*, *Increases in Depressive Symptoms, Suicide-Related Outcomes, and Suicide Rates Among U.S. Adolescents After 2010 and Links to Increased New Media Screen Time*, 6 *Clinical Psych. Sci.* 3–17 (2017), <https://doi.org/10.1177/2167702617723376>.

³⁶ Jacqueline Nesi & Mitchell J Prinstein, *Using Social Media for Social Comparison and Feedback-Seeking: Gender and Popularity Moderate Associations with Depressive Symptoms*, 43 *J. Abnormal Child Psych.* 1427–38 (2015), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5985443/>.

³⁷ *Id.*; see also Nino Gugushvili *et al.*, *Facebook use intensity and depressive symptoms: a moderated mediation model of problematic Facebook use, age, neuroticism, and extraversion* at 3, *BMC Psych.* 10, 279 (2022), <https://doi.org/10.1186/s40359-022-00990-7> (explaining that youth are particularly vulnerable because they “use social networking sites for construing their identity, developing a sense of belonging, and for comparison with others”).

³⁸ *Id.*

1 55. Clinicians have also observed a clear relationship between youth social media use
2 and disordered eating behavior.³⁹ The more social media accounts an adolescent has, the greater
3 disordered eating behaviors they exhibit. Additionally, research shows the more time young girls
4 spend on social media platforms, such as Instagram and Snapchat, the more likely they are to
5 develop disordered eating behaviors.⁴⁰

6 56. Social media use has also caused an increase in cyberbullying. The more time an
7 individual, especially males, spend on social media, the more likely they are to commit acts of
8 cyberbullying.⁴¹ Cyberbullying is now so common that most American teens, 59 percent, have
9 experienced some form of cyberbullying.⁴² This number includes 42 percent of teens
10 experiencing name calling; 32 percent being subject to false rumors; 25 percent receiving an
11 unsolicited explicit image; 21 percent being subject to online stalking; 16 percent receiving
12 physical threats online; and 7 percent having had explicit images of them shared without their
13 consent.⁴³

14 57. Social media use also contributes to sleep deprivation. Young adults who spend a
15 lot of time on social media during the day or check it frequently throughout the week are more
16 likely to suffer sleep disturbances than their peers who use social media infrequently.⁴⁴ In turn,
17 disturbed and insufficient sleep is associated with poor health outcomes.⁴⁵

18 58. Defendants exacerbate the disruption of sleep by sending push notifications and
19 emails either at night when children should be sleeping or during school hours when they should

20 ³⁹ Simon M. Wilksch *et al.*, *The relationship between social media use and disordered eating in young adolescents*,
21 53 Int'l J. Eating Disorders 96–106 (2020), <https://pubmed.ncbi.nlm.nih.gov/31797420/>.

22 ⁴⁰ *Id.*

23 ⁴¹ Amanda Giordano *et al.*, *Understanding Adolescent Cyberbullies: Exploring Social Media Addiction and*
Psychological Factors, 7(1) J. Child & Adolescent Counseling 42–55 (2021),
<https://www.tandfonline.com/doi/abs/10.1080/23727810.2020.1835420?journalCode=ucac20>.

24 ⁴² Monica Anderson, *A Majority of Teens Have Experienced Some Form of Cyberbullying*, Pew Rsch. Ctr. (Sept.
27, 2018), <https://www.pewresearch.org/internet/2018/09/27/a-majority-of-teens-have-experienced-some-form-of-cyberbullying/>.

25 ⁴³ *Id.*

26 ⁴⁴ Jessica C. Levenson *et al.*, *The Association Between Social Media Use and Sleep Disturbance Among Young*
Adults, 85 Preventive Med. 36–41 (Apr. 2016),
<https://www.sciencedirect.com/science/article/abs/pii/S0091743516000025>.

27 ⁴⁵ *Id.*

1 be studying, thereby prompting children to re-engage with Defendants' platforms at times when
2 using them is harmful to their health and well-being.⁴⁶

3 59. Further, children are especially vulnerable to developing harmful behaviors
4 because their prefrontal cortex is not fully developed.⁴⁷ Consequently, they find it particularly
5 difficult to exercise the self-control required to regulate their own use of Defendants' platforms.
6 In this regard, self-regulation allows people to delay gratification, postponing an immediate
7 reward for a better reward later. Adolescents' low capacity for self-regulation means they are
8 particularly vulnerable to the immediately pleasurable, but ultimately harmful, effects of the
9 repeated dopamine spikes caused by an external stimulus, such as "likes" that activate the reward
10 system in the brain.⁴⁸

11 60. As discussed in further detail *infra* Section IV.D., these reward-based learning
12 systems "contribute to the maintenance of excessive usage patterns."⁴⁹ Researchers investigating
13 the "directionality between social networking [platforms] and problematic use," have found that
14 "increases in the intensity of use . . . predict[] problematic use."⁵⁰ And empirical studies have
15 found that problematic use is associated with "insomnia, stress, relationship dissatisfaction,
16 anxiety, social anxiety, and depressive symptoms."⁵¹

17 61. In this regard, adolescents are especially vulnerable to long-term harm from
18 Defendants' platforms because excessive and problematic use can disrupt their brains'
19 development at a critical stage.
20
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22 ⁴⁶ See, e.g., Beatrice Nolan, *Kids are waking up in the night to check their notifications and are losing about 1*
23 *night's worth of sleep a week, study suggests*, Bus. Insider (Sept. 19, 2022),
<https://www.businessinsider.com/social-media-costing-children-one-night-sleep-study-2022-9> (approximately
12.5% of children report waking up to check social media notifications).

24 ⁴⁷ Nino Gugushvili *et al.*, *Facebook use intensity and depressive symptoms: a moderated mediation model of*
25 *problematic Facebook use, age, neuroticism, and extraversion* at 3, BMC Psych. 10, 279 (2022),
<https://doi.org/10.1186/s40359-022-00990-7>.

26 ⁴⁸ *Id.*

⁴⁹ *Id.*

⁵⁰ *Id.*

27 ⁵¹ *Id.* (collecting sources).

1 **C. As a Result, America's Youth are Facing a Mental Health Crisis**

2 62. The number of youths using Defendants' social media platforms and the intensity
3 of their use has increased significantly since 2008, which has contributed to a wide range of
4 negative effects on youth mental health. Over that same time the number of youths experiencing
5 depression, contemplating suicide, seeking emergency room help for mental health issues and—
6 tragically—committing suicide has skyrocketed.

7 63. Today, one in five children ages 3–17 in the United States have a mental,
8 emotional, developmental, or behavioral disorder.⁵²

9 64. On December 7, 2021, these issues led the United States Surgeon General to issue
10 an advisory on youth the mental health crisis.⁵³ In issuing the advisory, the Surgeon General
11 noted, “[m]ental health challenges in children, adolescents, and young adults are real and
12 widespread. Even before the pandemic, an alarming number of young people struggled with
13 feelings of helplessness, depression, and thoughts of suicide — and rates have increased over the
14 past decade.”⁵⁴

15 65. While the report highlights ways in which the COVID-19 pandemic has
16 exacerbated mental health issues for American youth, it also highlights the mental health
17 challenges youth faced before the pandemic. Specifically, the report notes that before the
18 pandemic, “mental health challenges were the leading cause of disability and poor life outcomes
19 in young people.”⁵⁵

20 66. Before the pandemic, one-in-five children ages 3–17 in the United States had a
21 mental, emotional, developmental, or behavior disorder.⁵⁶

22
23 ⁵² *U.S. Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic*,
U.S. Dep’t Health & Hum. Servs. (Dec. 7, 2021), <https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html>.

24 ⁵³ *Protecting Youth Mental Health: The U.S. Surgeon General’s Advisory*, U.S. Dep’t Health & Hum. Servs. (Dec.
7, 2021), <https://www.hhs.gov/sites/default/files/surgeon-general-youth-mental-health-advisory.pdf>.

25 ⁵⁴ *U.S. Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic*,
U.S. Dep’t Health & Hum. Servs. (Dec. 7, 2021), <https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html>.

26 ⁵⁵ *Id.*

27 ⁵⁶ *Id.*

1 67. From 2009–19, the rate of high school students who reported persistent feelings
2 of sadness or hopelessness increased by 40 percent (to one out of every three kids).⁵⁷ The share
3 of kids seriously considering attempting suicide increased by 36 percent and the share creating a
4 suicide plan increased by 44 percent.⁵⁸

5 68. From 2007 to 2019, suicide rates among youth ages 10–24 in the United States
6 increased by 57 percent.⁵⁹ By 2018, suicide was the second leading cause of death for youth ages
7 10–24.⁶⁰

8 69. From 2007 to 2016, emergency room visits for youth ages 5–17 rose 117 percent
9 for anxiety disorders, 44 percent for mood disorders, and 40 percent for attention disorders.⁶¹

10 70. This and other data led the American Academy of Pediatrics, the American
11 Academy of Child and Adolescent Psychiatry, and the Children’s Hospital Association to join
12 the Surgeon General and declare a national emergency in child and adolescent mental health.⁶²

13 71. President Biden also addressed the mental health harms Defendants’ platforms
14 have caused youth in his state of the union address this year.⁶³ There he noted that children were
15 struggling from the harms of social media—even before the pandemic—and called on all to
16 “hold social media platforms accountable for the national experiment they’re conducting on our
17 children for profit.”⁶⁴

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20 ⁵⁷ *Protecting Youth Mental Health: The U.S. Surgeon General’s Advisory* at 8, U.S. Dep’t Health & Hum. Servs.
(Dec. 7, 2021), <https://www.hhs.gov/sites/default/files/surgeon-general-youth-mental-health-advisory.pdf>.

21 ⁵⁸ *Id.*

22 ⁵⁹ *Id.*

23 ⁶⁰ *AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health*, Am. Acad.
Pediatrics (Oct. 19, 2021), [https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-](https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/)
[development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/](https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/).

24 ⁶¹ Matt Richtel, *A Teen’s Journey Into the Internet’s Darkness and Back Again*, N.Y. Times (Aug. 22, 2022),
<https://www.nytimes.com/2022/08/22/health/adolescents-mental-health-technology.html>.

25 ⁶² *AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health*, Am. Acad.
Pediatrics (Oct. 19, 2021), [https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-](https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/)
[development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/](https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/).

26 ⁶³ President Biden, State of the Union Address (Mar. 1, 2022) (transcript available at
<https://www.whitehouse.gov/state-of-the-union-2022/>).

27 ⁶⁴ *Id.*

D. Defendants Intentionally Market to, Design, and Operate Their Social Media Platforms for Youth Users

72. This mental health crisis is no accident. It is the result of the Defendants' deliberate choices and affirmative actions to design and market their social media platforms to attract youth.

73. Defendants each run and operate social media platforms. The interactive features Defendants provide on their platforms are similar in many respects. For example, Facebook, Instagram, Snap, TikTok, and YouTube all offer tailored "feeds" of content curated by complex algorithms intended to learn your interests; ways to publicly express affirmation for such curated content through "likes," comments, and sharing or reposting the content; and, in fact, each is known to copy the designs and features of one another.⁶⁵ The salient features of Defendants' social media platforms are described in more detail below.

74. Defendants' make money from their social media platforms by using them as advertising platforms. Defendants collect data on their users' viewing habits and behaviors and use that data to sell advertisers access to their youth and other users to allow those companies to promote their products. Advertisers pay a premium to target advertisements to specific categories of users, including youth.

75. Defendants view youth, adolescent, and even pre-adolescent users as one of their most valuable commodities as an audience for their advertisements. Young users are central to Defendants' business model and advertising revenue as children are more likely than adults to use social media. Indeed, 95 percent of children ages 13–17 have cellphones,⁶⁶ 90 percent use social media,⁶⁷ and 28 percent buy products and services through social media.⁶⁸

⁶⁵ See, e.g., Kevin Hurler, *For Sites Like Instagram and Twitter, Imitation Is the Only Form of Flattery*, Gizmodo (Aug. 16, 2022), <https://gizmodo.com/instagram-tiktok-snapchat-facebook-meta-1849395419>.

⁶⁶ Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

⁶⁷ *Social Media and Teens*, Am. Acad. Child & Adolescent Psychiatry (Mar. 2018), https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Social-Media-and-Teens-100.aspx.

⁶⁸ Erinn Murphy *et al.*, *Taking Stock with Teens, Fall 2021* at 13, Piper Sandler (2021), tinyurl.com/89ct4p88.

1 76. To profit from these young users, Defendants intentionally market their platforms
2 to youths and adolescents. For children under 13, the Children’s Online Privacy Protection Act
3 (“COPPA”)⁶⁹ regulates the conditions under which platforms, like Defendants’, can collect and
4 use their information.

5 77. COPPA requires platforms that either target children under age 13 or have actual
6 knowledge of users under age 13 to obtain “verifiable parental consent” prior to collecting and
7 using information about children under age 13.⁷⁰ Defendants have blatantly violated COPPA or
8 turned a blind eye to younger users on their platforms by leaving users to self-report their age.
9 More recently, Defendants embarked on a bolder strategy and sought to capture pre-adolescent
10 audiences by offering “kid versions” of their platforms that, while not collecting and using their
11 information, are reportedly “designed to fuel [kids’] interest in the grown-up version.”⁷¹

12 78. To maximize revenue, Defendants have intentionally designed and operated their
13 platforms to maximize users’ screen time. Defendants have done so by building features and
14 operating their platforms in a manner intended to exploit human psychology using complex
15 algorithms driven by advanced artificial intelligence and machine-learning systems. In this
16 regard, Defendants have progressively modified their platforms in ways that promote excessive
17 and problematic use and have done so in ways known to be harmful to children.

18 79. One way Defendants maximize the time users spend on their platforms involves
19 the design of feeds—whether of photos, videos, or sponsored or promoted content. Each uses
20 algorithms to serve users personalized content for them to consume ad nauseum. Google’s
21 former design ethicist, Tristan Harris, explained that this never-ending stream is designed to
22 “keep [users] scrolling, and purposely eliminate any reason for [them] to pause, reconsider or
23 leave.”⁷² Defendants’ feeds take “an experience that was bounded and finite, and turn it into a

24 ⁶⁹ See 15 U.S.C. §§ 6501-6506.

25 ⁷⁰ *Id.*

26 ⁷¹ Leonard Sax, *Is TikTok Dangerous for Teens?*, Inst. Fam. Stud. (Mar. 29, 2022), <https://ifstudies.org/blog/is-tiktok-dangerous-for-teens->

27 ⁷² Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

bottomless flow that keeps going.”⁷³ This “flow state,” as psychologists describe it, “fully immerse[s]” users, distorts their perception of time, and “has been shown to be associated with problematic use of social networking sites.”⁷⁴

80. A second way social media platforms manipulate users is through social reciprocity. “Reciprocity,” from a psychology perspective, refers to the powerful social phenomenon of how people respond to positive or, conversely, hostile actions. Reciprocity means that in response to friendly actions, people respond in a friendly manner and vice versa.⁷⁵ Phillip Kunz best illustrated the automatic nature of reciprocity through his Christmas card experiment. In the experiment, Mr. Kunz sent a group of complete strangers holiday cards with pictures of his family and included a brief note.⁷⁶ Those people, whom he had never met or communicated with before, reciprocated, flooding him with holiday cards.⁷⁷ The majority of the responses did not even ask Mr. Kunz who he was.⁷⁸ They simply responded to his initial gesture with a reciprocal action.

81. Reciprocity is why Facebook and Snapchat automatically tell a “sender when you ‘saw’ their message, instead of letting you avoid disclosing whether you read it. As a consequence, you feel more obligated to respond[,]” immediately.⁷⁹ That keeps users on the platform or, through push notifications—another insidious tool—users feel psychologically compelled to return to the platform.

82. A third way Defendants manipulate users to keep using or coming back to their

⁷³ *Id.*

⁷⁴ Gino Gugushvili *et al.*, *Facebook use intensity and depressive symptoms: a moderated mediation model of problematic Facebook use, age, neuroticism, and extraversion* at 3, BMC Psych. 10, 279 (2022), <https://doi.org/10.1186/s40359-022-00990-7>.

⁷⁵ Ernst Fehr & Simon Gächter, *Fairness and Retaliation: The Economics of Reciprocity*, 14(3) J. Econ. Persps. 159–81 (2000), https://www.researchgate.net/profile/Ernst-Fehr-2/publication/23756527_Fairness_and_Retaliation_The_Economics_of_Reciprocity/links/5eb024e945851592d6b87d3b/Fairness-and-Retaliation-The-Economics-of-Reciprocity.pdf.

⁷⁶ Phillip R. Kunz & Michael Woolcott, *Season’s Greetings: From my status to yours*, 5(3) Soc. Sci. Rsch. 269–78 (Sept. 1976), [https://doi.org/10.1016/0049-089X\(76\)90003-X](https://doi.org/10.1016/0049-089X(76)90003-X).

⁷⁷ *Id.*

⁷⁸ *Id.*

⁷⁹ Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

platforms is through the use of intermittent variable rewards (“IVR”). Slot machines are a frequent example of how IVR works.⁸⁰ Users pull a lever to win a prize. With each pull, the user may or may not win a prize (i.e., an intermittent reward that varies in value).

83. IVR works by spacing out dopamine triggering stimuli with dopamine gaps—allowing for anticipation and craving to develop, which strengthens the desire to engage in the activity with each release of dopamine.

84. Defendants bake IVR into the design and operations of their respective platforms by “link[ing] a user’s action (like pulling a lever) with a variable reward.”⁸¹ For example, when “we swipe down our finger to scroll the Instagram feed, we’re playing a slot machine to see what photo comes next.”⁸² Meta also delays the time it takes to load the feed. “This is because without that three-second delay, Instagram wouldn’t feel variable.”⁸³ Without that delay, there would be no time for users’ anticipation to build. In slot machine terms, there would be “no sense of *will I win?* because you’d know instantly. So the delay isn’t the app loading. It’s the cogs spinning on the slot machine.”⁸⁴ Each of the Defendants’ platforms exploits this biochemical reaction among its users, typically using “likes,” “hearts,” or other forms of approval that serve as the reward. *See infra* Section IV.D.1–4.

85. “Everyone innately responds to social approval, but some demographics, in particular teenagers, are more vulnerable to it than others.”⁸⁵

86. Youth are especially vulnerable both to the ways in which Defendants manipulate users to maximize their “watch time,” and to the resulting harms. Children’s brains undergo a fundamental shift around age 10 that makes “preteens extra sensitive to attention and admiration

⁸⁰ See, e.g., Julian Morgans, *The Secret Ways Social Media is Built for Addiction*, Vice (May 17, 2017), <https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction>.

⁸¹ Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

⁸² *Id.*

⁸³ Julian Morgans, *The Secret Ways Social Media is Built for Addiction*, Vice (May 17, 2017), <https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction>.

⁸⁴ *Id.*

⁸⁵ Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

1 from others.”⁸⁶ Consequently, Defendants’ use of IVR, reciprocity, and other “rewards” to
2 maximize the time users spend on their platforms exploits a vulnerability unique to youth. This
3 “extra sensitivity” also puts them at greater risk.

4 87. In adolescence, the structures of the brain “closely tied” to social media activity
5 and that drive instinctual behavior begin to change.⁸⁷ The ventral striatum is one of those
6 structures. It receives a rush of dopamine and oxytocin, known as the “happy hormones[,]”
7 whenever we experience social rewards.⁸⁸ Between the ages of 10 and 12, the receptors for those
8 happy hormones begin to multiply in this region of the brain, which makes compliments on a
9 new hairstyle, laughter from a classmate, or other social rewards “start to feel a lot more
10 satisfying.”⁸⁹

11 88. Historically, these biological changes incentivized kids and teens to develop
12 healthy social skills and connections. “But arriving at school in a new pair of designer jeans,
13 hoping your crush will smile at you in the hallway, is worlds away from posting a video on
14 TikTok that may get thousands of views and likes,” according to Mitch Prinstein, Chief Science
15 Officer for the American Psychology Association.⁹⁰

16 89. Part of what makes the “interactions so different,”⁹¹ is that they are often
17 permanent and public in nature. There is no public ledger tracking the number of consecutive
18 days you have spoken to someone, like there is for Snap “streaks.” Similarly, “[a]fter you walk
19 away from a regular conversation, you don’t know if the other person liked it, or if anyone else
20 liked it[.]”⁹² Conversely, on Defendants’ platforms, kids, their friends, and even complete
21 strangers can publicly deliver or withhold social rewards in the form of likes, comments, views,
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23 ⁸⁶ Zara Abrams, *Why young brains are especially vulnerable to social media*, Am. Psych. Ass’n (Aug. 25, 2022),
24 <https://www.apa.org/news/apa/2022/social-media-children-teens>.

25 ⁸⁷ *Id.*

26 ⁸⁸ *Id.*

27 ⁸⁹ *Id.*

⁹⁰ *Id.*

⁹¹ *Id.*

⁹² *Id.*

and follows.⁹³

90. These social rewards release dopamine and oxytocin in the brains of youth and adults alike but there are two key differences, as Chief Science Officer Prinstein explained: “First, adults tend to have a fixed sense of self that relies less on feedback from peers. Second, adults have a more mature prefrontal cortex, an area that can help regulate emotional responses to social rewards.”⁹⁴

91. Adolescents, by contrast, are in a “period of personal and social identity formation,” much of which “is now reliant on social media.”⁹⁵ “Due to their limited capacity for self-regulation and their vulnerability to peer pressure,” adolescents “are at greater risk of developing mental disorder.”⁹⁶

92. Together, Meta, Snap, TikTok, and Google have designed, refined, marketed, and operated their social media platforms to maximize the number of youths who use their platforms and the time they spend on those platforms. Despite knowing that social media inflicts harms on youth, Defendants have continued to create more sophisticated versions of their platforms with features designed to keep users engaged and maximize the amount of time they spend using social media. Defendants’ conduct in designing and marketing exploitive and manipulative platforms, youth spend excessive amounts of time on Defendants’ platforms.

93. Defendants’ efforts worked. The majority of teenagers use the same five social media platforms: YouTube, TikTok, Instagram, Snapchat, and Facebook.⁹⁷ Each of these platforms individually boasts high numbers of teenage users.

⁹³ *Id.*

⁹⁴ *Id.*

⁹⁵ Betül Keles *et al.*, *A systematic review: the influence of social media on depression, anxiety and psychological distress in adolescents*, *Int’l J. Adolescence & Youth* (202) 25:1, 79–93 (Mar. 3, 2019), https://www.researchgate.net/publication/331947590_A_systematic_review_the_influence_of_social_media_on_depression_anxiety_and_psychological_distress_in_adolescents/fulltext/5c94432345851506d7223822/A-systematic-review-the-influence-of-social-media-on-depression-anxiety-and-psychological-distress-in-adolescents.pdf.

⁹⁶ *Id.*

⁹⁷ Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

1 **1. Meta Intentionally Marketed to and Designed Their Social Media Platforms**
2 **for Youth Users, Substantially Contributing to the Mental Health Crisis**

3 **a. The Meta Platform**

4 94. The Meta platform, including Facebook and Instagram, are among the most
5 popular social networking platforms in the world, with more than 3.6 billion users worldwide.⁹⁸

6 **(i) The Facebook Platform**

7 95. Facebook is a social networking platform that is one of Meta's platforms.

8 96. Facebook was founded in 2004 and has become the largest social network in the
9 world. As of October 2021, Facebook had approximately 2.9 billion monthly active users,
10 approximately 2 billion of whom use Facebook every day.⁹⁹

11 97. When Facebook was founded in 2004, only students at certain colleges and
12 universities could use the social media platform, and verification of college enrollment was
13 required to access Facebook.

14 98. In 2005, Facebook expanded and became accessible to students at more
15 universities around the world, after which Meta launched a high school version of Facebook that
16 also required an invitation to join.

17 99. Meta later expanded eligibility for Facebook to employees of several companies,
18 including Apple and Microsoft, and also added more universities to its network.

19 100. In September 2006, Facebook became available to all internet users. At the time,
20 Meta claimed that it was open only to persons aged 13 and older with a valid email address;
21 however, on information and belief, Meta did not in fact require verification of a user's age or
22 identity and did not actually verify users' email addresses, such that underage users could easily
23 register an account with and access Facebook.

24 101. Facebook then underwent a series of changes aimed at increasing user

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26 ⁹⁸ Felix Richter, *Meta Reaches 3.6 Billion People Each Month*, Statista (Oct. 29, 2021),
<https://www.statista.com/chart/2183/facebook-mobile-users/>.

27 ⁹⁹ See *id.*; S. Dixon, *Number of Daily Active Facebook Users Worldwide as of 3rd Quarter 2022 (in Millions)*,
Statista (Oct. 27, 2022), <https://www.statista.com/statistics/346167/facebook-global-dau/>.

engagement and platform growth, without regard to user safety, including the following changes:

- In 2009, Facebook launched the “like” button;
- In 2011, Facebook launched Messenger, its direct messaging service, and started allowing people to subscribe to non-friends;
- In 2012, Facebook started showing advertisements in its news feed and launched a real-time bidding system through which advertisers could bid on users based on their visits to third-party websites;
- In 2014, Facebook’s facial recognition algorithm (DeepFace) reached near-human accuracy in identifying faces;
- In 2015, Facebook made significant changes to its news feed algorithm to determine what content to show users and launched its live-streaming service;
- In 2016, Facebook launched games for its social media platform, so that users could play games without having to install new apps; and
- In 2017, Facebook launched Facebook Creator, an app for mobile video posts that assists with content creation.

(ii) The Instagram Platform

102. Instagram is a social media platform that launched in 2010, which Meta acquired for \$1 billion in April 2012.

103. Instagram enables users to share photos and videos with other users and to view other users’ photos and videos. These photos and videos appear on users’ Instagram “feeds,” which are virtually bottomless, scrollable lists of content.

104. After being acquired by Meta, Instagram experienced exponential user growth, expanding from approximately 10 million monthly active users in September 2012 to more than one billion monthly active users worldwide today, including approximately 160 million users in the United States.¹⁰⁰

¹⁰⁰ S. Dixon, *Number of Instagram Users Worldwide from 2020 to 2025 (in Billions)*, Statista (May 23, 2022), <https://www.statista.com/statistics/183585/instagram-number-of-global-users/>.

1 105. Instagram’s user growth was driven by design and development changes to the
2 Instagram platform that increased engagement at the expense of the health and well-being of
3 Instagram’s users—especially the children using the platform.

4 106. For example, in August 2020, Instagram began hosting and recommending short
5 videos to users, called Reels.¹⁰¹ Like TikTok, Instagram allows users to view an endless feed of
6 Reels that are recommended and curated to users by Instagram’s algorithm.

7 107. Instagram has become the most popular photo sharing social media platform
8 among children in the United States—approximately 72 percent of children aged 13–17 in the
9 United States use Instagram.¹⁰²

10 **b. Meta Markets Its Platforms to Youth**

11 108. To maximize the revenue generated from relationships with advertisers, Meta has
12 expended significant effort to attract youth, including teens and preteens, to its platforms,
13 including designing features that appeal to them. Meta also views teenagers as a way to attract
14 other potential users, such as by using teenagers to recruit parents who want to participate in
15 their children’s lives as well as younger siblings who look to older siblings as models for which
16 social media platforms to use and how to use them.¹⁰³

17 109. Meta explicitly targets teenagers. An internal Instagram marketing plan reveals,
18 Meta knows that “[i]f we lose the teen foothold in the U.S. we lose the pipeline” for growth.¹⁰⁴
19 To ensure that did not happen, Meta’s Instagram devoted almost all of its \$390 million annual
20 marketing budget for 2018 to target teenagers.¹⁰⁵

21 110. Meta also views preteens or “tweens” as a “valuable but untapped audience,”
22
23

24 ¹⁰¹ *Introducing Instagram Reels*, Instagram (Aug. 5, 2020),
<https://about.instagram.com/blog/announcements/introducing-instagram-reels-announcement>.

25 ¹⁰² Katherine Schaeffer, *7 Facts About Americans and Instagram*, Pew Rsch. Ctr. (Oct. 7, 2021),
<https://www.pewresearch.org/fact-tank/2021/10/07/7-facts-about-americans-and-instagram/>.

26 ¹⁰³ Sheera Frenkel *et al.*, *Instagram Struggles with Fears of Losing Its ‘Pipeline’: Young Users*, N.Y. Times (Oct.
27 26, 2021), <https://www.nytimes.com/2021/10/16/technology/instagram-teens.html>.

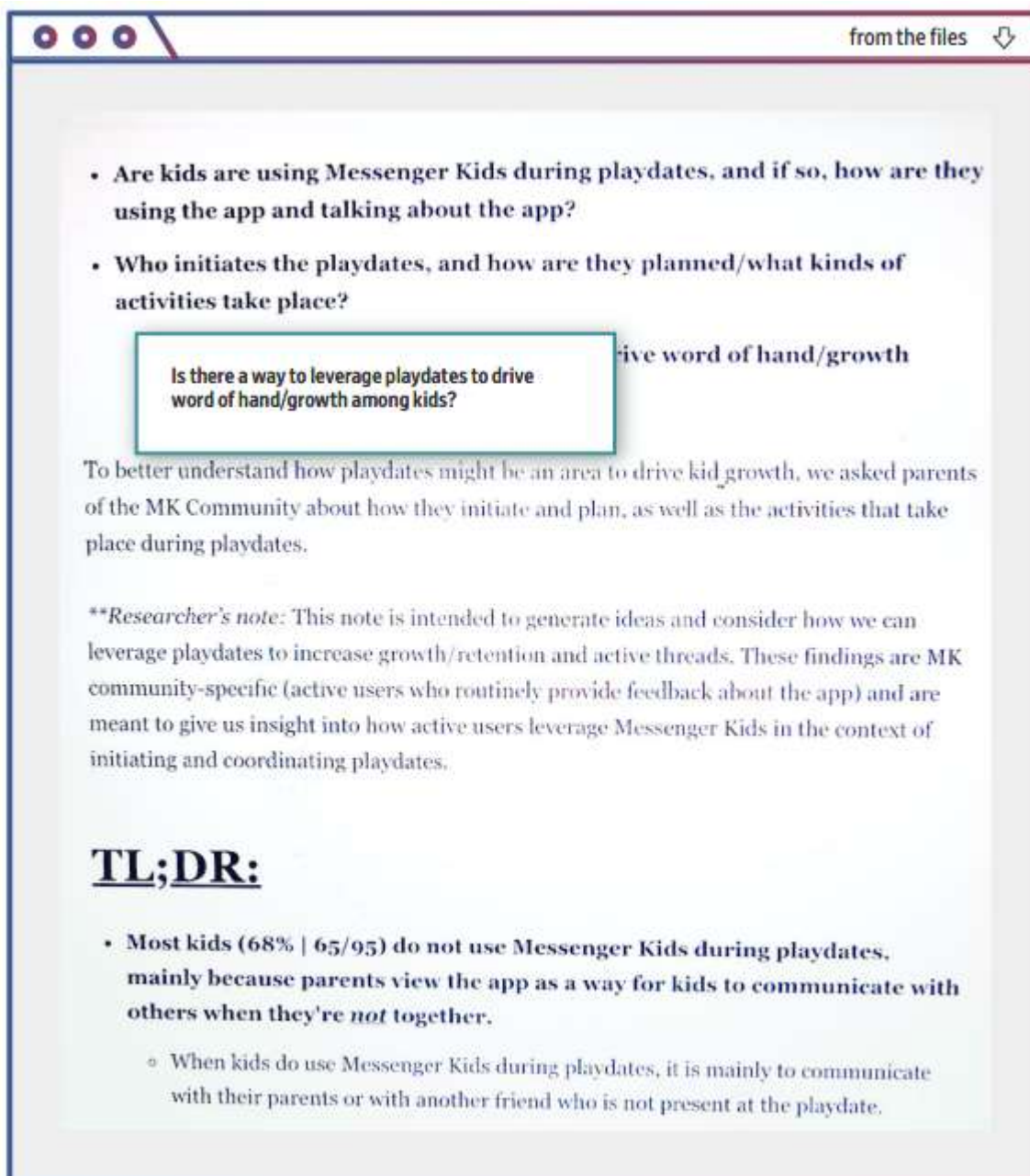
¹⁰⁴ *Id.*

¹⁰⁵ *Id.*

1 even contemplating “exploring playdates as a growth lever.”¹⁰⁶ Meta formed a team to study
2 preteens, endeavored to create more products designed for them, and commissioned strategy
3 papers regarding the “business opportunities” created.¹⁰⁷
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25 ¹⁰⁶ *Id.*

26 ¹⁰⁷ Georgia Wells & Jeff Horwitz, *Facebook’s Effort to Attract Preteens Goes Beyond Instagram Kids, Documents*
27 *Show; It has investigated how to engage young users in response to competition from Snapchat, TikTok;*
‘Exploring playdates as a growth lever, Wall St. J. (Sept. 28, 2021), [https://www.wsj.com/articles/facebook-](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667)
[instagram-kids-tweens-attract-11632849667](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667).



111. For these reasons, the Meta platforms are designed to be used by children and are actively marketed to children throughout the Meta markets in the United States. Meta advertises to children through its own efforts as well as through advertisers that create and target advertisements to children. Internal Meta documents establish that Meta spends hundreds of millions of dollars researching, analyzing, and marketing to children to find ways to make its

platforms more appealing to these age groups and to maximize the time they spend on its platforms, as these age groups are seen as essential to Meta’s long-term profitability and market dominance.¹⁰⁸ For instance, after Instagram’s founders left Meta in September 2018, “Facebook went all out to turn Instagram into a main attraction for young audiences,” and “began concentrating on the ‘teen time spent’ data point,” in order to “drive up the amount of time that teenagers were on the app with features including Instagram Live, a broadcasting tool, and Instagram TV, where people upload videos that run as long as an hour.”¹⁰⁹

112. Similarly, Instagram’s popularity among young people is the result of Meta’s deliberate efforts to target children—which in turn is driven by the desire of advertisers and marketers to target children on Meta’s platforms. In fact, Meta’s acquisition of Instagram was primarily motivated by its desire to make up for declines in the use of Facebook by children, and Meta views Instagram as central to its ability to attract and retain young audiences. A 2018 internal Meta marketing report is indicative of this, lamenting the loss of teenage users to competitors’ platforms as “an existential threat.”¹¹⁰ In contrast, a Meta presentation from 2019 indicated that “Instagram is well positioned to resonate and win with young people,” and “[t]here is a path to growth if Instagram can continue their trajectory.”¹¹¹

113. With respect to pre-teens, Meta’s policy is that they cannot register an account, but it knowingly lacks effective age-verification protocols. Since at least 2011, Meta has known that its age-verification protocols are largely inadequate, estimating at that time that it removed 20,000 children under age 13 from Facebook every day.¹¹² In 2021, Adam Mosseri, the Meta

¹⁰⁸ *Id.*

¹⁰⁹ Sheera Frenkel *et al.*, *Instagram Struggles with Fears of Losing Its ‘Pipeline’: Young Users*, N.Y. Times (Oct. 26, 2021), <https://www.nytimes.com/2021/10/16/technology/instagram-teens.html>.

¹¹⁰ *Id.*

¹¹¹ Georgia Wells *et al.*, *Facebook Knows Instagram Is Toxic for Teen Girls, Company Documents Show; Its own in-depth research shows a significant teen mental-health issue that Facebook plays down in public*, Wall St. J. (Sept. 14, 2021), <https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739>.

¹¹² Austin Carr, *Facebook Booting “20,000” Underage Users Per Day: Reaction to Growing Privacy Concerns?*, Fast Co. (Mar. 22, 2011), <https://www.fastcompany.com/1741875/facebook-booting-20000-underage-users-day-reaction-growing-privacy-concerns>.

1 executive in charge of Instagram, acknowledged users under 13 can still “lie about [their] age
2 now,” to register an account.¹¹³

3 114. Meta has yet to implement protocols to verify a users’ age, presumably because it
4 has strong business incentives not to or to laxly enforce its policy. Meta also has agreements with
5 cell phone manufacturers and/or providers and/or retailers, who often pre-install its platforms on
6 mobile devices prior to sale and without regard to the age of the intended user of each such
7 device. That is, even though Meta is prohibited from providing the Meta platforms to users under
8 the age of 13, Meta actively promotes and provides underage users access to its platforms by
9 encouraging and allowing cell phone manufacturers to pre-install the platforms on mobile
10 devices indiscriminately. Consequently, approximately 11 percent of United States children
11 between the ages of 9 and 11 used Instagram in 2020,¹¹⁴ despite Meta claiming to remove
12 approximately 600,000 underage users per quarter.¹¹⁵

13 115. Meta’s efforts to attract young users have been successful. *See supra*
14 Section IV.A. In a recent study, 62 percent of children ages 13–17 reported they have used the
15 Instagram app and 32 percent of children ages 13–17 reported they have used the Facebook app
16 or website.

17 **c. Meta Intentionally Maximizes the Time Users Spend on its Platforms**

18 116. The Meta platforms are designed to maximize user engagement, using features
19 that exploit the natural human desire for social interaction and the neurophysiology of the brain’s
20 reward systems to keep users endlessly scrolling, posting, “liking,” commenting, and counting
21 the number of “likes” and comments to their own posts. The still-developing brains of children

22 ¹¹³ Georgia Wells & Jeff Horwitz, *Facebook’s Effort to Attract Preteens Goes Beyond Instagram Kids, Documents*
23 *Show; It has investigated how to engage young users in response to competition from Snapchat, TikTok;*
24 *‘Exploring playdates as a growth lever*, Wall St. J. (Sept. 28, 2021), [https://www.wsj.com/articles/facebook-](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667)
[instagram-kids-tweens-attract-11632849667](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667).

25 ¹¹⁴ Brooke Auxier *et al.*, *Parenting Children in the Age of Screens*, Pew Rsch. Ctr. (July 28, 2020),
<https://www.pewresearch.org/internet/2020/07/28/childrens-engagement-with-digital-devices-screen-time/>.

26 ¹¹⁵ Georgia Wells & Jeff Horwitz, *Facebook’s Effort to Attract Preteens Goes Beyond Instagram Kids, Documents*
27 *Show; It has investigated how to engage young users in response to competition from Snapchat, TikTok;*
‘Exploring playdates as a growth lever, Wall St. J. (Sept. 28, 2021), [https://www.wsj.com/articles/facebook-](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667)
[instagram-kids-tweens-attract-11632849667](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667).

1 are particularly vulnerable to such exploitation.

2 117. One of the ways in which Meta employs IVR is through its push notifications and
3 emails, which encourage habitual use and are designed to prompt users to open and be exposed
4 to content selected to maximize the use of Meta’s platforms and the ads run on them. In
5 particular, Meta spaces out notifications of likes and comments into multiple bursts rather than
6 notifying users in real time, so as to create dopamine gaps that leave users craving in anticipation
7 for more. In this regard, Meta’s push notifications and emails are specifically designed to
8 manipulate users into reengaging with Meta’s platforms to increase user engagement
9 regardless of a user’s health or wellbeing.

10 118. Meta also exploits IVR to manipulate users with one of its most defining features:
11 the “Like” button. Meta knows “Likes” are a source of social comparison harm for many users,
12 as detailed below. Several Meta employees involved in creating the Like button have since left
13 Meta and have spoken publicly about the manipulative nature of Meta’s platforms and the harm
14 they cause users.¹¹⁶

15 119. Additionally, Meta designed other features of its platforms on IVR principles,
16 such as posts, comments, tagging, and the “pull to refresh” feature (which is similar to the way
17 that slot machines work).

18 120. Other design decisions were motivated by reciprocity, such as the use of visual
19 cues to reflect that someone is currently writing a message (a feature designed to keep a user on
20 the platform until they receive the message), and alerting users when a recipient has read their
21 message (which encourages the recipient to respond and return to the platform to check for a
22 response).

23 121. The Meta platforms are designed to encourage users to post content and to like,
24 comment, and interact with other users’ posts. Each new post that appears on a user’s feed
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26 ¹¹⁶ See, e.g., Paul Lewis, *‘Our minds can be hijacked’: the tech insiders who fear a smartphone dystopia*, Guardian
27 (Oct. 6, 2017), <https://www.theguardian.com/technology/2017/oct/05/smartphone-addiction-silicon-valley-dystopia>.

functions as a dopamine-producing social interaction in the user’s brain. Similarly, likes, comments, and other interactions with user’s posts function as an even stronger dopamine-producing stimulus than does seeing new posts from other users. This in turn drives users to generate content they expect will generate many likes and comments. In this regard, Meta has designed its platforms to function in concert, as popular content posted by other users psychologically compels users to post similar content themselves, trapping users—especially youth—in endless cycles of “little dopamine loops.”¹¹⁷

d. Meta’s Algorithms Are Manipulative and Harmful

122. Meta also employs advanced computer algorithms and artificial intelligence to make its platforms as engaging and habit forming as possible for users. For example, the Meta platforms display curated content and employ recommendations that are customized to each user by using sophisticated algorithms. The proprietary services developed through such algorithms include News Feed (a newsfeed of stories and posts published on the platform, some of which are posted by connections and others that are suggested by Meta’s algorithms), People You May Know (algorithm-based suggestions of persons with common connections or background), Suggested for You, Groups You Should Join, and Discover (algorithm-based recommendations of groups). Such algorithm-based content and recommendations are pushed to each user in a steady stream as the user navigates the platform as well as through notifications sent to the user’s smartphone and email addresses when the user is disengaged with the platform.

123. Meta’s algorithms are not based exclusively on user requests or even user inputs. Meta’s algorithms combine information entered or posted by the user on the platform with the user’s demographics and other data points collected and synthesized by Meta, make assumptions about that user’s interests and preferences, make predictions about what else might appeal to the user, and then make very specific recommendations of posts and pages to view and groups to

¹¹⁷ Allison Slater Tate, *Facebook whistleblower Frances Haugen says parents make 1 big mistake with social media*, Today (Feb. 7, 2022), <https://www.today.com/parents/teens/facebook-whistleblower-frances-haugen-rcna15256>.

1 visit and join based on rankings that will optimize Meta’s key performance indicators. In this
2 regard, Meta’s design dictates the way content is presented, such as its ranking and
3 prioritization.¹¹⁸

4 124. Meta’s current use of algorithms in its platforms is driven and designed to
5 maximize user engagement. Over time, Meta has gradually transitioned away from chronological
6 ranking, which organized the interface according to when content was posted or sent, to
7 prioritize Meaningful Social Interactions (“MSI”), which emphasizes users’ connections and
8 interactions such as likes and comments and gives greater significance to the interactions of
9 connections that appeared to be the closest to users. Meta thus developed and employed an
10 “amplification algorithm” to execute engagement-based ranking, which considers a post’s likes,
11 shares, and comments, as well as a respective user’s past interactions with similar content, and
12 exhibits the post in the user’s newsfeed if it otherwise meets certain benchmarks.

13 125. Meta’s algorithms covertly operate on the principle that intense reactions
14 invariably compel attention. Because these algorithms measure reactions and contemporaneously
15 immerse users in the most reactive content, these algorithms effectively work to steer users
16 toward the most negative content, because negative content routinely elicits passionate reactions.

17 126. Due to its focus on user engagement, Meta’s algorithms promote content that is
18 objectionable and harmful to many users. As set forth in greater detail below, Meta was well
19 aware of the harmful content that it was promoting but failed to change its algorithms because
20 the inflammatory content that its algorithms were feeding to users fueled their return to the
21 platforms and led to more engagement—which in turn helped Meta sell more advertisements that
22 generate most of its revenue. As such, Meta’s algorithms promote harmful content because such
23 content increases user engagement, which thereby increases its appeal to advertisers and
24 increases its overall value and profitability.

25 127. Meta’s shift from chronological ranking to algorithm-driven content and
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27 ¹¹⁸ See, e.g., Adam Mosseri, *Shedding More Light on How Instagram Works*, Instagram (June 8, 2021),
<https://about.instagram.com/blog/announcements/shedding-more-light-on-how-instagram-works>.

1 recommendations has changed the Meta platforms in ways that are profoundly dangerous and
2 harmful to children, whose psychological susceptibility to habit-forming platforms put them at
3 great risk of harm from the Meta platforms’ exploitive and harmful features. In this regard, the
4 algorithms used by Meta’s platforms exploit child users’ diminished decision-making capacity,
5 impulse control, emotional maturity, and psychological resiliency caused by users’ incomplete
6 brain development—and Meta specifically designs its platforms with these vulnerabilities in
7 mind.

8 **e. Meta’s Harmful “Feeds”**

9 128. Both Facebook and Instagram show each user a “feed” that is generated by an
10 algorithm for that user, which consists of a series of photos and videos posted by accounts that
11 the user follows, along with advertising and content specifically selected and promoted by Meta.

12 129. These feeds are virtually bottomless lists of content that enable users to scroll
13 endlessly without any natural end points that would otherwise encourage them to move on to
14 other activities. In this regard, “[u]nlike a magazine, television show, or video game,” the Meta
15 platforms only rarely prompt their users to take a break by using “stopping cues.”¹¹⁹ Meta’s
16 “bottomless scrolling” feature is designed to encourages users to use its platforms for unlimited
17 periods of time.

18 130. Meta also exerts control over a user’s feed through certain ranking mechanisms,
19 escalation loops, and promotion of advertising and content specifically selected and promoted by
20 Meta based on, among other things, its ongoing planning, assessment, and prioritization of the
21 types of information most likely to increase user engagement.

22 131. As described above, the algorithms generating a user’s feed encourage excessive
23 use and promote harmful content, particularly where the algorithm is designed to prioritize the
24 number of interactions rather than the quality of interactions.

25 132. In this regard, Meta utilizes private information of its child users to “precisely
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27 ¹¹⁹ See Zara Abrams, *How Can We Minimize Instagram’s Harmful Effects?*, Am. Psych. Ass’n (Dec. 2, 2021),
<https://www.apa.org/monitor/2022/03/feature-minimize-instagram-effects>.

1 target [them] with content and recommendations, assessing what will provoke a reaction,”
2 including encouragement of “destructive and dangerous behaviors,” which is how Meta “can
3 push teens into darker and darker places.”¹²⁰ As such, Meta’s “amplification algorithms, things
4 like engagement based ranking . . . can lead children . . . all the way from just something
5 innocent like healthy recipes to anorexia promoting content over a very short period of time.”¹²¹
6 Meta thus specifically selects and pushes this harmful content on its platforms, for which it is
7 then paid, and does so both for direct profit and also to increase user engagement, resulting in
8 additional profits down the road.

9 133. As one example, in 2021, Senators Richard Blumenthal, Marsha Blackburn and
10 Mike Lee tested and confirmed the fact that Meta’s platforms’ recommendation-based feeds and
11 features promote harmful content by opening test accounts purporting to be teenage girls.
12 Senator Blumenthal stated that, “[w]ithin an hour all our recommendations promoted pro-
13 anorexia and eating disorder content.”¹²² Likewise, Senator Lee found that an account for a fake
14 13-year-old girl was quickly “flooded with content about diets, plastic surgery and other
15 damaging material for an adolescent girl.”¹²³

16 134. Meta’s Instagram platform features a feed of “Stories,” which are short-lived
17 photo or video posts that are accessible only for 24 hours. This feature encourages constant,
18 repeated, and compulsive use of Instagram, so that users do not miss out on content before it
19 disappears. As with other feeds, the presentation of content in a user’s Stories is generated by an
20 algorithm designed by Meta to maximize the amount of time a user spends on the app.

21 135. Instagram also features a feed called “Explore,” which displays content posted by
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23 ¹²⁰ See *Facebook Whistleblower Frances Haugen Testifies on Children & Social Media Use: Full Senate Hearing*
24 *Transcript* at 09:02, Rev (Oct. 5, 2021), [https://www.rev.com/blog/transcripts/facebook-whistleblower-frances-](https://www.rev.com/blog/transcripts/facebook-whistleblower-frances-haugen-testifies-on-children-social-media-use-full-senate-hearing-transcript)
[haugen-testifies-on-children-social-media-use-full-senate-hearing-transcript](https://www.rev.com/blog/transcripts/facebook-whistleblower-frances-haugen-testifies-on-children-social-media-use-full-senate-hearing-transcript) (statement by Mr. Chairman
25 Blumenthal).

26 ¹²¹ *Id.* at 37:34 (statement by Ms. Frances Haugen).

27 ¹²² Vanessa Romo, *4 Takeaways from Senators' Grilling of Instagram's CEO About Kids and Safety*, NPR (Dec. 8,
2021, 10:13 PM), [https://www.npr.org/2021/12/08/1062576576/instagrams-ceo-adam-mosseri-hears-senators-](https://www.npr.org/2021/12/08/1062576576/instagrams-ceo-adam-mosseri-hears-senators-brush-aside-his-promises-to-self-poli)
[brush-aside-his-promises-to-self-poli](https://www.npr.org/2021/12/08/1062576576/instagrams-ceo-adam-mosseri-hears-senators-brush-aside-his-promises-to-self-poli).

¹²³ *Id.*

1 users not previously “followed.” The content in “Explore” is selected and presented by an
2 algorithm designed by Meta to maximize the amount of time a user spends on the app. As with
3 other feeds, the Explore feature may be scrolled endlessly, and its algorithm will continually
4 generate new recommendations, encouraging users to use the app for unlimited periods of time.

5 136. Instagram also features a feed called “Reels,” which presents short video posts by
6 users not previously followed. These videos play automatically, without input from the user,
7 encouraging the user to stay on the app for indefinite periods of time. As with other feeds, Reels
8 content is selected and presented by an algorithm designed by Meta to maximize the amount of
9 time a user spends on the app.

10 **f. For Years, Meta Has Been Aware That Its Platforms Harm Children**

11 137. In an internal slide presentation in 2019, Meta’s own researchers studying
12 Instagram’s effects on children concluded that “[w]e make body image issues worse for one in
13 three teen girls[.]”¹²⁴ This presentation was one of many documents leaked by former Meta
14 employee Frances Haugen to journalists at the *Wall Street Journal* and federal regulators in
15 2021.¹²⁵ The *Wall Street Journal*’s reporting on the documents began in September 2021 and
16 caused a national and international uproar.

17 138. The leaked documents confirmed what social scientists have long suspected, that
18 social media platforms like Meta’s—and Instagram in particular—can cause serious harm to the
19 mental and physical health of children. Moreover, this capacity for harm is by design—what
20 makes the Meta platforms profitable is precisely what harms its young users.

21 139. Upon information and belief, at least as far back as 2019, Meta initiated a
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23 ¹²⁴ Georgia Wells *et al.*, *Facebook Knows Instagram Is Toxic for Teen Girls, Company Documents Show; Its own*
24 *in-depth research shows a significant teen mental-health issue that Facebook plays down in public*, Wall St. J.
(Sept. 14, 2021), [https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-](https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739)
[documents-show-11631620739](https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739).

25 ¹²⁵ The *Wall Street Journal* and *Digital Wellbeing* published several of these documents in November 2021. See
26 Paul Marsden, *The ‘Facebook Files’ on Instagram Harms—All Leaked Slides on a Single Page*, Digit. Wellbeing
(Oct. 20, 2021), [https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-](https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-page/)
27 [page/](https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-page/). Gizmodo also started publishing these documents in November 2021. See Dell Cameron *et al.*, *Read the*
Facebook Papers for Yourself, Gizmodo (Apr. 18, 2022), [https://gizmodo.com/facebook-papers-how-to-read-](https://gizmodo.com/facebook-papers-how-to-read-1848702919)
[1848702919](https://gizmodo.com/facebook-papers-how-to-read-1848702919).

Proactive Incident Response experiment, which began researching the effect of Meta on the mental health of today's children.¹²⁶ Meta's own in-depth analyses show significant mental-health issues stemming from the use of Instagram among teenage girls, many of whom linked suicidal thoughts and eating disorders to their experiences on the app.¹²⁷ In this regard, Meta's researchers have repeatedly found that Instagram is harmful for a sizable percentage of teens that use the platform.¹²⁸

140. In particular, the researchers found that "[s]ocial comparison," or peoples' assessment of their own value relative to that of others, is "worse on Instagram" for teens than on other social media platforms.¹²⁹ One in five teens reported that Instagram "makes them feel worse about themselves."¹³⁰ Roughly two in five teen users reported feeling "unattractive," while one in 10 teen users reporting suicidal thoughts traced them to Instagram.¹³¹ Teens "consistently" and without prompting blamed Instagram "for increases in the rate of anxiety and depression."¹³² And although teenagers identify Instagram as a source of psychological harm, they often lack the self-control to use Instagram less. Also, according to Meta's own researchers, young users are not capable of controlling their Instagram use to protect their own health.¹³³ Such users "often feel 'addicted' and know that what they're seeing is bad for their mental health but feel unable to stop themselves."¹³⁴

141. Similarly, in a March 2020 presentation posted to Meta's internal message board, researchers found that "[t]hirty-two percent of teen girls said that when they felt bad about their

¹²⁶ See *Facebook Whistleblower Testifies on Protecting Children Online*, C-SPAN (Oct. 5, 2021), <https://www.c-span.org/video/?515042-1/whistleblower-frances-haugen-calls-congress-regulate-facebook>.

¹²⁷ See Georgia Wells *et al.*, *Facebook Knows Instagram Is Toxic for Teen Girls, Company Documents Show*, Wall St. J. (Sept. 14, 2021, 7:59 AM), https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739?mod=hp_lead_pos7&mod=article_inline.

¹²⁸ *Id.*

¹²⁹ *Id.*

¹³⁰ *Id.*

¹³¹ *Id.*

¹³² *Id.*

¹³³ *Id.*

¹³⁴ *Id.*

bodies, Instagram made them feel worse.”¹³⁵ Sixty-six percent of teen girls and 40 percent of teen boys have experienced negative social comparison harms on Instagram.¹³⁶ Further, approximately 13 percent of teen-girl Instagram users say the platform makes thoughts of “suicide and self harm” worse, and 17 percent of teen-girl Instagram users say the platform makes “[e]ating issues” worse.¹³⁷ Meta’s researchers also acknowledged that “[m]ental health outcomes” related to the use of Instagram “can be severe,” including “Body Dissatisfaction,” “Body Dysmorphia,” “Eating Disorders,” “Loneliness,” and “Depression.”¹³⁸

142. Not only is Meta aware of the harmful nature of the Meta platforms, the leaked documents reveal that Meta is aware of the specific design features that lead to excessive use and harm to children. For instance, Meta knows that Instagram’s Explore, Feed, and Stories features contribute to social comparison harms “in different ways.”¹³⁹ Moreover, specific “[a]spects of Instagram exacerbate each other to create a perfect storm” of harm to users, and that the “social comparison sweet spot”—a place of considerable harm to users, particularly teenagers and teen girls—lies at the center of Meta’s model and platforms’ features.¹⁴⁰ In this regard, Meta’s researchers wrote that “[s]ocial comparison and perfectionism are nothing new, but young people are dealing with this on an unprecedented scale,” and “[c]onstant comparison on Instagram is

¹³⁵ *Id.*; *Teen Girls Body Image and Social Comparison on Instagram—An Exploratory Study in the U.S.*, Wall St. J. (Sept. 29, 2021), <https://digitalwellbeing.org/wp-content/uploads/2021/10/Facebook-Files-Teen-Girls-Body-Image-and-Social-Comparison-on-Instagram.pdf>; see also *Hard Life Moments-Mental Health Deep Dive* at 14, Facebook (Nov. 2019), <https://about.fb.com/wp-content/uploads/2021/09/Instagram-Teen-Annotated-Research-Deck-1.pdf>; Paul Marsden, *The ‘Facebook Files’ on Instagram arms – all leaked slides on a single page* at slide 14, Dig. Wellbeing (Oct. 20, 2021) <https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-page> (hard life moment – mental health deep dive).

¹³⁶ *Teen Girls Body Image and Social Comparison on Instagram—An Exploratory Study in the U.S.* at 9, Wall St. J. (Sept. 29, 2021), <https://digitalwellbeing.org/wp-content/uploads/2021/10/Facebook-Files-Teen-Girls-Body-Image-and-Social-Comparison-on-Instagram.pdf>.

¹³⁷ *Hard Life Moments-Mental Health Deep Dive* at 14, Facebook (Nov. 2019), <https://about.fb.com/wp-content/uploads/2021/09/Instagram-Teen-Annotated-Research-Deck-1.pdf>; Paul Marsden, *The Facebook Files’ on Instagram arms – all leaked slides on a single page* at slide 14, Dig. Wellbeing (Oct. 20, 2021), <https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-page>.

¹³⁸ *Teen Girls Body Image and Social Comparison on Instagram—An Exploratory Study in the U.S.* at 34, Wall St. J. (Sept. 29, 2021), <https://digitalwellbeing.org/wp-content/uploads/2021/10/Facebook-Files-Teen-Girls-Body-Image-and-Social-Comparison-on-Instagram.pdf>.

¹³⁹ *Id.* at 31.

¹⁴⁰ *Id.* at 33.

1 ‘the reason’ why there are higher levels of anxiety and depression in young people.”¹⁴¹

2 **2. Snapchat Intentionally Marketed to and Designed Its Social Media Platform**
3 **for Youth Users, Substantially Contributing to the Mental Health Crisis**

4 **a. The Snapchat Platform**

5 143. Snapchat was created in 2011 by Stanford University students Evan Spiegel and
6 Bobby Murphy, who serve as Snap Inc.’s CEO and CTO respectively.¹⁴²

7 144. Snapchat started as a photo sharing platform that allows users to form groups and
8 share photos, known as “snaps,” that disappear after being viewed by the recipients. Snapchat
9 became well known for this self-destructing content feature. But Snapchat quickly evolved from
10 a simple photo-sharing app, as Snap made design changes and rapidly developed new features
11 aimed at and ultimately increasing Snapchat’s popularity among teenage users.

12 145. In 2012, Snap added video sharing capabilities, pushing the number of “snaps” to
13 50 million per day.¹⁴³ A year later, Snap added the “Stories” function, which allows users to
14 upload a rolling compilation of snaps that the user’s friends can view for 24 hours.¹⁴⁴ The
15 following year, Snap added a feature that enabled users to communicate with one another in real
16 time via text or video.¹⁴⁵ It also added the “Our Story” feature, expanding on the original stories
17 function by allowing users in the same location to add their photos and videos to a single
18 publicly viewable content stream.¹⁴⁶ At the same time, Snap gave users the capability to add
19 filters and graphic stickers onto photos indicating a user’s location, through a feature it refers to
20

21 ¹⁴¹ See *Hard Life Moments-Mental Health Deep Dive* at 53, Facebook (Nov. 2019), <https://about.fb.com/wp-content/uploads/2021/09/Instagram-Teen-Annotated-Research-Deck-1.pdf>.

22 ¹⁴² Katie Benner, *How Snapchat is Shaping Social Media*, N.Y. Times (Nov. 30, 2016),
23 <https://www.nytimes.com/2016/11/30/technology/how-snapchat-works.html>.

24 ¹⁴³ J.J. Colao, *Snapchat Adds Video, Now Seeing 50 Million Photos A Day*, Forbes (Dec. 14, 2012),
<https://www.forbes.com/sites/jjcolao/2012/12/14/snapchat-adds-video-now-seeing-50-million-photos-a-day/?sh=55425197631b>.

25 ¹⁴⁴ Ellis Hamburger, *Snapchat’s Next Big Thing: ‘Stories’ That Don’t Just Disappear*, Verge (Oct. 3, 2013),
<https://www.theverge.com/2013/10/3/4791934/snapchats-next-big-thing-stories-that-dont-just-disappear>.

26 ¹⁴⁵ Romain Dillet, *Snapchat Adds Ephemeral Text Chat and Video Calls*, TechCrunch (May 1, 2014),
<https://techcrunch.com/2014/05/01/snapchat-adds-text-chat-and-video-calls/>.

27 ¹⁴⁶ Laura Stampler, *Snapchat Just Unveiled a New Feature*, Time (June 17, 2014),
<https://time.com/2890073/snapchat-new-feature/>.

as “Geofilters.”¹⁴⁷

146. In 2015, Snap added a “Discover” feature that promotes videos from news outlets and other content creators.¹⁴⁸ Users can watch that content by scrolling through the Discover feed. After the selected video ends, Snapchat automatically plays other video content in a continuous stream unless or until a user manually exits the stream.

147. In 2020, Snap added the “Spotlight” feature through which it serves users “an endless feed of user-generated content” Snap curates from the 300 million daily Snapchat users.¹⁴⁹

148. Today, Snapchat is one of the largest social media platforms in the world. By its own estimates, Snapchat has 363 million daily users, including 100 million daily users in North America.¹⁵⁰ Snapchat reaches 90 percent of people ages 13–24 in over twenty countries and reaches nearly half of all smartphone users in the United States.¹⁵¹

b. Snap Markets Its Platform to Youth

149. Snapchat’s commercial success is due to its advertising. In 2014, Snap began running advertisements on Snapchat.¹⁵² Since then, Snapchat’s business model has revolved around its advertising revenue, which has boomed. Snap now expects to generate \$4.86 billion in Snapchat advertising revenue for 2022.¹⁵³

150. Snap specifically markets Snapchat to children ages 13–17 because they are a key demographic for Snap’s advertising business. Internal documents describe users between the

¹⁴⁷ Angela Moscaritolo, *Snapchat Adds ‘Geofilters’ in LA, New York*, PC Mag. (July 15, 2014), <https://www.pcmag.com/news/snapchat-adds-geofilters-in-la-new-york>.

¹⁴⁸ Steven Tweedie, *How to Use Snapchat’s New ‘Discover’ Feature*, Bus. Insider (Jan. 27, 2015), <https://www.businessinsider.com/how-to-use-snapchat-discover-feature-2015-1>.

¹⁴⁹ Salvador Rodriguez, *Snap is launching a competitor to TikTok and Instagram Reels*, CNBC (Nov. 23, 2020), <https://www.cnbc.com/2020/11/23/snap-launching-a-competitor-to-tiktok-and-instagram-reels.html>.

¹⁵⁰ *October 2022 Investor Presentation at 5*, Snap Inc. (Oct. 20, 2022), <https://investor.snap.com/events-and-presentations/presentations/default.aspx>.

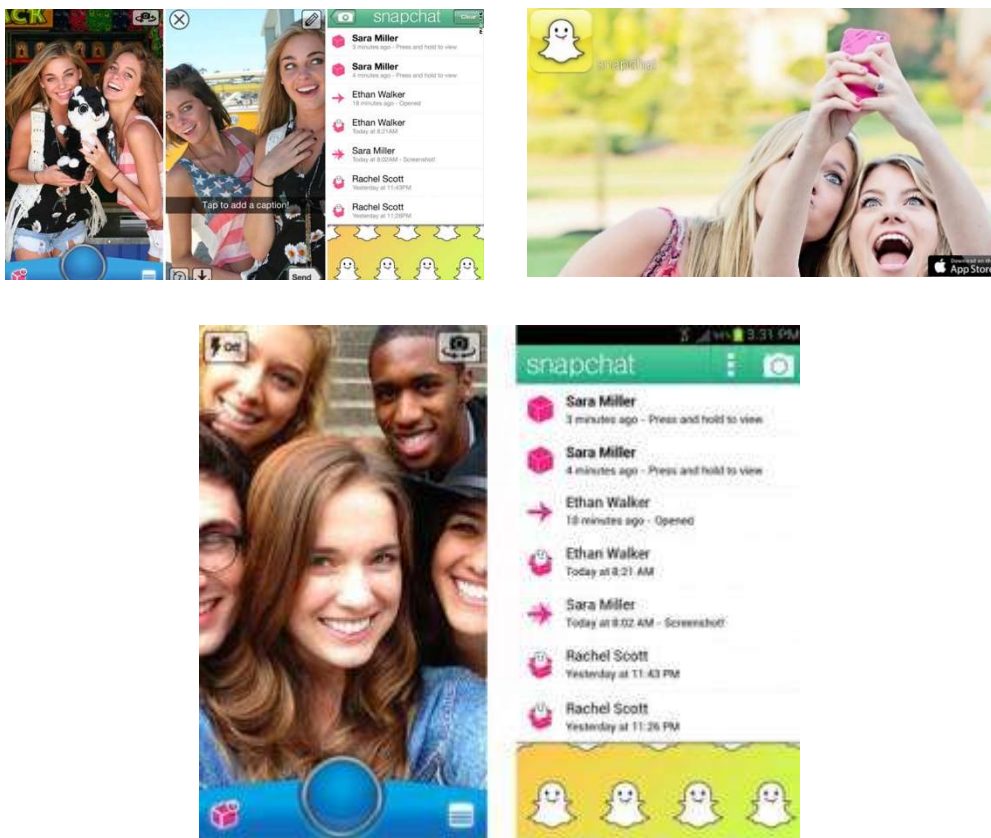
¹⁵¹ *Id.* at 6–7.

¹⁵² Sara Fischer, *A timeline of Snap’s advertising, from launch to IPO*, Axios (Feb. 3, 2017), <https://www.axios.com/2017/12/15/a-timeline-of-snaps-advertising-from-launch-to-ipo-1513300279>.

¹⁵³ Bhanvi Staija, *TikTok’s ad revenue to surpass Twitter and Snapchat combined in 2022*, Reuters (Apr. 11, 2022), <https://www.reuters.com/technology/tiktoks-ad-revenue-surpass-twitter-snapchat-combined-2022-report-2022-04-11/>.

ages of 13–34 as “critical” to Snap’s advertising success because of the common milestones achieved within that age range.¹⁵⁴

151. While Snap lumps teenagers in with younger adults in its investor materials, Snap marketing materials featuring young models reveal its priority market:



152. In addition to its marketing, Snap has targeted a younger audience by designing Snapchat in a manner that older individuals find hard to use.¹⁵⁵ The effect of this design is that Snapchat is a platform where its young users are insulated from older users including their parents. As Snap’s CEO explained, “[w]e’ve made it very hard for parents to embarrass their children[.]”¹⁵⁶

153. Snap also designed Snapchat as a haven for young users to hide content from their

¹⁵⁴ October 2022 Investor Presentation at 27, Snap Inc. (Oct. 20, 2022), <https://investor.snap.com/events-and-presentations/presentations/default.aspx>.

¹⁵⁵ See Hannah Kuchler & Tim Bradshaw, *Snapchat’s Youth Appeal Puts Pressure on Facebook*, Fin. Times (Aug. 21, 2017), <https://www.ft.com/content/07e4dc9e-86c4-11e7-bf50-e1c239b45787>.

¹⁵⁶ Max Chafkin & Sarah Frier, *How Snapchat Built a Business by Confusing Olds*, Bloomberg (Mar. 3, 2016), <https://www.bloomberg.com/features/2016-how-snapchat-built-a-business/>.

1 parents by ensuring that photos, videos, and chat messages quickly disappear. This design further
2 insulates children from adult oversight.

3 154. Moreover, Snap added as a feature the ability for users to create cartoon avatars
4 modeled after themselves.¹⁵⁷ By using an artform generally associated with and directed at
5 younger audiences, Snap further designed Snapchat to entice teenagers and younger children.

6 155. In 2013, Snap also marketed Snapchat specifically to kids under 13 through a
7 feature it branded “SnapKidz.”¹⁵⁸ This feature—part of the Snapchat platform—allowed children
8 under 13 to take photos, draw on them, and save them locally on the device.¹⁵⁹ Kids could also
9 send these images to others or upload them to other social media sites.¹⁶⁰

10 156. While SnapKidz feature was later discontinued and Snap purports to now prohibit
11 users under the age of 13, its executives have admitted that its age verification “is effectively
12 useless in stopping underage users from signing up to the Snapchat app.”¹⁶¹

13 157. Snap’s efforts to attract young users have been successful. *See supra*
14 Section IV.A. Teenagers consistently name Snapchat as a favorite social media platform. The
15 latest figures show 13 percent of children ages 8–12 used Snapchat in 2021,¹⁶² and almost 60
16 percent of children ages 13–17 use Snapchat.¹⁶³

17 **c. Snap Intentionally Maximizes the Time Users Spend on its Platform**

18 158. Snap promotes excessive use of its platform through design features and
19

20 ¹⁵⁷ Kif Leswing, *Snapchat just introduced a feature it paid more than \$100 million for*, Bus. Insider (July 19, 2016),
21 <https://www.businessinsider.com/snapchat-just-introduced-a-feature-it-paid-more-than-100-million-for-2016-7>.

22 ¹⁵⁸ Larry Magid, *Snapchat Creates SnapKidz – A Sandbox for Kids Under 13*, Forbes (June 23, 2013),
<https://www.forbes.com/sites/larrymagid/2013/06/23/snapchat-creates-snapkidz-a-sandbox-for-kids-under-13/?sh=7c682a555e5a>.

23 ¹⁵⁹ *Id.*

¹⁶⁰ *Id.*

24 ¹⁶¹ Isobel Asher Hamilton, *Snapchat admits its age verification safeguards are effectively useless*, Bus. Insider
(Mar. 19, 2019), <https://www.businessinsider.com/snapchat-says-its-age-verification-safeguards-are-effectively-useless-2019-3>.

25 ¹⁶² Victoria Rideout *et al.*, *Common Sense Census: Media use by tweens and teens, 2021* at 5, Common Sense
26 Media (2022), https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf.

27 ¹⁶³ Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022),
<https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

manipulative algorithms intended to maximize users' screen time.

159. Snap has implemented inherently and intentionally exploitive features into Snapchat, including "Snapstreaks," various trophies and reward systems, quickly disappearing ("ephemeral") messages, and filters. Snap designed these features, along with others, to maximize the amount of time users spend on Snapchat.

160. Snaps are intended to manipulate users by activating the rule of reciprocity.¹⁶⁴ Whenever a user gets a snap, they feel obligated to send a snap back. And Snapchat tells users each time they receive a snap by pushing a notification to the recipient's cellphone. These notifications are designed to prompt users to open Snapchat and view content, increasing the amount of time users spend on Snapchat. Further, because snaps disappear within ten seconds of being viewed, users feel compelled to reply immediately. This disappearing nature of snaps is a defining characteristic of Snapchat and intended keep users on the platform.

161. Snap also keeps users coming back to the Snapchat platform through the "Snapstreaks" feature.¹⁶⁵ A "streak" is a counter within Snapchat that tracks how many consecutive days two users have sent each other snaps. If a user fails to snap the other user within 24 hours, the streak ends. Snap adds extra urgency by putting an hourglass emoji next to a friend's name if a Snapchat streak is about to end.¹⁶⁶ This design implements a system where a user must "check constantly or risk missing out."¹⁶⁷ And this feature is particularly effective on teenage users. "For teens in particular, streaks are a vital part of using the app, and of their social

¹⁶⁴ Nir Eyal, *The Secret Psychology of Snapchat*, Nir & Far (Apr. 14, 2015), <https://www.nirandfar.com/psychology-of-snapchat/>.

¹⁶⁵ See Avery Hartmans, *These are the sneaky ways apps like Instagram, Facebook, Tinder lure you in and get you 'addicted'*, Bus. Insider (Feb. 17 2018), <https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-you-hooked-13>; see generally Virginia Smart & Tyana Grundig, *'We're designing minds': Industry insider reveals secrets of addictive app trade*, CBC (Nov. 3, 2017), <https://www.cbc.ca/news/science/marketplace-phones-1.4384876>; Julian Morgans, *The Secret Ways Social Media is Built for Addiction*, Vice (May 17, 2017), <https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction>.

¹⁶⁶ Lizette Chapman, *Inside the Mind of a Snapchat Streaker*, Bloomberg (Jan. 30, 2017), <https://www.bloomberg.com/news/features/2017-01-30/inside-the-mind-of-a-snapchat-streaker>.

¹⁶⁷ *Id.*

lives as a whole.”¹⁶⁸ Some children become so obsessed with maintaining a Snapstreak that they give their friends access to their accounts when they may be away from their phone for a day or more, such as on vacation.¹⁶⁹

162. Snap also designed features that operate on IVR principles to maximize the time users are on its platform. The “rewards” come in the form of a user’s “Snapscore,” and other signals of recognition similar to “likes” used in other platforms. For example, a Snapscore increases with each snap a user sends and receives. The increase in score and other trophies and charms users can earn by using the app operate on variable reward patterns. Like Snapstreaks, these features are designed to incentivize sending snaps and increase the amount of time users spend on Snapchat.

163. Snap also designs photo and video filters and lenses, which are central to Snapchat’s function as a photo and video sharing social media platform. Snap designed its filters and lenses in a way to further maximize the amount of time users spend on Snapchat. One way Snap uses its filters to hook young users is by creating temporary filters that impose a sense of urgency to use them before they disappear. Another way Snap designed its filters to increase screen use is by gamification. Many filters include games,¹⁷⁰ creating competition between users by sending each other snaps with scores. Further, Snap tracks data on the most commonly used filters and develops new filters based on this data.¹⁷¹ And Snap personalizes filters to further entice individuals to use Snapchat more.¹⁷² Snap designs and modifies these filters to maximize

¹⁶⁸ Avery Hartmans, *These are the sneaky ways apps like Instagram, Facebook, Tinder lure you in and get you ‘addicted’*, Bus. Insider (Feb. 17 2018), <https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-you-hooked-13>; see generally Cathy Becker, *Experts warn parents how Snapchat can hook in teens with streaks*, ABC News (July 27, 2017), <https://abcnews.go.com/Lifestyle/experts-warn-parents-snapchat-hook-teens-streaks/story?id=48778296>.

¹⁶⁹ Caroline Knorr, *How to resist technology addiction*, CNN (Nov. 9, 2017), <https://www.cnn.com/2017/11/09/health/science-of-tech-obsession-partner/index.html>; Jon Brooks, *7 Specific Tactics Social Media Companies Use to Keep You Hooked*, KQED (June 9, 2017), <https://www.kqed.org/futureofyou/397018/7-specific-ways-social-media-companies-have-you-hooked>.

¹⁷⁰ Josh Constine, *Now Snapchat Has ‘Filter Games’*, TechCrunch (Dec. 23, 2016), <https://techcrunch.com/2016/12/23/snapchat-games/>.

¹⁷¹ *How We Use Your Information*, Snap Inc., <https://snap.com/en-US/privacy/your-information> (last visited Dec. 8, 2022).

¹⁷² *Id.*

1 the amount of time users spend on Snapchat.

2 **d. Snapchat's Algorithms Are Manipulative and Harmful**

3 164. Snap also uses complex algorithms to suggest friends to users and recommend
4 content in order to keep users using Snapchat.

5 165. Snap notifies users based on an equation Snap uses to determine whether someone
6 should add someone else as a friend on Snapchat. This is known as "Quick Add." By using an
7 algorithm to suggest friends to users, Snapchat increases the odds users will add additional
8 friends, send additional snaps, and spend more time on the app.

9 166. Snapchat also contains "Discover" and "Spotlight" features that use algorithms to
10 recommend content to users. The Discover feature includes content from news and other media
11 outlets.¹⁷³ A user's Discover page is populated by an algorithm and constantly changes
12 depending on how a user interacts with the content.¹⁷⁴ Similarly, the Spotlight feature promotes
13 popular videos from other Snapchat users and is based on an algorithm that determines whether a
14 user has positively or negatively engaged with similar content.¹⁷⁵ Snap programs its algorithms
15 to push content to users that will keep them engaged on Snapchat and, thereby, increase the
16 amount of time users spend on Snapchat, worsening their mental health.

17 **e. Snap's Conduct in Designing and Operating Its Platform Has**
18 **Harmed Youth Mental Health**

19 167. The way in which Snap has designed and operated Snapchat has caused youth to
20 suffer increased anxiety, depression, disordered eating, cyberbullying, and sleep deprivation.

21 168. Snap knows Snapchat is harming youth because, as alleged above, Snap
22 intentionally designed Snapchat to maximize engagement by preying on the psychology of
23

24 ¹⁷³ Steven Tweedie, *How to Use Snapchat's New 'Discover' Feature*, Bus. Insider (Jan. 27, 2015),
25 <https://www.businessinsider.com/how-to-use-snapchat-discover-feature-2015-1>.

26 ¹⁷⁴ *How We Use Your Information*, Snap Inc., <https://snap.com/en-US/privacy/your-information> (last visited Dec. 8,
27 2022).

¹⁷⁵ Sara Fischer, *Snapchat launches Spotlight, a TikTok competitor*, Axios (Nov. 23, 2020),
<https://www.axios.com/2020/11/23/snapchat-launches-spotlight-tiktok-competitor>; <https://snap.com/en-US/privacy/your-information>.

children through its use of algorithms and other features including Snapstreaks, various trophies and reward systems, quickly disappearing messages, filters, and games.

169. Snap should know that its conduct has negatively affected youth. Snap’s conduct has been the subject of inquiries by the United States Senate regarding Snapchat’s use “to promote bullying, worsen eating disorders, and help teenagers buy dangerous drugs or engage in reckless behavior.”¹⁷⁶ Further, Senators from across the ideological spectrum have introduced bills that would ban many of the features Snapchat uses, including badges and other awards recognizing a user’s level of engagement with the platform.¹⁷⁷ Despite these calls for oversight from Congress, Snap has failed to curtail its use of streaks, badges, and other awards that recognize users’ level of engagement with Snapchat.

170. Snap also knows or should know of Snapchat’s other negative effects on youth because of published research findings. For instance, the Journal of the American Medical Association has recognized that Snapchat’s effect on how young people view themselves is so severe, that it named a new disorder, “Snapchat dysmorphia,” after the platform.¹⁷⁸ This disorder describes people, usually young women, seeking plastic surgery to make themselves look like the way they do through Snapchat filters.¹⁷⁹ The rationale underlying this disorder is that beauty filters on social media, like Snapchat, create a “sense of unattainable perfection” that is alienating and damaging to a person’s self-esteem.¹⁸⁰ One social psychologist summed the effect as “the pressure to present a certain filtered image on social media can certainly play into

¹⁷⁶ Bobby Allyn, *4 Takeaways from the Senate child safety hearing with YouTube, Snapchat and TikTok*, Nat’l Pub. Radio (Oct. 26, 2021), <https://www.npr.org/2021/10/26/1049267501/snapchat-tiktok-youtube-congress-child-safety-hearing>.

¹⁷⁷ See Abigail Clukey, *Lawmaker Aims To Curb Social Media Addiction With New Bill*, Nat’l Pub. Radio (Aug. 3, 2019), <https://www.npr.org/2019/08/03/747086462/lawmaker-aims-to-curb-social-media-addiction-with-new-bill>; *Social Media Addiction Reduction Technology Act*, S. 2314, 116th Cong. (2019); *Kids Internet Design and Safety Act*, S. 2918, 117th Cong. (2021).

¹⁷⁸ ‘Snapchat Dysmorphia’: When People Get Plastic Surgery To Look Like A Social Media Filter, WBUR (Aug 29, 2018), <https://www.wbur.org/hereandnow/2018/08/29/snapchat-dysmorphia-plastic-surgery>.

¹⁷⁹ *Id.*

¹⁸⁰ Nathan Smith & Allie Yang, *What happens when lines blur between real and virtual beauty through filters*, ABC News (May 1, 2021), <https://abcnews.go.com/Technology/lines-blur-real-virtual-beauty-filters/story?id=77427989>.

[depression and anxiety] for younger people who are just developing their identities.”¹⁸¹

171. Despite knowing Snapchat harms its young users, Snap continues to update and add features intentionally designed to maximize the amount of time users spend on Snapchat. Snap continues its harmful conduct because its advertising revenue relies on Snapchat’s users consuming large volumes of content on its platform.

3. TikTok Intentionally Marketed to and Designed Its Social Media Platform for Youth Users, Substantially Contributing to the Mental Health Crisis

a. TikTok’s Platform

172. TikTok is a social media platform that describes itself as “the leading destination for short-form mobile video.”¹⁸² According to TikTok, it is primarily a platform where users “create and watch short-form videos.”¹⁸³

173. TikTok’s predecessor, Musical.ly, launched in 2014 as a place where people could create and share 15-second videos of themselves lip-syncing or dancing to their favorite music.¹⁸⁴

174. In 2017, ByteDance launched an international version of a similar platform that also enabled users to create and share short lip-syncing videos that it called TikTok.¹⁸⁵

175. That same year, ByteDance acquired Musical.ly to leverage its young user base in the United States, of almost 60 million monthly active users.¹⁸⁶

¹⁸¹ *Id.*

¹⁸² *About: Our Mission*, TikTok, <https://www.tiktok.com/about> (last visited Dec. 8, 2022).

¹⁸³ *Protecting Kids Online: Snapchat, TikTok, and YouTube: Hearing Before the Subcomm. On Consumer Protection, Product Safety, and Data Security*, 117 Cong. (2021) (statement of Michael Beckerman, VP and Head of Public Policy, Americas, TikTok).

¹⁸⁴ Biz Carson, *How a failed education startup turned into Musical.ly, the most popular app you’ve probably never heard of*, Bus. Insider (May, 28, 2016), <https://www.businessinsider.com/what-is-musically-2016-5>.

¹⁸⁵ Paresh Dave, *China’s ByteDance scrubs Musical.ly brand in favor of TikTok*, Reuters (Aug. 1, 2018), <https://www.reuters.com/article/us-bytedance-musically/chinas-bytedance-scrubs-musical-ly-brand-in-favor-of-tiktok-idUSKBN1KN0BW>.

¹⁸⁶ Liza Lin & Rolfe Winkler, *Social-Media App Musical.ly Is Acquired for as Much as \$1 Billion; With 60 million monthly users, startup sells to Chinese maker of news app Toutiao*, Wall St. J. (Nov. 10, 2017), <https://www.wsj.com/articles/lip-syncing-app-musical-ly-is-acquired-for-as-much-as-1-billion-1510278123>.

1 176. Months later, the apps were merged under the TikTok brand.¹⁸⁷

2 177. Since then, TikTok has expanded the length of time for videos from 15-seconds to
3 up to 10 minutes;¹⁸⁸ created a fund that was expected to grow to over \$1 billion within three
4 years to incentivize users to create videos that even more people will watch;¹⁸⁹ and had users
5 debut their own songs, share comedy skits,¹⁹⁰ and “challenge” others to perform an activity.¹⁹¹

6 178. The videos users create on TikTok are only one part of the equation.

7 179. “[O]ne of the defining features of the TikTok platform,” is its “For You” feed.¹⁹²
8 There, users are served with an unending stream of videos TikTok curates for them based on
9 complex, machine-learning algorithms intended to keep users on its platform. TikTok itself
10 describes the feed as “central to the TikTok experience and where most of our users spend their
11 time.”¹⁹³ The *New York Times* described it this way:

12 It’s an algorithmic feed based on videos you’ve interacted with, or even just
13 watched. It never runs out of material. It is not, unless you train it to be, full of
14 people you know, or things you’ve explicitly told it you want to see. It’s full of
15 things that you seem to have demonstrated you want to watch, no matter what you
16 actually say you want to watch.¹⁹⁴

16 180. The “For You” feed has quickly garnered TikTok hundreds of millions of users.
17 Since 2018, TikTok has grown from 271 million global users to more than 1 billion global

18 ¹⁸⁷ Paresh Dave, *China’s ByteDance scrubs Musical.ly brand in favor of TikTok*, Reuters (Aug. 1, 2018),
19 <https://www.reuters.com/article/us-bytedance-musically/chinas-bytedance-scrubs-musical-ly-brand-in-favor-of-tiktok-idUSKBN1KN0BW>.

20 ¹⁸⁸ Andrew Hutchinson, *TikTok Confirms that 10 Minute Video Uploads are Coming to All Users*,
21 SocialMediaToday (Feb. 28, 2022), <https://www.socialmediatoday.com/news/tiktok-confirms-that-10-minute-video-uploads-are-coming-to-all-users/619535/>.

22 ¹⁸⁹ Vanessa Pappas, *Introducing the \$200M TikTok Creator Fund*, TikTok (July 29, 2021),
23 <https://newsroom.tiktok.com/en-us/introducing-the-200-million-tiktok-creator-fund>.

24 ¹⁹⁰ Joseph Steinberg, *Meet Musical.ly, the Video Social Network Quickly Capturing the Tween and Teen Markets*,
25 Inc. (June 2, 2016), <https://www.inc.com/joseph-steinberg/meet-musically-the-video-social-network-quickly-capturing-the-tween-and-teen-m.html>.

26 ¹⁹¹ John Herrman, *How TikTok is Rewriting the World*, N.Y. Times (Mar. 10, 2019),
27 <https://www.nytimes.com/2019/03/10/style/what-is-tik-tok.html>.

¹⁹² *How TikTok recommends videos #ForYou*, TikTok (June 18, 2020), <https://newsroom.tiktok.com/en-us/how-tiktok-recommends-videos-for-you>.

¹⁹³ *Id.*

¹⁹⁴ John Herrman, *How TikTok is Rewriting the World*, N.Y. Times (Mar. 10, 2019),
<https://www.nytimes.com/2019/03/10/style/what-is-tik-tok.html>.

1 monthly users as of September 2021.¹⁹⁵

2 **b. TikTok Markets Its Platform to Youth**

3 181. TikTok, like the other Defendants' platforms, has built its business plan around
4 advertising revenue, which has boomed. In 2022, TikTok is projected to receive \$11 billion in
5 advertising revenue, over half of which (i.e., \$6 billion) is expected to come from the United
6 States.¹⁹⁶

7 182. TikTok, since its inception as Musical.ly, has been designed and developed with
8 youth in mind.

9 183. Alex Zhu and Louis Yang, the other co-founder of Musical.ly, raised \$250,000 to
10 build an app that experts could use to create short three- to five-minute videos explaining a
11 subject.¹⁹⁷ The day they released the app, Zhu said they knew "[i]t was doomed to be a failure,"
12 because "[i]t wasn't entertaining, and it didn't attract teens."¹⁹⁸

13 184. According to Zhu, he stumbled upon the idea that would become known as
14 TikTok while observing teens on a train, half of whom were listening to music while the other
15 half took selfies or videos and shared the results with friends.¹⁹⁹ "That's when Zhu realized he
16 could combine music, videos, and a social network to attract the early-teen demographic."²⁰⁰

17 185. Zhu and Yang thereafter developed the short-form video app that is now known
18 as TikTok, which commentators have observed "encourages a youthful audience in subtle and
19 obvious ways."²⁰¹

21 ¹⁹⁵ Jessica Bursztynsky, *TikTok says 1 billion people use the app each month*, CNBC (Sept. 27, 2021),
<https://www.cnn.com/2021/09/27/tiktok-reaches-1-billion-monthly-users.html>.

22 ¹⁹⁶ Bhanvi Stajja, *TikTok's ad revenue to surpass Twitter and Snapchat combined in 2022*, Reuters (Apr. 11, 2022),
<https://www.reuters.com/technology/tiktoks-ad-revenue-surpass-twitter-snapchat-combined-2022-report-2022-04-11/>.

23 ¹⁹⁷ Biz Carson, *How a failed education startup turned into Musical.ly, the most popular app you've probably never*
24 *heard of*, Bus. Insider (May 28, 2016), <https://www.businessinsider.com/what-is-musically-2016-5>.

25 ¹⁹⁸ *Id.*

26 ¹⁹⁹ *Id.*

27 ²⁰⁰ *Id.*

²⁰¹ John Herrman, *Who's Too Young for an App? Musical.ly Tests the Limits*, N.Y. Times (Sept. 16, 2016),
<https://www.nytimes.com/2016/09/17/business/media/a-social-network-frequented-by-children-tests-the-limits-of-online-regulation.html>.

1 186. Among the more subtle ways the app was marketed to youth, are its design and
2 content. For example, the Federal Trade Commission (“FTC”) alleged that the app initially
3 centered around a child-oriented activity (i.e., lip syncing); featured music by celebrities that
4 then appealed primarily to teens and tweens, such as Selena Gomez and Ariana Grande; labelled
5 folders with names meant to appeal to youth, such as “Disney” and “school”; included songs in
6 such folders related to Disney television shows and movies, such as “Can You Feel the Love
7 Tonight” from the movie “The Lion King” and “You’ve Got a Friend in Me” from the movie
8 “Toy Story” and songs covering school-related subjects or school-themed television shows and
9 movies.²⁰²

10 187. The target demographic was also reflected in the sign-up process. In 2016, the
11 birthdate for those signing up for the app defaulted to the year 2000 (i.e., 16 years old).²⁰³

12 188. TikTok also cultivated a younger demographic in unmistakable, albeit concealed,
13 ways. In 2020, the *Intercept* reported on a document TikTok prepared for its moderators. In the
14 document, TikTok instructs its moderators that videos of “senior people with too many wrinkles”
15 are disqualified for the “For You” feed because that would make “the video . . . much less
16 attractive [and] not worth[] . . . recommend[ing].”²⁰⁴

17 189. In December 2016, Zhu confirmed the company had actual knowledge that “a lot
18 of the top users are under 13.”²⁰⁵

19 190. The FTC alleged that despite the company’s knowledge of these and a
20 “significant percentage” of other users who were under 13, the company failed to comply with
21 the COPPA.²⁰⁶

22 ²⁰² Complaint for Civil Penalties, Permanent Injunction, and Other Equitable Relief (“***Musical.ly* Complaint**”) at p.
23 8, ¶¶ 26–27, *United States v. Musical.ly*, 2:19-cv-01439-ODW-RAO (C.D. Cal. Feb. 27, 2019) Dkt. # 1.

24 ²⁰³ Melia Robinson, *How to use Musical.ly, the app with 150 million users that teens are obsessed with*, Bus. Insider
(Dec. 7, 2016), <https://www.businessinsider.com/how-to-use-musically-app-2016-12>.

25 ²⁰⁴ Sam Biddle *et al.*, *Invisible Censorship: TikTok Told Moderators to Suppress Posts by “Ugly” People and the*
Poor to Attract New Users, *Intercept* (Mar. 15, 2020), [https://theintercept.com/2020/03/16/tiktok-app-moderators-](https://theintercept.com/2020/03/16/tiktok-app-moderators-users-discrimination/)
26 [users-discrimination/](https://theintercept.com/2020/03/16/tiktok-app-moderators-users-discrimination/).

27 ²⁰⁵ Jon Russell, *Muscal.ly defends its handling of young users, as it races past 40M MAUs* at 8:58–11:12,
TechCrunch (Dec. 6, 2016), <https://techcrunch.com/2016/12/06/musically-techcrunch-disrupt-london/>.

²⁰⁶ See generally *Musical.ly* Complaint, *supra* note 202.

191. TikTok settled those claims in 2019 by agreeing to pay what was then the largest ever civil penalty under COPPA and to several forms of injunctive relief.²⁰⁷

192. In an attempt to come into compliance with the consent decree and COPPA, TikTok made available to users under 13 what it describes as a “limited, separate app experience.”²⁰⁸ The child version of TikTok restricts users from posting videos through the app. Children can still, however, record and watch videos on TikTok.²⁰⁹ For that reason, experts fear the app is “designed to fuel [kids’] interest in the grown-up version.”²¹⁰

193. These subtle and obvious ways TikTok markets to and obtained a young userbase are manifestations of Zhu’s views about the importance of user engagement to growing TikTok. Zhu explained the target demographic to the *New York Times*: “[T]eenage culture doesn’t exist” in China because “teens are super busy in school studying for tests, so they don’t have the time and luxury to play social media apps.”²¹¹ By contrast, Zhu describes “[t]eenagers in the U.S. [as] a golden audience.”²¹²

194. TikTok’s efforts to attract young users have been successful. *See supra* Section IV.A. Over 66 percent of children ages 13–17 report having used the TikTok app.

c. TikTok Intentionally Maximizes the Time Users Spend on its Platform

195. TikTok employs design elements and complex algorithms to simulate variable reward patterns in a flow-inducing stream of short-form videos intended to captivate its user’s

²⁰⁷ Lesley Fair, *Largest FTC COPPA settlement requires Musical.ly to change its tune*, FTC (Feb. 27, 2019), <https://www.ftc.gov/business-guidance/blog/2019/02/largest-ftc-coppa-settlement-requires-musically-change-its-tune>.

²⁰⁸ Dami Lee, *TikTok stops young users from uploading videos after FTC settlement*, Verge (Feb. 27, 2019), <https://www.theverge.com/2019/2/27/18243510/tiktok-age-young-user-videos-ftc-settlement-13-childrens-privacy-law>.

²⁰⁹ *Id.*

²¹⁰ Leonard Sax, *Is TikTok Dangerous for Teens?*, Inst. Fam. Stud. (Mar. 29, 2022), <https://ifstudies.org/blog/is-tiktok-dangerous-for-teens->.

²¹¹ Paul Mozur, *Chinese Tech Firms Forced to Choose Market: Home or Everywhere Else*, N.Y. Times (Aug. 9, 2016), <https://www.nytimes.com/2016/08/10/technology/china-homegrown-internet-companies-rest-of-the-world.html>.

²¹² *Id.*

1 attention well after they are satiated.

2 196. Like the other Defendants' social media platforms, TikTok developed features
3 that exploit psychological phenomenon such as IVR and reciprocity to maximize the time users
4 spend on its platform.

5 197. TikTok drives habitual use of its platform using design elements that operate on
6 principles of IVR. For example, TikTok designed its platform to allow users to like and reshare
7 videos. Those features serve as rewards for users who create content on the platform. Receiving
8 a like or reshare indicates that others approve of that user's content and satisfies their natural
9 desire for acceptance.²¹³ Studies have shown that "likes" activate the reward region of the
10 brain.²¹⁴ The release of dopamine in response to likes creates a positive feedback loop.²¹⁵ Users
11 will use TikTok—again and again—in hope of another pleasurable experience.²¹⁶

12 198. TikTok also uses reciprocity to manipulate users to use the platform. TikTok
13 invokes reciprocity through features like "Duet." The Duet feature allows users to post a video
14 side-by-side with a video from another TikTok user. Users use Duet as a way to react to the
15 videos of TikTok content creators. The response is intended to engender a reciprocal response
16 from the creator of the original video.

17 199. TikTok, like Snapchat, offers video filters, lenses, and music, which are intended
18 to keep users on its platform. Also, like Snapchat, TikTok has gamified its platform through
19 "challenges." These challenges are essentially campaigns in which users compete to perform a
20 specific task. By fostering competition, TikTok incentivizes users to use its platform.

21 200. TikTok's defining features, its "For You" feed, is a curated, never-ending stream
22 of short-form videos intended to keep users on its platform. In that way, TikTok feeds users

23 ²¹³ See, e.g., Lauren E. Sherman et al., *The Power of the Like in Adolescence: Effects of Peer Influence on Neural*
24 *and Behavioral Responses to Social Media*, 27(7) Psych. Sci. 1027–35 (July 2016),
25 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5387999/>.

26 ²¹⁴ *Id.*

27 ²¹⁵ Rasan Burhan & Jalal Moradzadeh, *Neurotransmitter Dopamine (DA) and its Role in the Development of Social*
Media Addiction, 11(7) J. Neurology & Neurophysiology 507 (2020), <https://www.iomcworld.org/open-access/neurotransmitter-dopamine-da-and-its-role-in-the-development-of-social-media-addiction.pdf>.

²¹⁶ *Id.*

beyond the point they are satiated. The ability to scroll ad infinitum, coupled with the variable reward pattern of TikTok induces a flow-like state for users that distorts their sense of time.²¹⁷ That flow is yet another way TikTok increases the time users spend on its platform.

d. TikTok's Algorithms are Manipulative

201. The first thing a user sees when they open TikTok is the “For You” feed, even if they have never posted anything, followed anyone, or liked a video.²¹⁸

202. The “For You” page presents users with a “stream of videos” TikTok claims are “curated to [each user’s] interests.”²¹⁹

203. According to TikTok, it populates each user’s “For You” feed by “ranking videos based on a combination of factors,” that include, among others, any interests expressed when a user registers a new account, videos a user likes, accounts they follow, hashtags, captions, sounds in a video they watch, and certain device settings, such as their language preferences and where they are located.²²⁰

204. Critically, some factors weigh heavier than others. To illustrate, TikTok explains that an indicator of interest, such as “whether a user finishes watching a longer video from beginning to end, would receive greater weight than a weak indicator, such as whether the video’s viewer and creator are both in the same country.”²²¹

205. TikTok claims it ranks videos in this way because the length of time a user spends watching a video is a “strong indicator of interest[.]”²²²

206. But Zhu offered a different explanation, he repeatedly told interviewers that he

²¹⁷ Christian Montag *et al.*, *Addictive Features of Social Media/Messenger Platforms and Freemium Games against the Background of Psychological and Economic Theories*, 16(14) Int’l J. Env’t Rsch. & Pub. Health 2612 (July 23, 2019), <https://doi.org/10.3390/ijerph16142612>.

²¹⁸ Brian Feldman, *TikTok is Not the Internet’s Eden*, N.Y. Mag. (Mar. 16, 2020), <https://nymag.com/intelligencer/2020/03/tiktok-didnt-want-you-to-see-ugly-or-poor-people-on-its-app.html>.

²¹⁹ *How TikTok recommends videos #ForYou*, TikTok (June 18, 2020), <https://newsroom.tiktok.com/en-us/how-tiktok-recommends-videos-for-you>.

²²⁰ *Id.*

²²¹ *Id.*

²²² *Id.*

1 was “focused primarily on increasing the engagement of existing users.”²²³ “Even if you have
2 tens of millions of users,” Zhu explained, “you have to keep them *always* engaged.”²²⁴

3 207. The decisions TikTok made in programming its algorithms are intended to do just
4 that, as TikTok candidly explained in an internal document titled, “TikTok Algo 101.” The
5 document, which TikTok has confirmed is authentic, “explains frankly that in the pursuit of the
6 company’s ‘ultimate goal’ of adding daily active users, it has chosen to optimize for two closely
7 related metrics in the stream of videos it serves: ‘retention’ — that is, whether a user comes back
8 — and ‘time spent.’”²²⁵

9 208. “This system means that watch time is key.”²²⁶ Guillaume Chaslot, the founder of
10 Algo Transparency, who reviewed the document at the request of the *New York Times*, explained
11 that “rather than giving [people] what they really want,” TikTok’s “algorithm tries to get people
12 addicted[.]”²²⁷

13 209. Put another way, the algorithm, coupled with the design elements, condition users
14 through reward-based learning processes to facilitate the formation of habit loops that encourage
15 excessive use.

16 210. The end result is that TikTok uses “a machine-learning system that analyzes each
17 video and tracks user behavior so that it can serve up a continually refined, never-ending stream
18 of TikToks optimized to hold [user’s] attention.”²²⁸

21 ²²³ Joseph Steinberg, *Meet Musical.ly, the Video Social Network Quickly Capturing the Tween and Teen Markets*,
22 Inc. (June 2, 2016), [https://www.inc.com/joseph-steinberg/meet-musically-the-video-social-network-quickly-](https://www.inc.com/joseph-steinberg/meet-musically-the-video-social-network-quickly-capturing-the-tween-and-teen-m.html)
[capturing-the-tween-and-teen-m.html](https://www.inc.com/joseph-steinberg/meet-musically-the-video-social-network-quickly-capturing-the-tween-and-teen-m.html).

23 ²²⁴ Biz Carson, *How a failed education startup turned into Musical.ly, the most popular app you’ve probably never*
24 *heard of*, Bus. Insider (May 28, 2016), <https://www.businessinsider.com/what-is-musically-2016-5> (emphasis
added).

25 ²²⁵ Ben Smith, *How TikTok Reads Your Mind*, N.Y. Times (Dec. 5, 2021),
<https://www.nytimes.com/2021/12/05/business/media/tiktok-algorithm.html>.

26 ²²⁶ *Id.*

27 ²²⁷ *Id.*

²²⁸ Jia Tolentino, *How TikTok Holds Our Attention*, New Yorker (Sept. 30, 2019),
<https://www.newyorker.com/magazine/2019/09/30/how-tiktok-holds-our-attention>.

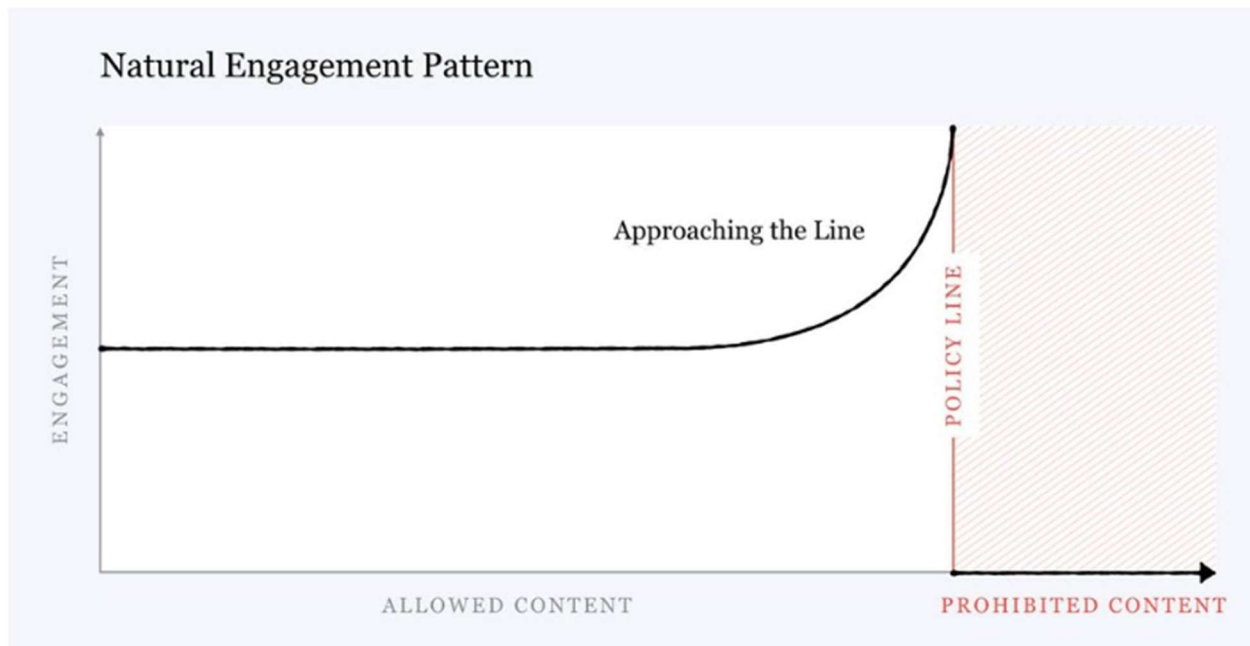
e. **TikTok’s Conduct in Designing and Operating its Platform Has Harmed Youth Mental Health**

211. TikTok’s decision to program its algorithm to prioritize user engagement causes harmful and exploitive content to be amplified to the young market it has cultivated.

212. The Integrity Institute, a nonprofit of engineers, product managers, data scientists, and others, has demonstrated how prioritizing user engagement amplifies misinformation on TikTok (and other platforms).²²⁹ That pattern, the Integrity Institute notes, is “true for a broad range of harms,” such as hate speech and self-harm content, in addition to misinformation.²³⁰

213. The Integrity Institute’s analysis builds on a premise Mark Zuckerberg described as the “Natural Engagement Pattern.”²³¹

214. This chart shows that as content gets closer and closer to becoming harmful, on average, it gets more engagement.



²²⁹ Misinformation Amplification Analysis and Tracking Dashboard, Integrity Inst. (Oct. 13, 2022), <https://integrityinstitute.org/our-ideas/hear-from-our-fellows/misinformation-amplification-tracking-dashboard>; see also Steven Lee Myers, *How Social Media Amplifies Misinformation More Than Information*, N.Y. Times (Oct. 13, 2022), <https://www.nytimes.com/2022/10/13/technology/misinformation-integrity-institute-report.html>.

²³⁰ Misinformation Amplification Analysis and Tracking Dashboard, Integrity Inst. (Oct. 13, 2022), <https://integrityinstitute.org/our-ideas/hear-from-our-fellows/misinformation-amplification-tracking-dashboard>.

²³¹ Mark Zuckerberg, *A Blueprint for Content Governance and Enforcement*, Facebook (May 5, 2021), <https://www.facebook.com/notes/751449002072082/>.

1 215. According to Zuckerberg “no matter where we draw the lines for what is allowed,
2 as a piece of content gets close to that line, people will engage with it more on average[.]”²³²

3 216. This has important implications for platform design, as the Integrity Institute
4 explains:

5 when platforms use machine learning models to predict user engagement on
6 content, we should expect the predicted engagement to follow the actual
7 engagement. When those predictions are used to rank and recommend content,
8 specifically when a higher predicted engagement score means the content is more
likely to be recommended or placed at the top of feeds, then we expect that
misinformation will be preferentially distributed and amplified on the platform.²³³

9 217. Put differently, if you use past engagement to predict future engagement, as
10 TikTok does, you are most likely to populate users “For You” feed with harmful content.

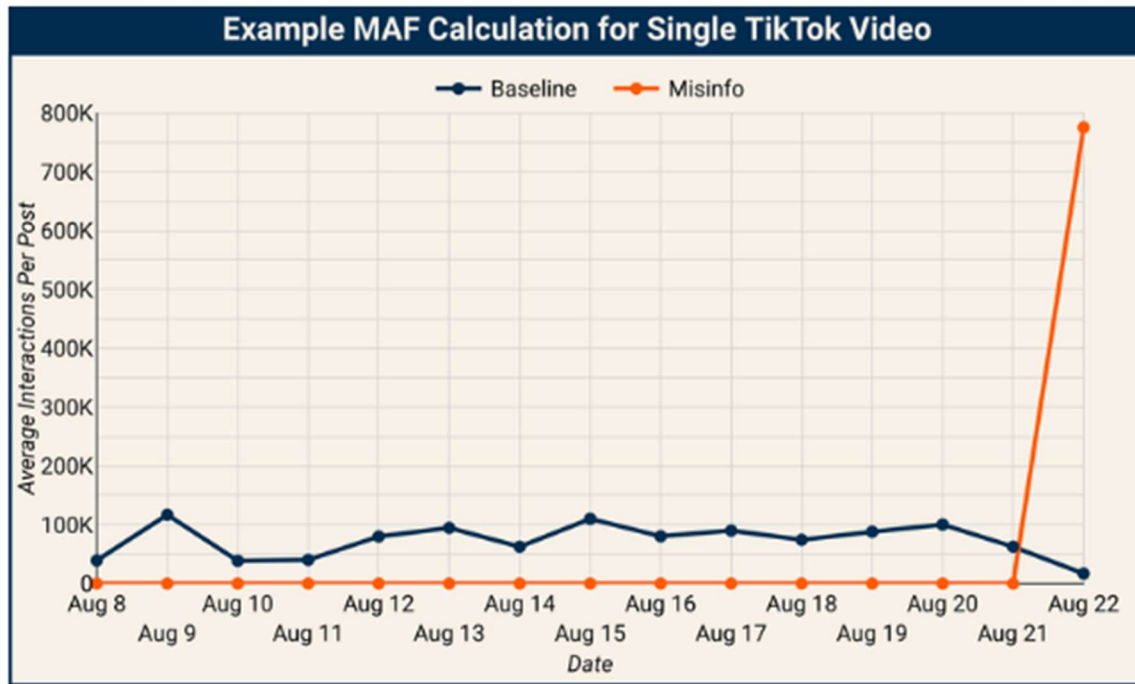
11 218. The Integrity Institute tested its theory by analyzing a category of harmful
12 content: misinformation. Specifically, the Integrity Institute compared the amount of engagement
13 (e.g., number of views) a post containing misinformation received as compared to prior posts
14 from the same content creator.²³⁴

25 ²³² *Id.*

26 ²³³ *Misinformation Amplification Analysis and Tracking Dashboard*, Integrity Inst. (Oct. 13, 2022),
27 <https://integrityinstitute.org/our-ideas/hear-from-our-fellows/misinformation-amplification-tracking-dashboard>.

²³⁴ *Id.*

219. For example, a TikTok user's historical posts received on average 75,000 views. When that same user posted a false statement (as determined by the International Fact Checking Network), the post received 775,000 views. In this case, TikTok amplified the misinformation 10 times more than this user's typical content.²³⁵



220. After analyzing many other posts from other users, the Integrity Institute found that TikTok on average amplified misinformation 29 times more than other content.²³⁶

221. A separate investigation by *NewsGuard* found TikTok's search algorithm similarly amplified misinformation. TikTok's search engine, like its "For You" feed, is a favorite among youth, with 40 percent preferring it (and Instagram) over Google.²³⁷ Unfortunately, *NewsGuard* found that 1 in 5 of the top 20 TikTok search results on prominent news topics, such as school shootings and COVID vaccines, contain misinformation.²³⁸

²³⁵ *Id.*

²³⁶ *Id.*

²³⁷ Wanda Pogue, *Move Over Google. TikTok is the Go-To Search Engine for Gen Z*, Adweek (Aug. 4, 2022), <https://www.adweek.com/social-marketing/move-over-google-tiktok-is-the-go-to-search-engine-for-gen-z/>.

²³⁸ *Misinformation Monitor*, NewsGuard (Sept. 2022), <https://www.newsguardtech.com/misinformation-monitor/september-2022/>.

1 222. Misinformation is just one type of harmful content TikTok amplifies to its young
2 users. Investigations by the *Wall Street Journal* found TikTok inundated young users with videos
3 about depression, self-harm, drugs, and extreme diets, to name a few.

4 223. In one investigation, the *Wall Street Journal* found TikTok’s algorithm quickly
5 pushed users down rabbit holes where they were more likely to encounter harmful content. The
6 *Wall Street Journal* investigated how TikTok’s algorithm chose what content to promote to users
7 by having 100 bots scroll through the “For You” feed.²³⁹ Each bot was programmed with
8 interests, such as extreme sports, forestry, dance, astrology, and animals.²⁴⁰ Those interests were
9 not disclosed in the process of registering their accounts.²⁴¹ Rather, the bots revealed their
10 interests through their behaviors, specifically the time they spent watching the videos TikTok
11 recommended to them. Consistent with TikTok’s internal “Algo 101” document, the *Wall Street*
12 *Journal* found that time spent watching videos to be “the most impactful data on [what] TikTok
13 serves you.”²⁴²

14 224. Over the course of 26 minutes, one bot watched 224 videos, lingering over videos
15 with hashtags for “depression” or “sad.”²⁴³ From then on, 93 percent of the videos TikTok
16 showed this account were about depression or sadness.²⁴⁴

17 225. That is not an outlier. Guillaume Chaslot, a former engineer for Google who
18 worked on the algorithm for YouTube and the founder of Algo Transparency, explained that 90–
19 95 percent of the content users see on TikTok is based on its algorithm.²⁴⁵

20 226. “Even bots with general mainstream interests got pushed to the margin as
21 recommendations got more personalized and narrow.”²⁴⁶ Deep in these rabbit holes, the *Wall*

22
23 ²³⁹ *Inside TikTok’s Algorithm: A WSJ Video Investigation*, Wall St. J. (July 21, 2021),
<https://www.wsj.com/articles/tiktok-algorithm-video-investigation-11626877477>.

24 ²⁴⁰ *Id.*

25 ²⁴¹ *Id.*

26 ²⁴² *Id.*

27 ²⁴³ *Id.*

²⁴⁴ *Id.*

²⁴⁵ *Id.*

²⁴⁶ *Id.*

1 *Street Journal* found “users are more likely to encounter potential harmful content.”²⁴⁷ For
2 example, one video the *Wall Street Journal* encountered encouraged suicide, reading “Just go.
3 Leave. Stop trying. Stop pretending. You know it and so do they. Do Everyone a favor and
4 leave.”²⁴⁸

5 227. Chaslot explained why TikTok feeds users this content:

6 [T]he algorithm is able to find the piece of content that you’re vulnerable to. That
7 will make you click, that will make you watch, but it doesn’t mean you really like
8 it. And that it’s the content that you enjoy the most. It’s just the content that’s
most likely to make you stay on the platform.²⁴⁹

9 228. A follow-up investigation by the *Wall Street Journal* using bots found “that
10 through its powerful algorithms, TikTok can quickly drive minors—among the biggest users of
11 the app—into endless spools of content about sex and drugs.”²⁵⁰

12 229. The bots in this investigation were registered as users aged 13 to 15 and, as
13 before, programmed to demonstrate interest by how long they watched the videos TikTok’s
14 algorithms served them.²⁵¹ Videos that did not match their interests, the bots scrolled through
15 without pausing.²⁵² The bots lingered on videos that matched any of their programmed
16 interests.²⁵³

17 230. Every second the bot hesitated or re-watched a video again proved key to what
18 TikTok recommended to the accounts, which the *Wall Street Journal* found was used to “drive
19 users of any age deep into rabbit holes of content[.]”²⁵⁴

20 231. For example, one bot was programmed to pause on videos referencing drugs,
21

22 ²⁴⁷ *Id.*

23 ²⁴⁸ *Id.*

24 ²⁴⁹ *Id.*

25 ²⁵⁰ Rob Barry *et al.*, *How TikTok Serves up Sex and Drug Videos to Minors*, Wall St. J. (Sept. 8, 2021),
https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944?st=e92pu5734lvc7ta&reflink=desktopwebshare_permalink.

26 ²⁵¹ *Id.*

27 ²⁵² *Id.*

²⁵³ *Id.*

²⁵⁴ *Id.*

1 among other topics. The first day on the platform, the “account lingered on a video of a young
2 woman walking through the woods with a caption” referencing “stoner girls.”²⁵⁵ The following
3 day the bot viewed a video of a “marijuana-themed cake.”²⁵⁶ The “majority of the next thousand
4 videos” TikTok directed at the teenage account “tout[ed] drugs and drug use, including
5 marijuana, psychedelics and prescription medication.”²⁵⁷

6 232. TikTok similarly zeroed in on and narrowed the videos it showed accounts
7 whether the bot was programmed to express interest in drugs, sexual imagery, or a multitude of
8 interests. In the first couple of days, TikTok showed the bots a “high proportion of popular
9 videos.”²⁵⁸ “But after three days, TikTok began serving a high number of obscure videos.”²⁵⁹

10 233. For example, a bot registered as a 13-year-old was shown a series of popular
11 videos upon signing up.²⁶⁰ The bot, which was programmed to demonstrate interest in sexual text
12 and imagery, also watched sexualized videos. Later, “[i]t experienced one of the most extreme
13 rabbit holes among the *Wall Street Journal*’s accounts. Many videos described how to tie knots
14 for sex, recover from violent sex acts and discussed fantasies about rape.”²⁶¹ At one point, “more
15 than 90 percent of [one] account’s video feed was about bondage and sex.”²⁶²

16 234. At least 2,800 of the sexualized videos that were shown to the *Wall Street*
17 *Journal*’s bots were labeled as being for adults only.²⁶³ Yet, TikTok directed these videos to the
18 minor accounts because, as TikTok told the *Wall Street Journal*, it does not “differentiate
19 between videos it serves to adults and minors.”²⁶⁴

20 235. TikTok also directed a concentrated stream of videos at accounts programmed to
21

22 ²⁵⁵ *Id.*

23 ²⁵⁶ *Id.*

24 ²⁵⁷ *Id.*

25 ²⁵⁸ *Id.*

26 ²⁵⁹ *Id.*

27 ²⁶⁰ *Id.*

²⁶¹ *Id.*

²⁶² *Id.*

²⁶³ *Id.*

²⁶⁴ *Id.*

1 express interest in a variety of topics. One such account was programmed to linger over hundreds
2 of Japanese film and television cartoons. “In one streak of 150 videos, all but four” of the videos
3 TikTok directed at the account, “featured Japanese animation—many with sexual themes.”²⁶⁵

4 236. The relentless stream of content intended to keep users engaged “can be
5 especially problematic for young people,” because they may lack the capability to stop watching,
6 says David Anderson, a clinical psychologist at the nonprofit mental health care provider, The
7 Child Mind Institute.²⁶⁶

8 237. In a similar investigation, the *Wall Street Journal* found TikTok “flood[ed] teen
9 users with videos of rapid-weight-loss competitions and ways to purge food that health
10 professionals say contribute to a wave of eating-disorder cases spreading across the country.”²⁶⁷

11 238. In this investigation, the *Wall Street Journal* analyzed the tens of thousands of
12 videos TikTok recommended to a dozen bots registered as 13-year-olds. As before, the bots were
13 given interests. Bots scrolled quickly through videos that did not match their interests and
14 lingered on videos that did.²⁶⁸ The accounts registered as 13-year-olds were programmed at
15 different times to display interests in weight loss, gambling, and alcohol.²⁶⁹

23 ²⁶⁵ *Id.*

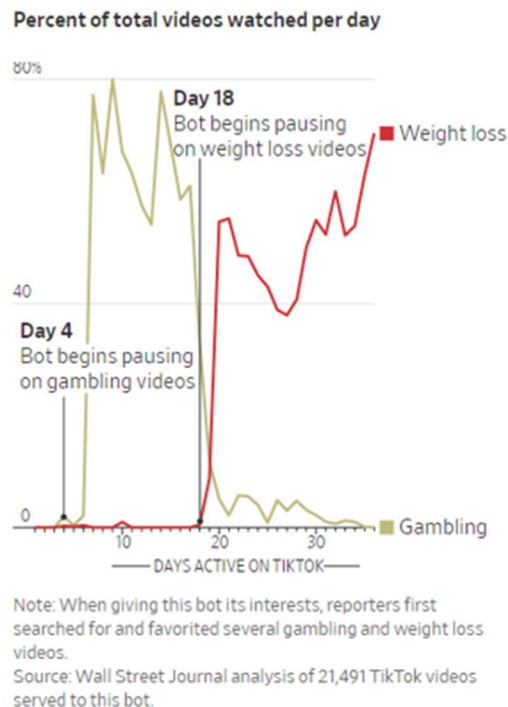
24 ²⁶⁶ *Id.*

25 ²⁶⁷ Tawnell D. Hobbs *et al.*, *The Corpse Bride Diet: How TikTok Inundates Teens with Eating-Disorder Videos*,
Wall St. J. (Dec. 17, 2021), <https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848> (some of the accounts performed searches or sent other, undisclosed signals indicating their
26 preferences).

27 ²⁶⁸ *Id.*

²⁶⁹ *Id.*

239. “TikTok’s algorithm quickly g[a]ve[] users the content they’ll watch, for as long
as they’ll watch it.”²⁷⁰ For example, TikTok streamed gambling videos to a bot registered to a
13-year-old after it first searched for and favorited several such videos.²⁷¹ When the bot began
demonstrating interest in weight loss videos, the algorithm adapted quickly, as this chart
demonstrates.²⁷²



240. After the change in programming, weight-loss videos accounted for well over 40 percent of the content TikTok’s algorithm recommended to the user.²⁷³

241. The other accounts were also flooded with weight-loss videos. Over the course of about 45 days, TikTok inundated the accounts with more than 32,000 such videos, “many promoting fasting, offering tips for quickly burning belly fat and pushing weight-loss detox programs and participation in extreme weight-loss competitions.”²⁷⁴ Some encouraged purging,

²⁷⁰ *Id.*

²⁷¹ *Id.*

²⁷² *Id.*

²⁷³ *Id.*

²⁷⁴ *Id.*

1 eating less than 300 calories a day, consuming nothing but water some days, and other hazardous
2 diets.²⁷⁵

3 242. According to Alyssa Moukheiber, a treatment center dietitian, TikTok’s powerful
4 algorithm and the harmful streams of content it directs at young users can tip them into unhealthy
5 behaviors or trigger a relapse.²⁷⁶

6 243. Unfortunately, it has for the several teenage girls interviewed by the *Wall Street*
7 *Journal*, who reported developing eating disorders or relapsing after being influenced by the
8 extreme diet videos TikTok promoted to them.²⁷⁷

9 244. They are not alone. Katie Bell, a co-founder of the Healthy Teen Project, “said the
10 majority of her 17 teenage residential patients told her TikTok played a role in their eating
11 disorders.”²⁷⁸

12 245. Others, like Stephanie Zerwas, an associate professor of psychiatry at the
13 University of North Carolina at Chapel Hill, could not recount how many of her young patients
14 told her that “I’ve started falling down this rabbit hole, or I got really into this or that influencer
15 on TikTok, and then it started to feel like eating-disorder behavior was normal, that everybody
16 was doing that.”²⁷⁹

17 246. This trend extends nationwide. The National Association of Anorexia Nervosa
18 and Associated Disorders has fielded 50 percent more calls to its hotline since the pandemic
19 began, most of whom it says are from young people or parents on their behalf.²⁸⁰

20 247. Despite the ample evidence that TikTok’s design and operation of its platform
21 harms the tens of millions of youths who use it, TikTok continues to manipulate them into
22 returning to the platform again and again so that it may serve them ads in between the exploitive
23 content it amplifies.

24 ²⁷⁵ *Id.*

25 ²⁷⁶ *Id.*

26 ²⁷⁷ *Id.*

27 ²⁷⁸ *Id.*

²⁷⁹ *Id.*

²⁸⁰ *Id.*

1 **4. YouTube Intentionally Marketed to and Designed Its Social Media Platform**
2 **for Youth Users, Substantially Contributing to the Mental Health Crisis**

3 **a. The YouTube Platform**

4 248. YouTube is a platform where users can post, share, view, and comment on videos
5 related to a vast range of topics. The platform became available publicly in December 2005, and
6 was acquired by Google in 2006.

7 249. YouTube reports that today it has over 2 billion monthly logged-in users.²⁸¹ Even
8 more people use YouTube each month because consumers do not have to register an account to
9 view a video on YouTube. As a result, anyone can view most content on YouTube—regardless
10 of age.

11 250. Users, whether logged in or not, watch *billions of hours of videos every day*.²⁸²

12 251. Users with accounts can post their own videos, comment on others, and since
13 2010 express their approval of videos through “likes.”²⁸³

14 252. Beginning in 2008 and through today, YouTube has recommended videos to
15 users.²⁸⁴ Early on, the videos YouTube recommended to users were the most popular videos
16 across the platform.²⁸⁵ YouTube admits “[n]ot a lot of people watched those videos[,]” at least
17 not based on its recommendation.²⁸⁶

18 253. Since then, YouTube has designed and refined its recommendation system using
19 machine learning algorithms that today take into account a user’s “likes,” time spent watching a
20 video, and other behaviors to tailor its recommendations to each user.²⁸⁷

21 254. YouTube automatically plays those recommendations for a user after they finish
22

23 ²⁸¹ YouTube for Press, YouTube, <https://blog.youtube/press/> (last visited Dec. 8, 2022).

24 ²⁸² *Id.*

25 ²⁸³ Josh Lowensohn, *YouTube’s big redesign goes live to everyone*, CNET (Mar. 31, 2010),
<https://www.cnet.com/culture/youtubes-big-redesign-goes-live-to-everyone/>.

26 ²⁸⁴ Cristos Goodrow, *On YouTube’s recommendation system*, YouTube (Sept. 15, 2021),
<https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

27 ²⁸⁵ *Id.*

²⁸⁶ *Id.*

²⁸⁷ *Id.*

1 watching a video. This feature, known as “autoplay,” was implemented in 2015. YouTube turns
2 the feature on by default, which means videos automatically and continuously play for users
3 unless they turn it off.²⁸⁸

4 255. YouTube purports to disable by default its autoplay feature for users aged 13–
5 17.²⁸⁹ But, as mentioned above, YouTube does not require users to log in or even have an
6 account to watch videos. For them or anyone who does not self-report an age between 13 and 17,
7 YouTube defaults to automatically playing the videos its algorithm recommends to the user.

8 **b. YouTube Markets Its Platform to Youth**

9 256. The primary way YouTube makes money is through advertising and made \$19
10 billion in ad revenue in 2021 alone.²⁹⁰

11 257. “In 2012, YouTube concluded that the more people watched, the more ads it
12 could run[.]”²⁹¹ “So YouTube . . . set a company-wide objective to reach one billion hours of
13 viewing a day[.]”²⁹²

14 258. “[T]he best way to keep eyes on the site,” YouTube realized, was “recommending
15 videos, alongside a clip or after one was finished.”²⁹³ That is what led to the development of its
16 recommendation algorithm and autoplay feature described above. *See supra* Section IV.D.4.a.

17 259. YouTube has long known youth use its platforms in greater proportion than older
18 demographics.

19 260. Yet, YouTube has not implemented even rudimentary protocols to verify the age
20 of users. Anyone can watch a video on YouTube without registering an account or reporting their

21
22 ²⁸⁸ Autoplay videos, YouTube Help,
23 <https://support.google.com/youtube/answer/6327615?hl=en#:~:text=For%20users%20aged%2013%2D17,turned%20off%20Autoplay%20for%20you> (last visited Dec. 8, 2022).

24 ²⁸⁹ *Id.*

25 ²⁹⁰ Alphabet Inc., Annual Report, Form 10-k at 60 (2021),
26 <https://www.sec.gov/ix?doc=/Archives/edgar/data/1652044/000165204422000019/goog-20211231.htm>.

27 ²⁹¹ Mark Bergen, *YouTube Executive Ignores Warnings, Letting Toxic Videos Run Rampant*, Bloomberg (Apr. 2, 2019), <https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant?leadSource=uverify%20wall>.

²⁹² *Id.*

²⁹³ *Id.*

1 age.

2 261. Instead, YouTube leveraged its popularity among youth to increase its revenue
3 from advertisements by marketing its platform to popular brands of children's products. For
4 example, Google pitched Mattel, the maker of Barbie and other popular kids' toys, by telling its
5 executives that "YouTube is today's leader in reaching children age 6–11 against top TV
6 channels."²⁹⁴ When presenting to Hasbro, the maker of Play-Doh, My Little Pony, and other
7 kids' toys, Google touted that "YouTube was unanimously voted as the favorite website for kids
8 2-12," and that "93% of tweens visit YouTube to watch videos."²⁹⁵ In a different presentation to
9 Hasbro, YouTube was referred to as "[t]he new 'Saturday Morning Cartoons,'" and claimed that
10 YouTube was the "#1 website regularly visited by kids" and "the #1 source where children
11 discover new toys + games."²⁹⁶

12 262. In addition to turning a blind eye towards underage users of its platform,
13 YouTube developed and marketed a version of YouTube specifically for children under the age
14 of 13.

15 263. YouTube's efforts to attract young users have been successful. *See supra*
16 Section IV.A. A vast majority, 95 percent, of children ages 13–17 have used YouTube.²⁹⁷

17 **c. YouTube Intentionally Maximizes the Time Users Spend on its**
18 **Platform**

19 264. Google designed YouTube to maximize user engagement, predominantly through
20 the amount of time users spend watching videos. To that end, Google employs design elements
21 and complex algorithms to create a never-ending stream of videos intended to grip user's
22 attention.

23 265. Like the other Defendants' social media platforms, Google developed features
24

25 ²⁹⁴ Complaint for Permanent Injunction, Civil Penalties, and Other Equitable Relief, Exhibit A, *FTC v. Google LLC*
et al., No. 1-19-cv-02642-BAH (D.D.C. Sept. 4, 2019), Dkt. # 1-1.

26 ²⁹⁵ *Id.* Exhibit B.

27 ²⁹⁶ *Id.* Exhibit C.

²⁹⁷ *Id.*

1 that exploit psychological phenomenon such as IVR to maximize the time users spend on
2 YouTube.

3 266. YouTube uses design elements that operate on principles of IVR to drive both
4 YouTube content creators and YouTube viewers into habitual, excessive use. Google designed
5 YouTube to allow users to like, comment, and share videos and to subscribe to content creator's
6 channels. These features serve as rewards for users who create and upload videos to YouTube.
7 As described above, receiving a like indicates others' approval and activates the reward region of
8 the brain.²⁹⁸ The use of likes, therefore, encourages users to use YouTube over and over, seeking
9 future pleasurable experiences.

10 267. YouTube also uses IVR to encourage users to view others content. One of the
11 ways Google employs IVR into YouTube's design is through subscriber push notifications and
12 emails, which are designed to prompt users to watch YouTube content and encourages excessive
13 use of the platform. When a user "subscribes" to another user's channel, they receive
14 notifications every time that user uploads new content, prompting them to open YouTube and
15 watch the video.²⁹⁹

16 268. One of YouTube's defining features is its panel of recommended videos.
17 YouTube recommends videos to users on both the YouTube home page and on every individual
18 video page in an "Up Next" panel.³⁰⁰ This list automatically populates next to the video a user is
19 currently watching. This recommended video list is a never-ending feed of videos intended to
20 keep users on the app watching videos without having to affirmatively click or search for other
21 videos. This constant video stream, comprised of videos recommended by YouTube's
22 algorithms, is the primary way Google increases the time users spend on YouTube.

23
24 ²⁹⁸ See, e.g., Lauren E. Sherman et al., *The Power of the Like in Adolescence: Effects of Peer Influence on Neural and Behavioral Responses to Social Media*, 27(7) Psych. Sci. 1027–35 (July 2016),
25 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5387999/>.

26 ²⁹⁹ *Manage YouTube Notifications*, YouTube,
27 <https://support.google.com/youtube/answer/3382248?hl=en&co=GENIE.Platform%3DDesktop> (last visited Dec. 8, 2022).

³⁰⁰ *Recommended Videos*, YouTube, <https://www.youtube.com/howyoutubeworks/product-features/recommendations/> (last visited Dec. 8, 2022).

1 **d. YouTube’s Algorithms are Manipulative**

2 269. Google uses algorithms throughout YouTube to recommend videos to users.
3 These algorithms select videos that populate the YouTube homepage, rank results in user
4 searches, and suggest videos for viewers to watch next. These algorithms are manipulative by
5 design and increase the amount of time users spend on YouTube.

6 270. Google began building the YouTube recommendation system in 2008.³⁰¹ When
7 Google initially developed its recommendation algorithms, the end goal was to maximize the
8 amount of time users spend watching YouTube videos. A YouTube spokesperson admitted as
9 much, saying YouTube’s recommendation system was initially set up to “optimize” the amount
10 of time users watch videos.³⁰²

11 271. Former YouTube engineer Guillaume Chaslot has also stated that when he worked
12 for YouTube designing its recommendation algorithm, the priority was to keep viewers on the
13 site for as long as possible to maximize “watch time.”³⁰³ Chaslot further stated that “[i]ncreasing
14 users’ watch time is good for YouTube’s business model” because the more people watch
15 videos, the more ads they see and YouTube’s advertising revenue increases.³⁰⁴

16 272. Early on, one of the primary metrics behind YouTube’s recommendation
17 algorithm was clicks. As YouTube describes, “[c]licking on a video provides a strong indication
18 that you will also find it satisfying.”³⁰⁵ But as YouTube learned, clicking on a video does not
19 mean a user actually watched it. Thus, in 2012, YouTube also started tracking watch time—the
20 amount of time a user spends watching a video.³⁰⁶ YouTube made this switch to keep people

21 ³⁰¹ Cristos Goodrow, *On YouTube’s recommendation system*, YouTube (Sept. 15, 2021),
22 <https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

23 ³⁰² Ben Popken, *As algorithms take over, YouTube’s recommendations highlight a human problem*, NBC (Apr. 19,
24 2018), [https://www.nbcnews.com/tech/social-media/algorithms-take-over-youtube-s-recommendations-highlight-](https://www.nbcnews.com/tech/social-media/algorithms-take-over-youtube-s-recommendations-highlight-human-problem-n867596)
25 [human-problem-n867596](https://www.nbcnews.com/tech/social-media/algorithms-take-over-youtube-s-recommendations-highlight-human-problem-n867596).

26 ³⁰³ William Turton, *How YouTube’s algorithm prioritizes conspiracy theories*, Vice (Mar. 5, 2018),
27 <https://www.vice.com/en/article/d3w9ja/how-youtubes-algorithm-prioritizes-conspiracy-theories>.

28 ³⁰⁴ Jesselyn Cook & Sebastian Murdock, *YouTube is a Pedophile’s Paradise*, Huffington Post (Mar. 20, 2020),
29 https://www.huffpost.com/entry/youtube-pedophile-paradise_n_5e5d79d1c5b6732f50e6b4db.

30 ³⁰⁵ Cristos Goodrow, *On YouTube’s Recommendation System*, YouTube (Sept. 15, 2021),
31 <https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

32 ³⁰⁶ *Id.*

1 watching for as long as possible.³⁰⁷ In YouTube’s own words, this switch was successful. “These
2 changes have so far proved very positive -- primarily less clicking, more watching. We saw the
3 amount of time viewers spend watching videos across the site increase immediately[.]”³⁰⁸ And in
4 2016, YouTube started measuring “valued watchtime” via user surveys to ensure that viewers are
5 satisfied with their time spent watching videos on YouTube.³⁰⁹ All of these changes to
6 YouTube’s algorithms were made to ensure that users spend more time watching videos and ads.

7 273. YouTube’s current recommendation algorithm is based on deep-learning neural
8 networks that retune its recommendations based on the data fed into it.³¹⁰ While this algorithm is
9 incredibly complex, its process can be broken down into two general steps. First, the algorithm
10 compiles a shortlist of several hundred videos by finding videos that match the topic and other
11 features of the video a user is currently watching.³¹¹ Then the algorithm ranks the list according
12 to the user’s preferences, which the algorithm learns by tracking a user’s clicks, likes, and other
13 interactions.³¹² In short, the algorithms track and measure a user’s previous viewing habits and
14 then finds and recommends other videos the algorithm thinks will hold the consumer’s attention.

15 274. YouTube’s recommendation system “is constantly evolving, learning every day
16 from over 80 billion pieces of information.”³¹³ Some of the information the recommendation
17 algorithm relies on to deliver recommended videos to users includes users’ watch and search

18 ³⁰⁷ Dave Davies, *How YouTube became one of the planet’s most influential media businesses*, NPR (Sept. 8, 2022),
19 <https://www.npr.org/2022/09/08/1121703368/how-youtube-became-one-of-the-planets-most-influential-media-businesses>.

20 ³⁰⁸ Eric Meyerson, *YouTube Now: Why We Focus on Watch Time*, YouTube (Aug. 10, 2012),
21 <https://blog.youtube/news-and-events/youtube-now-why-we-focus-on-watch-time/>.

22 ³⁰⁹ Cristos Goodrow, *On YouTube’s recommendation system*, YouTube (Sept. 15, 2021),
23 <https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

24 ³¹⁰ Alexis C. Madrigal, *How YouTube’s Algorithm Really Works*, Atl. (Nov. 8, 2018),
25 <https://www.theatlantic.com/technology/archive/2018/11/how-youtubes-algorithm-really-works/575212/>; Paul
26 Covington *et al.*, *Deep Neural Networks for YouTube Recommendations*, Google (2016),
27 <https://storage.googleapis.com/pub-tools-public-publication-data/pdf/45530.pdf>.

³¹¹ Karen Hao, *YouTube is experimenting with ways to make its algorithm even more addictive*, MIT Tech. Rev.
(Sept. 27, 2019), <https://www.technologyreview.com/2019/09/27/132829/youtube-algorithm-gets-more-addictive/>;
Paul Covington *et al.*, *Deep Neural Networks for YouTube Recommendations*, Google (2016),
<https://storage.googleapis.com/pub-tools-public-publication-data/pdf/45530.pdf>.

³¹² *Id.*

³¹³ Cristos Goodrow, *On YouTube’s Recommendation System*, YouTube (Sept. 15, 2021),
<https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

1 history, channel subscriptions, clicks, watch time, survey responses, shares, likes, dislikes, users'
2 location (country) and the time of day.³¹⁴

3 275. The recommendation algorithm can determine what “signals” or factors are more
4 important to individual users.³¹⁵ For example, if a user shares every video they watch, including
5 videos the user gives a low rating, the algorithm learns not to heavily factor the user’s shares
6 when recommending content.³¹⁶ Thus, the recommendation algorithm “develops dynamically” to
7 individual user’s viewing habits and makes highly specific recommendations to keep individual
8 users watching videos.³¹⁷

9 276. In addition to the algorithm’s self-learning, Google engineers consistently update
10 YouTube’s recommendation and ranking algorithms, making several updates every month,
11 according to YouTube Chief Product Officer Neal Mohan.³¹⁸ The end goal is to increase the
12 amount of time users spend watching content on YouTube.

13 277. Because Google has designed and refined its algorithms to be manipulative, these
14 algorithms are incredibly successful at getting users to view content based on the algorithm’s
15 recommendation. Mohan stated in 2018 that YouTube’s AI-driven recommendations are
16 responsible for 70 percent of the time users spend on YouTube.³¹⁹ In other words, 70 percent of
17 all YouTube content that users watch was recommended to users by YouTube’s algorithms as
18 opposed to users purposely searching for and identifying the content they watch.

19 278. Mohan also stated that recommendations keep mobile device users watching
20 YouTube for more than 60 minutes at a time on average.³²⁰

21
22 ³¹⁴ *Recommended Videos*, YouTube, <https://www.youtube.com/howyoutubeworks/product-features/recommendations/#signals-used-to-recommend-content> (last visited Dec. 8, 2022).

23 ³¹⁵ *Id.*

24 ³¹⁶ *Id.*

25 ³¹⁷ *Id.*

26 ³¹⁸ Nilay Patel, *YouTube Chief Product Officer Neal Mohan on The Algorithm, Monetization, and the Future for Creators*, Verge (Aug. 3, 2021), <https://www.theverge.com/22606296/youtube-shorts-fund-neal-mohan-decoder-interview>.

27 ³¹⁹ Joan E. Solsman, *YouTube’s AI is the puppet master over most of what you watch*, CNET (Jan. 20, 2018), <https://www.cnet.com/tech/services-and-software/youtube-cs-2018-neal-mohan/>.

³²⁰ *Id.*

279. Given that people watch more than one billion hours of YouTube videos daily,³²¹ YouTube’s recommendation algorithms are responsible for hundreds of millions of hours that users spend watching videos on YouTube.

e. YouTube’s Conduct in Designing and Operating its Platform Has Harmed Youth Mental Health

280. By designing YouTube’s algorithms to prioritize and maximize the amount of time users spend watching videos, Google has harmed youth mental health. In particular, YouTube has harmed youth mental health by recommending content to youth through its algorithms.

281. YouTube’s algorithms push its young users down rabbit holes where they are likely to encounter content that is violent, sexual, or encourages self-harm, among other types of harmful content.

282. Research by the Tech Transparency Project (“TTP”) shows that YouTube Kids fed children content that involved drug culture, guns, and beauty and diet tips that could lead to harmful body image issues.³²² Among the videos TTP found were step-by-step instructions on how to conceal a gun, guides on how to bleach one’s face at home, and workout videos emphasizing the importance of burning calories and telling kids to “[w]iggle your jiggle.”³²³ This research shows that YouTube Kids not only lets inappropriate content slip through its algorithmic filters, but actively directed the content to kids through its recommendation engine.

283. Similar examples abound. Amanda Kloer, a campaign director with the child safety group ParentsTogether, spent an hour on her child’s YouTube Kids profile and found videos “encouraging kids how to make their shirts sexier, a video in which a little boy pranks a

³²¹ Shira Ovide, *The YouTube Rabbit Hole is Nuanced*, N.Y. Times (Apr. 21, 2022), <https://www.nytimes.com/2022/04/21/technology/youtube-rabbit-hole.html>.

³²² Alex Hern, *YouTube Kids shows videos promoting drug culture and firearms to toddlers*, Guardian (May 5, 2022), <https://www.theguardian.com/technology/2022/may/05/youtube-kids-shows-videos-promoting-drug-culture-firearms-toddlers>.

³²³ *Guns, Drugs, and Skin Bleaching: YouTube Kids Poses Risks to Children*, Tech Transparency Project (May 5, 2022), <https://www.techtransparencyproject.org/articles/guns-drugs-and-skin-bleaching-youtube-kids-still-poses-risks-children>.

girl over her weight, and a video in which an animated dog pulls objects out of an unconscious animated hippo's butt."³²⁴ Another parent recounted that YouTube Kids' autoplay function led her 6-year-old daughter to an animated video that encouraged suicide.³²⁵

284. Other youth are fed content by YouTube's algorithms that encourages self-harm. As reported by PBS Newshour, a middle-schooler named Olivia compulsively watched YouTube videos every day after she came home from school.³²⁶ Over time she became depressed and started searching for videos on how to commit suicide. Similar videos then gave her the idea of overdosing. Weeks later she was in the hospital after "downing a bottle of Tylenol."³²⁷ Ultimately, she was admitted into rehab for digital addiction because of her compulsive YouTube watching.³²⁸

285. According to the Pew Research Center, 46 percent of parents say their child has encountered inappropriate videos on YouTube.³²⁹ And children are not encountering these videos on their own volition. Rather, they are being fed harmful and inappropriate videos through YouTube's algorithms. Again, YouTube's AI-driven recommendations are responsible for 70 percent of the time users spend on YouTube.³³⁰

286. Other reports have also found that YouTube's recommendation algorithm suggests a wide array of harmful content, including videos that feature misinformation, violence, and hate speech, along with other content that violates YouTube's policies.³³¹ A 2021

³²⁴ Rebecca Heilweil, *YouTube's kids app has a rabbit hole problem*, Vox (May 12, 2021), <https://www.vox.com/recode/22412232/youtube-kids-autoplay>.

³²⁵ *Id.*

³²⁶ Lesley McClurg, *After compulsively watching YouTube, teenage girl lands in rehab for 'digital addiction'*, PBS (May 16, 2017), <https://www.pbs.org/newshour/health/compulsively-watching-youtube-teenage-girl-lands-rehab-digital-addiction>.

³²⁷ *Id.*

³²⁸ *Id.*

³²⁹ Brooke Auxier *et al.*, *Parenting Children in The Age of Screens*, Pew Rsch. Ctr. (July 28, 2020), <https://www.pewresearch.org/internet/2020/07/28/parental-views-about-youtube/>.

³³⁰ Joan E. Solsman, *YouTube's AI is the puppet master over most of what you watch*, CNET (Jan. 20, 2018), <https://www.cnet.com/tech/services-and-software/youtube-cs-2018-neal-mohan/>.

³³¹ Brandy Zadrozny, *YouTube's recommendations still push harmful videos, crowdsourced study finds*, NBC News (July 17, 2021), <https://www.nbcnews.com/tech/tech-news/youtubes-recommendations-still-push-harmful-videos-crowdsourced-study-rcna1355>.

crowdsourced investigation from the Mozilla Foundation involving 37,000 YouTube users revealed that 71 percent of all reported negative user experiences came from videos recommended by YouTube to users.³³² And users were 40 percent more likely to report a negative experience with a video recommended by YouTube's algorithm than with a video they searched for.³³³

287. The inappropriate and disturbing content YouTube's algorithms expose children to have adverse effects on mental health. Mental health experts have warned that YouTube is a growing source of anxiety and inappropriate sexual behavior among kids under the age of 13.³³⁴

288. Further the harmful content YouTube's algorithms expose children to harm brain development. "Children who repeatedly experience stressful and/or fearful emotions may under develop parts of their brain's prefrontal cortex and frontal lobe, the parts of the brain responsible for executive functions, like making conscious choices and planning ahead," according to "Donna Volpitta, Ed.D., founder of The Center for Resilient Leadership."³³⁵

289. Even though much of the content YouTube's algorithms feed to youth is harmful, it triggers chemical reactions that encourage youth to spend more time watching videos on YouTube. According to Dr. Volpita, watching "fear-inducing videos cause the brain to receive a small amount of dopamine," which acts as a reward and creates a desire to do something over and over.³³⁶ This dopaminergic response is in addition to the reward stimulus YouTube provides users through IVR.

290. Mental health professionals across the country have seen an increase in children experiencing mental health issues because of YouTube. Natasha Daniels, a child psychotherapist in Arizona, has said she has seen a rise in cases of children suffering from anxiety because of

³³² *Id.*

³³³ *Id.*

³³⁴ Josephine Bila, *YouTube's dark side could be affecting your child's mental health*, CNBC (Feb. 13, 2018), <https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-in-young-children.html>.

³³⁵ *Id.*

³³⁶ *Id.*

1 videos they watched on YouTube.³³⁷ Because of their anxiety, these children “exhibit loss of
2 appetite, sleeplessness, crying fits, and fear.”³³⁸

3 291. In addition to causing anxiety, watching YouTube is also associated with
4 insufficient sleep.³³⁹ In one study on the effect of app use and sleep, YouTube was the only app
5 consistently associated with negative sleep outcomes.³⁴⁰ For every 15 minutes teens spent
6 watching YouTube, they had a 24 percent greater chance of getting fewer than seven hours of
7 sleep.³⁴¹ YouTube is particularly problematic on this front because of YouTube’s
8 recommendation and autoplay feature make it “so easy to finish one video” and watch the next,
9 said Dr. Alon Avidan, director of the UCLA Sleep Disorders Center.³⁴² In turn, insufficient sleep
10 is associated with poor health outcomes.³⁴³ Thus, YouTube exacerbates an array of youth mental
11 health issues by contributing to sleep deprivation.

12 292. Despite the vast evidence that YouTube’s design and algorithms harms millions
13 of youths, Google continues to manipulate them into staying on the platform and watching more
14 and more videos so that it can increase its ad revenue.

15 **E. The Effect of Social Media Use on Schools**

16 293. School districts are uniquely harmed by the current youth mental health crisis.
17 This is because schools are one of the main providers for mental health services for school-aged
18 children.³⁴⁴ Indeed, over 3.1 million children ages 12–17 received mental health services through
19

20 ³³⁷ *Id.*

21 ³³⁸ *Id.*

22 ³³⁹ Meg Pillion *et al.*, *What’s ‘app’-ning to adolescent sleep? Links between device, app use, and sleep outcomes*,
100 *Sleep Med.* 174–82 (Dec. 2022),
<https://www.sciencedirect.com/science/article/abs/pii/S1389945722010991?via%3Dihub>.

23 ³⁴⁰ *Id.*

24 ³⁴¹ *Id.*

25 ³⁴² Cara Murez, *One App is Especially Bad for Teens’ Sleep*, U.S. News (Sept. 13, 2022),
<https://www.usnews.com/news/health-news/articles/2022-09-13/one-app-is-especially-bad-for-teens-sleep>.

26 ³⁴³ Jessica C. Levenson *et al.*, *The Association Between Social Media Use and Sleep Disturbance Among Young
Adults*, 85 *Preventive Med.* 36–41 (Apr. 2016),
<https://www.sciencedirect.com/science/article/abs/pii/S0091743516000025>.

27 ³⁴⁴ *National Survey on Drug Use and Health*, SAMHSA (2019 & 1st & 4th Qs. 2020),
<https://www.samhsa.gov/data/report/2020-nsduh-detailed-tables>.

an education setting in 2020, more than any other non-specialty mental health service setting.³⁴⁵

294. Most schools offer mental health services to students. In the 2021–22 school year, 96 percent of public schools reported offering at least one type of mental health service to their students.³⁴⁶ But 88 percent of public schools did not strongly agree that they could effectively provide mental health services to all students in need.³⁴⁷ The most common barriers to providing effective mental health services are (1) insufficient number of mental health professionals; (2) inadequate access to licensed mental health professionals; and (3) inadequate funding.³⁴⁸ Student opinions also reflect that schools are unable to provide adequate mental health services. Less than a quarter of students in grades 6–12 report accessing counseling or psychological services when they are upset, stressed, or having a problem.³⁴⁹ And of the students who access mental health services, only 41 percent of middle schoolers and 36 percent of high schoolers are satisfied with the services they receive.³⁵⁰

295. In part, schools are struggling to provide adequate mental health services because of the increase in students seeking these services. More than two-thirds of public schools reported an increase in the percent of students seeking mental health services from school since the start of the pandemic.³⁵¹

296. During this same period, adolescents increased their social media use, also raising levels of excessive and problematic use of digital media.³⁵² And these higher rates of social

³⁴⁵ *Id.*

³⁴⁶ *Roughly Half of Public Schools Report That They Can Effectively Provide Mental Health Services to All Students In Need*, Nat'l Ctr. Educ. Stat. (May 31, 2022), https://nces.ed.gov/whatsnew/press_releases/05_31_2022_2.asp.

³⁴⁷ *Id.*

³⁴⁸ *Id.*

³⁴⁹ *Insights From the Student Experience, Part I: Emotional and Mental Health* at 2, YouthTruth (2022), https://youthtruthsurvey.org/wp-content/uploads/2022/10/YouthTruth_EMH_102622.pdf.

³⁵⁰ *Id.*

³⁵¹ *Roughly Half of Public Schools Report That They Can Effectively Provide Mental Health Services to All Students In Need*, Nat'l Ctr. Educ. Stat. (May 31, 2022), https://nces.ed.gov/whatsnew/press_releases/05_31_2022_2.asp.

³⁵² Laura Marciano *et al.*, *Digital Media Use and Adolescents' Mental Health During the Covid-19 Pandemic: A Systematic Review and Meta-Analysis*, *Frontiers Pub. Health* (Feb. 2022), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8848548/>.

media use are related to higher “ill-being.”³⁵³ Thus, the increase in adolescent social media use during the pandemic has caused an increase in adolescents experiencing mental health problems.

297. That relationship is reflected in reports from public schools. Over 75 percent of public schools reported an increase in staff expressing concerns about student depression, anxiety, and other disturbances since the start of the pandemic.³⁵⁴ Students receiving mental health services in educational settings predominately do so because they “[f]elt depressed,” “[t]hought about killing [themselves] or tried to” or “[f]elt very afraid and tense.”³⁵⁵

298. Anxiety disorders are also up, affecting 31.9 percent of adolescents between 13 and 18 years old.³⁵⁶ “Research shows that untreated teenagers with anxiety disorders are at higher risk to perform poorly in school, miss out on important social experiences, and engage in substance abuse.”³⁵⁷

299. Schools are struggling not only to provide students with mental health services but also to deliver an adequate education because of the youth mental health crisis. Students in grades 6–12 identify depression, stress, and anxiety as the most prevalent obstacles to learning.³⁵⁸ Most middle school and high school students also fail to get enough sleep on school nights, which contributes to poor academic performance.³⁵⁹ These negative mental health outcomes are also the most common symptoms of excessive social media use.

300. The youth mental health crisis has also caused a wide range of other behavioral

³⁵³ *Id.*

³⁵⁴ *Roughly Half of Public Schools Report That They Can Effectively Provide Mental Health Services to All Students In Need*, Nat’l Ctr. Educ. Stat. (May 31, 2022), https://nces.ed.gov/whatsnew/press_releases/05_31_2022_2.asp.

³⁵⁵ Rachel N. Lipari *et al.*, *Adolescent Mental Health Service Use and Reasons for Using Services in Specialty, Educational, and General Medical Settings*, SAMHSA (May 5, 2016), [https://www.samhsa.gov/data/sites/default/files/report_1973/ShortReport-1973.html#:~:text=The percent20Substance percent20Abuse percent20and percent20Mental,273 percent20DTALK percent20\(8255\)](https://www.samhsa.gov/data/sites/default/files/report_1973/ShortReport-1973.html#:~:text=The percent20Substance percent20Abuse percent20and percent20Mental,273 percent20DTALK percent20(8255)).

³⁵⁶ *Anxiety Disorders: Facts and Statistics*, Anxiety & Depression Ass’n Am., <https://adaa.org/understanding-anxiety/facts-statistics> (last visited Dec. 8, 2022).

³⁵⁷ *Id.*

³⁵⁸ *Insights From the Student Experience, Part I: Emotional and Mental Health* at 2–3, YouthTruth (2022), https://youthtruthsurvey.org/wp-content/uploads/2022/10/YouthTruth_EMH_102622.pdf.

³⁵⁹ Anne G. Wheaton *et al.*, *Short Sleep Duration Among Middle School and High School Students-United States, 2015*, 67(3) *Morbidity & Mortality Wkly. Rpt.* 85–90 (Jan. 26, 2018), <http://dx.doi.org/10.15585/mmwr.mm6703a1>.

1 issues among students that interfere with schools' ability to teach. In 2022, 61 percent of public
2 schools saw an increase in classroom disruptions from student misconduct compared to school
3 years before the pandemic.³⁶⁰ Fifty-eight percent of public schools also saw an increase in
4 rowdiness outside of the classroom, 68 percent saw increases in tardiness, 27 percent saw
5 increases in students skipping classes, 55 percent saw increases in the use of electronic devices
6 when not permitted, 37 percent saw an increase in bullying, 39 percent saw an increase in
7 physical fights between students, and 46 percent saw an increase in threats of fights between
8 students.³⁶¹

9 301. Further exacerbating school's struggle to teach is the fact students are not
10 showing up to school. Indeed, student absenteeism has greatly increased. In the 2021–22 school
11 year, 39 percent of public schools experienced an increase in chronic student absenteeism
12 compared to the 2020–21 school year, and 72 percent of public schools saw increased chronic
13 student absenteeism compared to school years before the pandemic.³⁶² Following suit, vandalism
14 has increased in 2022, with 36 percent of public schools reporting increased acts of student
15 vandalism on school property.³⁶³

16 302. School districts have borne increased costs and expenses in response to the youth
17 mental health crisis. These costs include:

- 18 • hiring additional mental health personnel (41 percent of public schools added staff
19 to focus on student mental health);³⁶⁴
- 20 • developing additional mental health resources (46 percent of public schools
21 created or expanded mental health programs for students, 27 percent added
22 student classes on social, emotional, and mental health and 25 percent offered
23 guest speakers for students on mental health);³⁶⁵

24 ³⁶⁰ 2022 School Pulse Panel, U.S. Dep't Educ., Inst. Educ. Sci. (2022), <https://ies.ed.gov/schoolsurvey/spp/>.

25 ³⁶¹ *Id.*

26 ³⁶² *Id.*

27 ³⁶³ *Id.*

³⁶⁴ *Id.*

³⁶⁵ *Id.*

- training teachers to help students with their mental health (56 percent of public schools offered professional development to teachers on helping students with mental health);³⁶⁶
- increasing disciplinary services and hiring additional personnel for disciplinary services in response to increased bullying and harassment over social media;
- addressing property damaged as a result of students acting out because of mental, social, and emotional problems Defendants' conduct caused;
- diverting time and resources from instruction activities to notify parents and guardians of students' behavioral issues and attendance;
- investigating and responding to threats made against schools and students over social media;
- updating its student handbook to address use of Defendants' platforms; and
- updating school policies to address use of Defendants' platforms.

F. Impact of Social Media Use on Plaintiff

303. Plaintiff Seattle Public Schools is the largest school district in Washington State³⁶⁷ and is located in King County, Washington, one of the largest counties in the country.³⁶⁸ Seattle Public Schools operates 106 schools, serving approximately 49,300 students.³⁶⁹

304. Seattle Public Schools has been directly impacted by the mental health crisis among youth in its community.

305. There has been a surge in the proportion of youth in Plaintiff's community who say they cannot stop or control their anxiety, who feel so sad and hopeless that they stop doing the activities that they used to love, who are considering suicide, who made plans to commit suicide, and who have attempted to commit suicide.

306. From 2009 to 2019, there was an on-average 30 percent increase in the number of

³⁶⁶ *Id.*

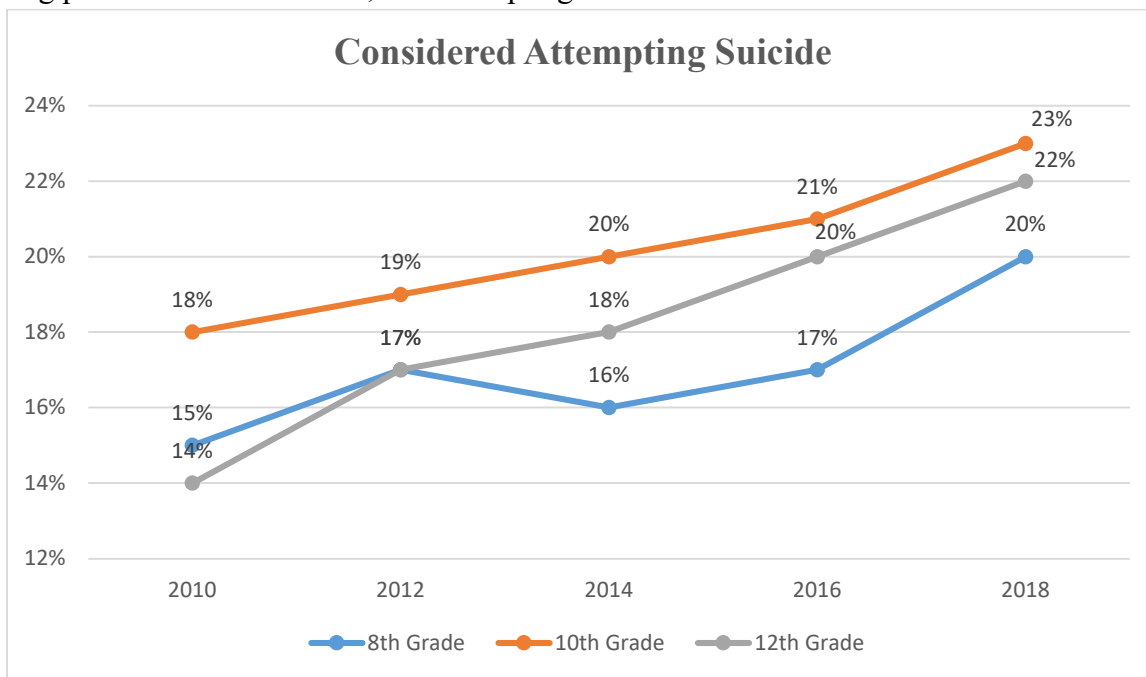
³⁶⁷ *About Seattle Public Schools*, Seattle Pub. Schs., <https://www.seattleschools.org/about/> (last visited Dec. 8, 2022).

³⁶⁸ *Quick Facts: King County, Washington*, U.S. Census Bureau, <https://www.census.gov/quickfacts/fact/map/kingcountywashington/PST045216> (last visited Dec. 8, 2022).

³⁶⁹ *Enrollment Reporting*, Seattle Pub. Schs., <https://www.seattleschools.org/departments/dots/data-reporting/enrollment-reporting-p223/> (last visited Dec. 16, 2022).

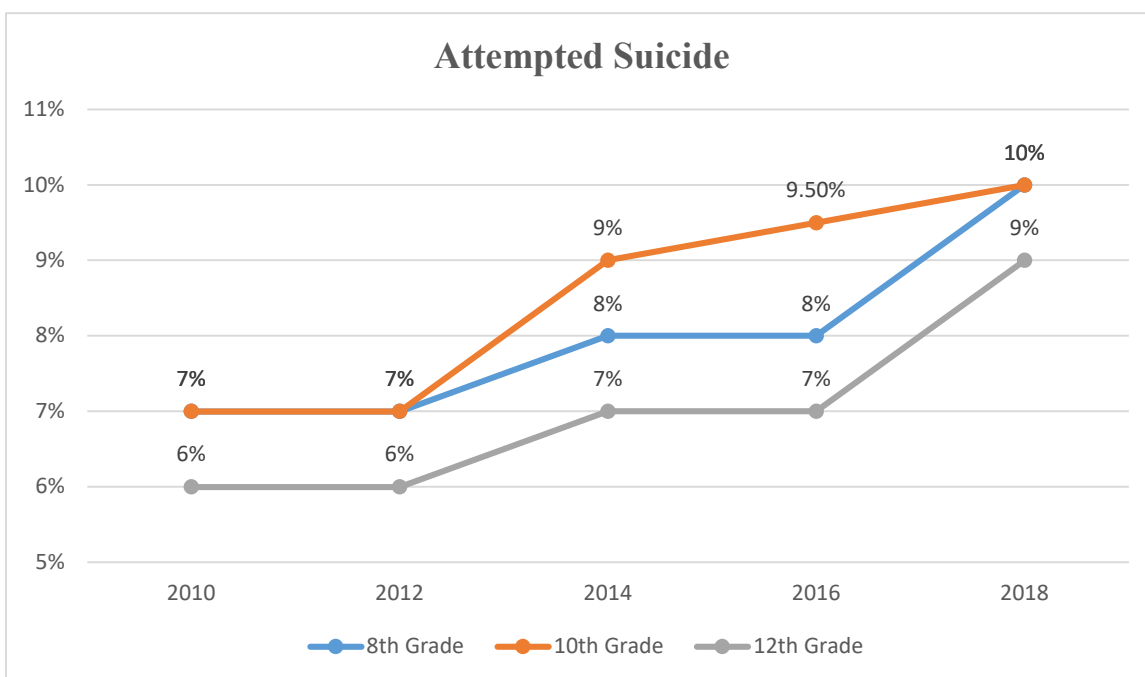
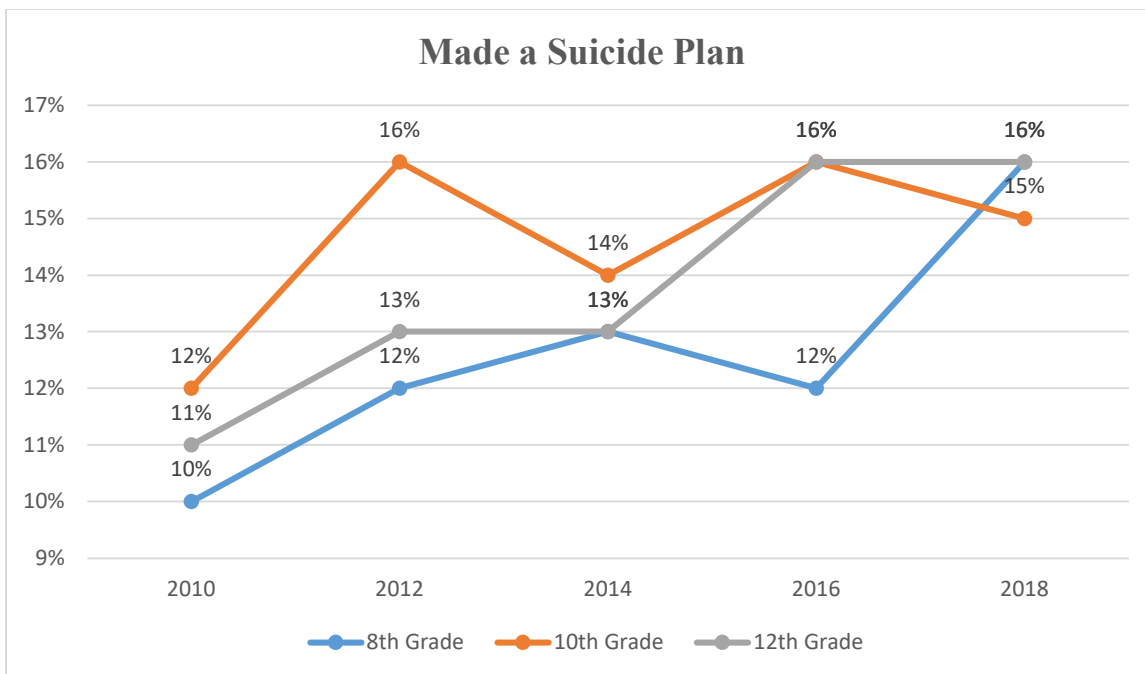
1 students at Plaintiff's schools who reported feeling "so sad or hopeless almost every day for two
2 weeks or more in a row that [they] stopped doing some usual activities."³⁷⁰

3 307. As more youth became depressed, more youth reported considering suicide,
4 making plans to commit suicide, and attempting suicide.³⁷¹



25 ³⁷⁰ Youth Risk Behavior Surveillance System Results, CDC,
<https://www.cdc.gov/healthyyouth/data/yrbs/results.htm> (last modified Aug. 20, 2020).

26 ³⁷¹ King County, Healthy Youth Survey from 2010 to 2018, www.askhys.net (last visited Dec. 8, 2022); *see also*
27 *Health of Children & Youth in King County* at 66, King Cty. Pub. Health (Sept. 2016),
<https://kingcounty.gov/depts/health/~media/depts/health/data/documents/health-of-children-youth-king-county-2016.ashx> (finding rates for youth suicidal attempt had been rising prior to the pandemic).



308. The pandemic and corresponding increase in time youth spend on Defendants' platforms have intensified the crisis.³⁷²

³⁷² *Mental Health Among Youth and Young Adults in King County, WA: January 2019 – October 2021*, Pub. Health Seattle & King Cnty. (Jan. 2022), <https://kingcounty.gov/depts/health/~media/depts/health/communicable-diseases/documents/C19/report-YYA-behavioral-COMPLAINT>

309. In 2021, parents of teens in Washington State, where Plaintiff is located, estimated 47 percent spend between one and three hours on social media platforms, 20 percent spend between three and five hours, and 10 percent spend more than five hours a day on social media platforms.³⁷³

310. As students' use of Defendants' platforms has increased, students' mental, emotional, and social health has declined. An investigation by the *Seattle Times* found that "[b]etween 2015 and 2021, the total number of hospitalizations nearly doubled among youth whose primary diagnosis is psychiatric[.]"³⁷⁴ As a result, "[c]harges to government insurance for youth psychiatric stays did double, rising to more than \$151 million last year."³⁷⁵

311. Moreover, the number of emergency department visits involving suspected suicide attempts was "significantly higher in September 2021 than September 2019," for residents aged 10–24.³⁷⁶ The difference in the number involving kids aged 10–13 were particularly stark, increasing from 56 in 2019 to 122 in 2021.³⁷⁷ The Washington Poison Center also reported 130 more suspected suicide calls from females ages 6–17 between 2019 and 2021.³⁷⁸

312. The "drastic increases in suicides, attempted suicides, and mental-health related

[health.ashx#:~:text=If%20you%20need%20support%20in,appropriate%20treatment%20in%20your%20communit](#)
y.

³⁷³ Jake Whittenberg, *Should my middle schooler be on social media? A mental health counselor weighs in*, King5 (Nov. 5, 2021), <https://www.king5.com/article/life/family/when-should-kids-be-allowed-social-media/281-19b0d6f9-bbb8-4fec-9257-1d9e91f6c207> (reporting on survey); see also *Results of SurveyUSA News Poll #26154*, KING-TV Seattle (Nov. 4, 2021), <https://www.surveyusa.com/client/PollReport.aspx?g=4d325b35-64be-42a0-86f1-7de82d6aa243>.

³⁷⁴ Hannah Furfaro, *Caught in WA's youth mental health 'disaster,' a teen with nowhere to go*, *Seattle Times* (Dec. 18, 2022), <https://www.seattletimes.com/seattle-news/mental-health/caught-in-was-youth-mental-health-disaster-a-teen-with-nowhere-to-go/>.

³⁷⁵ *Id.*

³⁷⁶ *Mental Health Among Youth and Young Adults in King County, WA: January 2019 – October 2021* at 3, Pub. Health Seattle & King Cnty. (Jan. 2022), <https://kingcounty.gov/depts/health/~media/depts/health/communicable-diseases/documents/C19/report-YYA-behavioral-health.ashx#:~:text=If%20you%20need%20support%20in,appropriate%20treatment%20in%20your%20communit>

y.

³⁷⁷ *Id.*

³⁷⁸ *Id.* at 4.

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ER visits” have not gone unnoticed.³⁷⁹ As Councilmember Rod Dembowski observed, it is “clear to any parent across this country and here in King County[.]” where Plaintiff is located, that even before the COVID-19 pandemic, there was and is “an *existing* youth mental health crisis[.]”³⁸⁰

313. That crisis has led to a marked increase in the number of Plaintiff’s students in crisis, acting out, and in need of mental health services.

314. In an attempt to address the decline in students’ mental, emotional, and social health, Plaintiff has been forced to divert resources and expend additional resources to:

- a. hire additional personnel, including counselors and medical professionals to address mental, emotional, and social health issues;
- b. develop additional resources to address mental, emotional, and social health issues;³⁸¹
- c. increase training for teachers and staff to identify students exhibiting symptoms affecting their mental, emotional, and social health;
- d. train teachers, staff, and members of the community about the harms caused by Defendants’ wrongful conduct;
- e. develop lesson plans to teach students about the dangers of using Defendants’ platforms;³⁸²
- f. educate students about the dangers of using Defendants’ platforms;
- g. update its student handbook to address use of Defendants’ platforms; and

³⁷⁹ Press Release, *Council approves \$5 million in funding for youth mental health*, King Cnty. (Aug. 17, 2022), <https://kingcounty.gov/council/news/2022/August/8-17-youth-mental-health-funding-release.aspx> (emphasis added).

³⁸⁰ *Id.*

³⁸¹ See, e.g., *SBIRT and Check Yourself*, Seattle Pub. Schs., https://www.seattleschools.org/departments/prevention-and-intervention/sbirt_checkyourself/#:~:text=Screening%3A%20Students%20take%20an%20interactive.student%20may%20need%20additional%20support (last visited Dec. 8, 2022); see also Andrew Scheinthal, *Viral social media post puts Western Washington schools on alert*, KIRO 7 (Dec. 16, 2021), <https://www.kiro7.com/news/local/viral-social-media-post-puts-western-washington-schools-alert/YUNV6CJNYVH6DNWPVSLXAVIFD4/> (district leaders describing the need for more mental health support).

³⁸² See, e.g., *Online Safety and Responsibility*, Seattle Pub. Schs., <https://www.seattleschools.org/student-portal/technology-supports-for-families/online-safety-and-responsibility/> (last visited Dec. 8, 2022).

h. update school policies to address use of Defendants' platforms.³⁸³

315. Additionally, more students have been acting out as a result of the decline Defendants caused in students mental, emotional, and social health. As a result, Plaintiff has been forced to divert resources and expend additional resources to:

a. repair property damaged as a result of the exploitive and harmful content Defendants directed to students;

b. increase disciplinary services and time spent addressing bullying, harassment, and threats;

c. confiscate devices on which students were compelled by Defendants' conduct to use while in class or school campuses to access Defendants' platforms;

d. meet with students and the parents of students caught using Defendants' platforms at school;

e. divert time and resources from instruction activities to notify parents and guardians of students' behavioral issues and attendance; and

f. investigate and respond to threats made against schools and students over social media.³⁸⁴

316. As of the 2022–23 school year, Plaintiff employs 133 school counselors, 21 social workers, 62 psychologists, and 87 nurses.³⁸⁵ Plaintiff also partners with 29 King County-based health centers and contracts with 17 community agencies to offer mental health support to its students.³⁸⁶

317. But even with these resources, Plaintiff cannot keep up with the increased need

³⁸³ See, e.g., *School Board Action Report: Revisions to Board Policy No. 2022, Electronic Resources and Use of the Internet*, Seattle Pub. Schs. (Oct. 8, 2019), https://www.seattleschools.org/wp-content/uploads/2021/07/I09_20191016_Board-Policy-2022.pdf.

³⁸⁴ See, e.g., Christine Clarridge, *Police investigating social media threats at 2 Seattle high schools*, Seattle Times (Dec. 15, 2021), <https://www.seattletimes.com/seattle-news/law-justice/police-investigating-social-media-threats-at-2-seattle-high-schools/>.

³⁸⁵ Monica Velez, *This is how far Seattle Schools are from meeting students' mental health demands*, Seattle Times (July 18, 2022), <https://www.seattletimes.com/education-lab/this-is-how-far-seattle-schools-are-from-meeting-students-mental-health-demands/>.

³⁸⁶ *Id.*

1 for mental health services because of the youth mental health crisis. “The waitlists for mental
2 health services were ‘astronomical’” according to a counselor at Ingraham High School.³⁸⁷

3 318. As a result, the rest of Plaintiff’s staff must fill in the cracks to help students with
4 mental health concerns. JoLynn Berge, who was Plaintiff’s assistant superintendent for business
5 and finance at the time, observed that “all of our school staff are addressing mental health needs
6 every day.”³⁸⁸ Simply put, Plaintiff has “so many students in crisis.”³⁸⁹

7 319. The King County Council has recognized Plaintiff’s and other schools’ need for
8 additional resources to address this crisis and recently allocated \$2 million to go “to behavioral
9 health providers with prioritization of school-based services, mental health first aid for youth,
10 and suicide prevention for youth.”³⁹⁰

11 320. But Plaintiff requires significantly greater and long-term funding to address the
12 nuisance Defendants have created. It is time, as President Biden declared, to get “all Americans
13 the mental health services they need.”³⁹¹

14 **V. SECTION 230 IS NO SHIELD FOR DEFENDANTS’ CONDUCT**

15 321. Plaintiff anticipates that Defendants will raise section 230 of the Communications
16 Decency Act, 47 U.S.C. § 230(c)(1), as a shield for their conduct. But section 230 is no shield for
17 Defendants’ own acts in designing, marketing, and operating social media platforms that are
18 harmful to youth.

19 322. Section 230 provides immunity from liability only to “(1) a provider or user of an
20 interactive computer service (2) whom a plaintiff seeks to treat, under a state law cause of action,
21 as a publisher or speaker (3) of information provided by another information content provider.”
22 *Barnes v. Yahoo!, Inc.*, 570 F.3d 1096, 1100–01 (9th Cir. 2009), *as amended* (Sept. 28, 2009).

23 ³⁸⁷ *Id.*

24 ³⁸⁸ *Id.*

25 ³⁸⁹ *Id.*

26 ³⁹⁰ Press Release, *Council approves \$5 million in funding for youth mental health*, King Cnty. (Aug. 17, 2022),
<https://kingcounty.gov/council/news/2022/August/8-17-youth-mental-health-funding-release.aspx>.

27 ³⁹¹ President Biden, State of the Union Address (Mar. 1, 2022) (transcript available at
<https://www.whitehouse.gov/state-of-the-union-2022/>).

1 323. Publication generally involves traditional editorial functions, such as reviewing,
2 editing, and deciding whether to publish or to withdraw from publication third-party content.
3 *Lemmon v. Snap, Inc.*, 995 F.3d 1085, 1091 (9th Cir. 2021).

4 324. Publication does not, however, include duties related to designing and marketing
5 a social media platform. *See id.* at 1092–93.

6 325. Plaintiff expressly disavows any claims or allegations that attempt to hold
7 Defendants liable as the publisher or speaker of any information provided by third parties.

8 326. Section 230 does not shield Defendants’ conduct because, among other
9 considerations: (1) Defendants are liable for their own affirmative conduct in recommending and
10 promoting harmful content to youth; (2) Defendants are liable for their own actions designing
11 and marketing their social media platforms in a way that causes harm; (3) Defendants are liable
12 for the content they create that causes harm; and (4) Defendants are liable for distributing,
13 delivering, and/or transmitting material that they know or have reason to know is harmful,
14 unlawful, and/or tortious.

15 327. First, Plaintiff is not alleging Defendants are liable for what third-parties have
16 said on Defendants’ platforms but, rather, for Defendants’ own conduct. As described above,
17 Defendants affirmatively recommend and promote harmful content to youth, such as pro-
18 anorexia and eating disorder content. Recommendation and promotion of damaging material is
19 not a traditional editorial function and seeking to hold Defendants liable for these actions is not
20 seeking to hold them liable as a publisher or speaker of third party-content.

21 328. Second, Plaintiff’s claims arise from Defendants’ status as designers and
22 marketers of dangerous social media platforms that have injured the health, comfort, and repose
23 of its community. The nature of Defendants’ platforms centers around Defendants’ use of
24 algorithms and other designs features that encourage users to spend the maximum amount of
25 time on their platforms—not on particular third party content. The algorithms Defendants
26 employ adapt to the social media activity of individual users to promote whatever content will
27 trigger a particular user’s attention and maximize their screen time. That is, Defendants’

1 algorithms are user-focused rather than content-based and are indifferent to the nature and type
2 of content they promote to users, provided that such content increases the time users spend on
3 their platforms. In that respect, they are content neutral.

4 329. Third, Defendants are liable for the content they create. In addition to content
5 such as Snapchat filters which promote body dysmorphia, Defendants send emails and
6 notifications to youth including material they create which often promotes certain harmful
7 content.

8 330. Fourth, Plaintiff does not seek to hold Defendants liable as publishers or speakers
9 of information provided by other content providers, but instead Plaintiff seeks to hold them liable
10 for distributing material they know or should know is harmful or unlawful. *See Malwarebytes,*
11 *Inc. v. Enigma Software Grp. USA, LLC*, 141 S. Ct. 13 (2020) (statement of Justice Thomas
12 respecting denial of certiorari discussing the distinction between distributor and publisher
13 liability); *cf. Restatement (Second) of Torts* § 581 (Am. Law Inst. 1977) (“[O]ne who only
14 delivers or transmits defamatory matter published by a third person is subject to liability if, but
15 only if, he knows or has reason to know of its defamatory character.”).

16 331. Ultimately, Plaintiff’s claim is not predicated on information provided by another
17 information content provider. Rather, Plaintiff’s claim rests on Defendants’ conduct which has
18 resulted in the current public health crisis among youth mental health.

19 VI. CAUSE OF ACTION

20 COUNT ONE — VIOLATIONS OF THE WASHINGTON PUBLIC NUISANCE LAW, 21 RCW 7.48.010 *ET SEQ.*

22 332. Plaintiff incorporates each preceding paragraph as though set forth fully herein.

23 333. Plaintiff brings this claim under RCW 7.48.010 *et seq.* and common law
24 regarding public nuisances.

25 334. Pursuant to RCW 7.48.010, an actionable nuisance is defined as, *inter alia*,
26 “whatever is injurious to health or indecent or offensive to the senses, or an obstruction to the
27 free use of property, so as to essentially interfere with the comfortable enjoyment of the life and

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property.” *Id.*

335. Specifically, a “[n]uisance consists in unlawfully doing an act, or omitting to perform a duty, which act or omission either annoys, injures or endangers the comfort, repose, health or safety of others, offends decency . . . or in any way renders other persons insecure in life, or in the use of property.” RCW 7.48.120.

336. Under Washington law, conduct that substantially and/or unreasonably interferes with the Plaintiff’s use of its property is a nuisance even if it would otherwise be lawful.

337. Pursuant to RCW 7.48.130, “[a] public nuisance is one which affects equally the rights of an entire community or neighborhood, although the extent of the damage may be unequal.” *Id.*

338. Defendants have created a mental health crisis in Seattle Public Schools, injuring the public health and safety in Plaintiff’s community and interfering with the operations, use, and enjoyment of the property of Seattle Public Schools.

339. Employees and patrons, including students, of Seattle Public Schools have a right to be free from conduct that endangers their health and safety. Yet Defendants have engaged in conduct which endangers or injures the health and safety of the employees and students of Seattle Public Schools by designing, marketing, and operating their respective social media platforms for use by students in Seattle Public Schools and in a manner that substantially interferes with the functions and operations of Seattle Public Schools and impacts the public health, safety, and welfare of the Seattle Public Schools community.

340. Each Defendant has created or assisted in the creation of a condition that is injurious to the health and safety of Plaintiff and its students and employees and interferes with the comfortable enjoyment of life and property of the Seattle Public Schools community.

341. The health and safety of the students and employees of Seattle Public Schools, including those who use, have used, or will use Defendants’ platforms, as well as those affected by others’ use of their platforms, are matters of substantial public interest and of legitimate concern to Plaintiff.

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1 342. Defendants' conduct has affected and continues to affect a substantial number of
2 people within Seattle Public Schools and is likely to continue causing significant harm.

3 343. Defendants' conduct has directly caused a severe disruption of the public health,
4 order, and safety. Defendants' conduct is ongoing and continues to produce permanent and long-
5 lasting damage.

6 344. This harm to youth mental health and the corresponding impacts to public health,
7 safety, and the welfare of the Seattle Public Schools community outweighs any social utility of
8 Defendants' wrongful conduct.

9 345. The rights, interests, and inconvenience to Seattle Public Schools' community far
10 outweighs the rights, interests, and inconvenience to Defendants, who have profited
11 tremendously from their wrongful conduct.

12 346. But for Defendants' actions, Plaintiff's students would not use social media
13 platforms as frequently or long as they do today, be deluged with exploitive and harmful content
14 to the same degree, and the public health crisis that currently exists as a result of Defendants'
15 conduct would have been averted.

16 347. Logic, common sense, justice, policy, and precedent indicate Defendants' unfair
17 and deceptive conduct has caused the damage and harm complained of herein. Defendants knew
18 or reasonably should have known that their design, promotion, and operation of their platforms
19 would cause students to use their platforms excessively, that their marketing methods were
20 designed to appeal to youth, and that their active efforts to increase youth use of their platforms
21 were causing harm to youth and to schools, including youth in Seattle Public Schools.

22 348. Thus, the public nuisance caused by Defendants was reasonably foreseeable,
23 including the financial and economic losses incurred by Seattle Public Schools.

24 349. Alternatively, Defendants' conduct was a substantial factor in bringing about the
25 public nuisance even if a similar result would have occurred without it. By designing, marketing,
26 promoting, and operating their platforms in a manner intended to maximize the time youth spend
27 on their respective platforms—despite knowledge of the harms to youth from their wrongful

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1 conduct—Defendants directly facilitated the widespread, excessive, and habitual use of their
2 platforms and the public nuisance effecting Seattle Public Schools. By seeking to capitalize on
3 their success by refining their platforms to increase the time youth spend on their platforms,
4 Defendants directly contributed to the public health crisis and the public nuisance effecting
5 Seattle Public Schools.

6 350. Defendants’ conduct is especially injurious to Seattle Public Schools because, as a
7 direct and proximate cause of Defendants’ conduct creating or assisting in the creation of a
8 public nuisance, Plaintiff and its students and employees have sustained and will continue to
9 sustain substantial injuries.

10 351. Plaintiff has had to take steps to mitigate the harm and disruption caused by
11 Defendants’ conduct, including the following:

- 12 a. hiring additional personnel to address mental, emotional, and social health issues;
- 13 b. developing additional resources to address mental, emotional, and social health
14 issues;
- 15 c. increasing training for teachers and staff to identify students exhibiting symptoms
16 affecting their mental, emotional, and social health;
- 17 d. training teachers, staff, and members of the community about the harms caused by
18 Defendants’ wrongful conduct;
- 19 e. developing lesson plans to teach students about the dangers of using Defendants’
20 platforms;
- 21 f. educating students about the dangers of using Defendants’ platforms;
- 22 g. addressing property damaged as a result of students acting out because of mental,
23 social, and emotional problems Defendants’ conduct is causing;
- 24 h. increasing disciplinary services and time spent addressing bullying, harassment,
25 and threats;
- 26 i. confiscating devices on which students use Defendants’ platforms while in class
27 or on Plaintiff’s school campuses;

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j. meeting with students and the parents of students caught using Defendants' platforms at school or other disciplinary matters related to students' use of Defendants' platforms;

k. diverting time and resources from instruction activities to notify parents and guardians of students' behavioral issues and attendance;

l. investigating and responding to threats made against Plaintiff's schools and students over social media;

m. updating its student handbook to address use of Defendants' platforms; and

n. updating school policies to address use of Defendants' platforms.

352. Fully abating the nuisance resulting from Defendants' conduct will require much more than these steps.

353. Pursuant to RCW 7.48.020, Seattle Public Schools requests an order providing for abatement of the public nuisance that Defendants have created or assisted in the creation of, and enjoining Defendants from future violations of RCW 7.48.010.

354. Pursuant to RCW 7.48.020, Plaintiff also seeks the maximum statutory and civil penalties permitted by law, including actual and compensatory damages, as a result of the public nuisance created by Defendants.

355. Pursuant to RCW 4.22.070, Defendants are jointly and severally liable because they have acted in concert with each other and because Plaintiff is not at fault.

VII. PRAYER FOR RELIEF

WHEREFORE, Plaintiff prays for judgment as follows:

356. Entering an Order that the conduct alleged herein constitutes a public nuisance under Washington law;

357. Entering an Order that Defendants are jointly and severally liable;

358. Entering an Order requiring Defendants to abate the public nuisance described herein and to deter and/or prevent the resumption of such nuisance;

359. Enjoining Defendants from engaging in further actions causing or contributing to

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the public nuisance as described herein;

360. Awarding equitable relief to fund prevention education and treatment for excessive and problematic use of social media;

361. Awarding actual and compensatory damages;

362. Awarding statutory damages in the maximum amount permitted by law;

363. Awarding reasonable attorneys' fees and costs of suit;

364. Awarding pre-judgment and post-judgment interest; and

365. Such other and further relief as the Court deems just and proper under the circumstances.

VIII. JURY TRIAL DEMAND

366. Plaintiff hereby demands a trial by jury.

RESPECTFULLY SUBMITTED this 5th day of January, 2023.

KELLER ROHRBACK L.L.P.

By /s/ Cari C. Laufenberg

By /s/ Derek W. Loeser

By /s/ Dean N. Kawamoto

By /s/ Garrett A. Heilman

By /s/ Felicia J. Craick

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SEATTLE PUBLIC SCHOOLS

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